

# PROJECT "FAIR PLAY 4 INCLUSION"

## YOGA

On 27<sup>th</sup> of May June **ENTREJUEGOS** organized a yoga activity for the project "**FAIR PLAY 4 INCLUSION**" (Erasmus+ Sport), coordinated by System & Generation (Turkey) and with the partners CCBE (Sweden) and Inspira (Portugal).

The participants walked to the "Laguna de la Ratosa" (Alameda) to carry out a yoga session for beginners during the sunset, in contact with nature.

For 2 hours, 15 people could enjoy the physical and mental benefits of this discipline in a natural environment, while promoting respect for the environment.

Thanks to Ana for directing this activity to ENTREJUEGOS.



## FAIR PLAY 4 INCLUSION

### YOGA

**ALAMEDA (MÁLAGA), 27 DE MAYO 2022**







**Links of the Facebook and Instagram Advertisement Post:**

[https://m.facebook.com/story.php?story\\_fbid=pfbid02nB2AMStjVCU9YuexmtFrPC77CfiwhpwvBcPaqxMqoXXXD7ZEKLYcJT2iTQ5ZDUzWl&id=100037309450680](https://m.facebook.com/story.php?story_fbid=pfbid02nB2AMStjVCU9YuexmtFrPC77CfiwhpwvBcPaqxMqoXXXD7ZEKLYcJT2iTQ5ZDUzWl&id=100037309450680)

<https://www.facebook.com/299217374314371/posts/pfbid02ygWgcvC9qsm9vPUD3hVUHnbidwfdfxjuE5pcRppeQPgJCWfPLvGKNiuf1RQDA6it/>

<https://www.instagram.com/p/Cd-wXPxtK3g/?igshid=YmMyMTA2M2Y%3D>



## FAIR PLAY 4 INCLUSION

YOGA

27 DE MAYO 2022, 19.30H

LAGUNA DE LA RATOSA

 [asociacionentrejuegos@gmail.com](mailto:asociacionentrejuegos@gmail.com)

 <https://asociacion-entrejuegos.weebly.com/>

 [@asociacionentrejuegos](https://www.facebook.com/asociacionentrejuegos)

 [@asociacion\\_entrejuegos](https://www.instagram.com/asociacion_entrejuegos)



### Links of the Dissemination Post of the activity:

[https://m.facebook.com/story.php?story\\_fbid=pfbid02M61mp4vGyvKYsCbn3uXffCd6tg2ojbKJYToptAu1Qa73wBqtJAwew4vqSwNd4hv6l&id=100037309450680](https://m.facebook.com/story.php?story_fbid=pfbid02M61mp4vGyvKYsCbn3uXffCd6tg2ojbKJYToptAu1Qa73wBqtJAwew4vqSwNd4hv6l&id=100037309450680)

<https://www.facebook.com/299217374314371/posts/pfbid02MYzKN8LcHjBZQSpXWapUKa76rJ8gxmpj5EPwgrknsWNUY4yWsyTBbN4TabiX3TyGI/>

<https://www.instagram.com/p/CeOYza-NoZu/?igshid=YmMyMTA2M2Y%3D>

### News in the Website:

<https://asociacion-entrejuegos.weebly.com/yoga-mayo-2022.html>

**Date:** 27/05/2022

**Venue:** Alameda, (Málaga) - SPAIN

**Activity carried out:** Yoga (2h)

**Aims:** Promote physical activity during leisure time, prevent unhealthy habits.

***Target Group:***

**Number of participants:** 15 youth

**Direct Beneficiaries:** Participants, volunteers, Local Community.

**Indirect Beneficiaries:** youth of our local and regional community, public services of the Municipality of Alameda, members and volunteers of our association, other organisations, project's partners.