



Wellness in Wetland 2026

2nd International Wetlands & Mental Health Conference

 Ape Gama , Colombo

<https://share.google/jvEHrB7HfdSTGAIog>

 October 9–12, 2026

Day 1 – October 9, 2026 (Inauguration Ceremony)

Time	Session	Speakers
2.30 pm	Registration	
3.00Pm	Opening Ceremony and welcome	
3.20-3.25	Welcome Speech	
3.25-3.35	Welcome Speech	
3.35-4.00	Keynote 1 –	
	Handing over token of appreciation	
4.00-4.30	Keynote 2 –	
	Handing over token of appreciation	
4.30 -5.00		
	Special 5 mints Addresses	
	Symbolic presentation of the scope of the “Kingdom of Kotte declaration”	
5.00-5.05	Vote of thank/Group Photo	
5.30 Pm	Sri Lankan High tea	

Day 2 – October 10, 2025 (World Mental Health Day – Academic Sessions)

Time	Session Theme (Aim & Sub-Theme)	Speakers
8.00am	Breakfast and Registration	
9.00am-10.30 am	Session 1:	
9.00-9.20		
9.20-9.40		
9.40am-10.30am		

10.30am to 11.00 am	<i>Morning Refreshment</i>	
11.00am to 11.15am	Sri Lankan Drums	
11.15 am-1 Pm	Session 2: Community-Based Ecotourism & Natural Heritage	
11.15am to 11.35am		
11.35am to 11.55 am		
11.55 am to 1pm		
1pm to 2 pm	<i>Lunch</i>	
2.pm to 3.30pm	Session 3: Emotional Intelligence in Nature	
2pm to 2.20pm		
2.20pm to 2.40pm		
2.40pm to 3.30pm		
3.30pm to 4pm	<i>Evening Refreshment</i>	
4.pm to 4.20pm	Session 4:	
4pm to 4.20pm		
4.20pm to 4.40pm		
4.40pm to 5.15pm	<i>Foster Global & Local Partnerships</i>	

Day 3 – October 11, 2025 (Field Visit-Beddagana Wetland Park/ Diyasaru Wetland Park)

Time	Session	Speakers
7.30am	Field Learning:	
12pm	<i>Hands-on experiences at Baddagana & Diyasaru Wetland park</i>	
6pm to 10pm	Welcome Dinner with Cultural show https://www.watersedge.lk/	

Day 4 – October 12, 2025

Time	Session	Speakers
8am	Breakfast and Register	
9am to 9.45 am	Session 5	
9.45am to 10.30 am		
10.30am to 11am	Refreshment	
11am to 12pm	Session 6:	
12. am to 1pm	Session 7 Title-	
1pm to 2pm	Lunch	
2pm to 2.20pm	Closing Ceremony – Inspiring Long-Term	
2.20pm to 3pm		
3pm to 3.30pm		
3.30pm to 4pm	<i>Refreshments and Networking</i>	