Episode 949 Worksheet: Cast the Vote

(OYP - Outwork Your Potential Series)

Key Quotes to Reflect On

- "Every action you take is a vote for the person you're becoming." James Clear
- "You don't need every vote. You just need the majority."
- "It's not about the result. It's about the vote. Each vote is proof of who you are becoming."
- "Don't fake it till you make it. Make it till you make it."

Self-Reflective Questions
1. Where in your life right now are you 'voting blind'—making choices without intention?
2. Which area of the OYP 5 F's (Faith, Family, Fitness, Finances, Fulfillment) needs your nex vote most? Why?
3. What is one small, specific action you can take today to cast a vote for the person you want to become?
4. How will you respond when you slip—when you cast the wrong vote?
OYP Action Prompt Write down ONE vote you will cast today in each of the 5 F's:
Faith:
Family:
Fitness:
Finances:

Fulfillment: _		
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→ Remember: Change happens immediately. Results take time. Win the majority—cast the vote.