LA GRANDE TRAVERSÉE DE L'OUEST

PARTICIPANT WAIVER, DISCLAIMER, TERMS & CONDITIONS AND EVENT RULES & REGULATIONS

10 km open-water swim • Le Morne → La Preneuse • 1 November 2026 • Start: 5:30 a.m.

Event organiser	Outdoor Moris Xperience	**Minimum age**	18 years, except one minor approved under Section 2
Registration platforms	ROAG	**Governing law**	Republic of Mauritius

1. SCOPE AND ACCEPTANCE

These Participant Waiver, Disclaimer, Terms & Conditions and Event Rules ("Terms") apply to every person registered for La Grande Traversée de l'Ouest ("Event"), whether as a solo swimmer or relay-team member. "Organiser" means Outdoor Moris Xperience, its event delivery team and any entity formally appointed to organise the Event.

Each participant must read and accept these Terms by signing the participant declaration or actively accepting them electronically before taking part. Each relay member must consent individually. A team captain cannot sign for another adult. For the exceptionally admitted minor, the parent or legal guardian must also complete and sign the parental authorisation. Payment or attendance alone does not replace this acceptance.

2. EVENT FORMATS AND ELIGIBILITY

- Solo 10 km open-water swim.
- Solo 10 km with fins and snorkel — separate, non-podium-equivalent category; fins and snorkel are not supplied.
- Relay of 2 — approximately 5 km per swimmer.
- Relay of 4 — approximately 2.5 km per swimmer.
- Participants must normally be at least 18 years old on Event day. The Organiser may exceptionally admit one named participant under 18, subject to prior written approval, confirmation that the insurer covers that minor in the selected format, and completion of the parental authorisation. This is an individual exception, not general admission for minors. The parent or legal guardian must take responsibility for the minor's preparation, attendance and agreed supervision arrangements and remain contactable throughout the Event. This does not remove the Organiser's safety obligations or the minor's legal rights.
- A participant may enter more than one format only if the Organiser has expressly approved the arrangement and the required separate entries have been purchased.

The Organiser may request proof of identity, age, swimming experience, medical clearance or other reasonable evidence of readiness. It may refuse or withdraw an entry where eligibility, safety or registration requirements are not met.

3. PARTICIPANT FITNESS, COMPETENCE AND MEDICAL RESPONSIBILITY

The participant declares and agrees that they:

- are physically and mentally fit for the distance and conditions of their chosen format;
- can swim competently and independently in open water for their selected distance, are comfortable in deep water and can float and await assistance; they expressly understand that several parts of the course are too deep to stand up or touch the seabed and that being able to stand is not a safety option;
- have trained appropriately and have not been advised by a medical professional to avoid this activity;
- will not participate while ill, injured, impaired, under the influence of alcohol, drugs or medication that makes participation unsafe;

- will disclose, accurately and confidentially, any relevant medical condition, allergy, medication or emergency information requested for safety purposes; and
- will seek independent medical advice before participation if there is any doubt about their health or fitness.

Submission of a medical certificate, where requested, does not transfer responsibility for the participant's fitness to the Organiser. The participant must reassess their condition on Event day and withdraw if it is unsafe to start or continue.

4. ACKNOWLEDGEMENT OF INHERENT RISKS

The participant understands that a 10 km open-water event is strenuous and takes place in a natural, changing marine environment. Risks may include, without limitation:

- waves, swell, currents, tides, wind, rain, heat, sun exposure, reduced visibility and changing water temperature;
- deep water, fatigue, cramps, dehydration, hypothermia or hyperthermia, seasickness, panic, disorientation and drowning;
- contact with marine life, reefs, rocks, coral, boats, propellers, buoys, platforms, paddles, other swimmers or equipment;
- cuts, stings, allergic reactions, infection, illness, musculoskeletal injury or other medical emergency;
- course changes, missed turns, separation from a relay team, delayed assistance or evacuation from a remote point; and
- serious injury, permanent disability or death despite reasonable safety measures.

The participant knowingly and voluntarily accepts the ordinary and inherent risks of the Event, including risks that may arise from the participant's own actions, the actions of other participants, and natural conditions.

5. SAFETY DIRECTIONS AND RIGHT TO WITHDRAW A PARTICIPANT

All participants must attend or review the compulsory safety briefing, follow the marked route and obey instructions from the Race Director, safety boats, kayakers, lifeguards, medical personnel, officials and volunteers.

- A participant in difficulty must signal clearly, remain calm, conserve energy and follow rescue instructions.
- The Organiser may stop, remove or disqualify any participant considered unfit, unsafe, outside a cut-off, off course, non-compliant or a danger to others.
- A participant who withdraws must immediately notify the nearest safety official and must not leave the event area without being accounted for.
- The Organiser's safety and medical decisions are final. No refund or ranking is due following a safety withdrawal or disqualification.

6. EQUIPMENT AND RACE CONDUCT

- The official event swim cap and timing/identification equipment must be worn as instructed. Exception must be given by the organizer.
- One timing chip/pod will be issued to each solo swimmer and one timing chip/pod per relay team. It is used to record the swimmer's or team's race time and must be securely worn as instructed and kept safe throughout the Event.
- Swimwear and equipment must be safe, in good condition and appropriate for the selected category.
- Fins and snorkels are permitted only in the designated fins-and-snorkel category. They are not supplied by the Organiser.
- Unless expressly authorised for a category, propulsion aids, towing, drafting from a vessel, physical assistance or forward movement gained from a boat, kayak, platform or person are prohibited. Support boats are permitted only under the conditions below; their presence does not authorise physical assistance or a racing advantage.
- Private support boats may come to encourage swimmers, subject to the Race Director's and competent authorities' instructions. They must keep clear of swimmers and the race corridor, give priority to safety boats

and kayaks, and must never obstruct rescue access, relay changes, other vessels or other swimmers. Skippers must maintain a safe speed and distance, avoid dangerous wake and comply immediately with instructions to move away or leave. Permission does not grant access to NMH's site, boathouse or facilities. Participants must communicate these rules to their supporters.
- Resting or receiving treatment may be allowed only as directed by officials; gaining forward advantage may result in a time penalty or disqualification.
- Participants must show sportsmanship and avoid deliberate contact. Any participant observed harming, harassing or mistreating marine life, damaging coral or other marine habitats, or discarding any rubbish in the sea or elsewhere in nature may be disqualified by the Race Director. All waste must be retained until it can be placed in an authorised bin or handed to an official.
- Race numbers, caps, timing devices and entries may not be transferred or substituted without the Organiser's prior written approval, except for the mandatory transfer of the team's timing chip/pod between registered relay members at each changeover, as set out in Section 7.

7. RELAY-SPECIFIC RULES

- Every relay member must be registered, eligible and identifiable.
- Relay changes must occur only within the designated changeover zone and in the manner explained at the race briefing.
- For both two-person and four-person relays, the swimmer completing their leg must hand the team's timing chip/pod to the next swimmer at every changeover. The next swimmer must securely attach it as instructed before starting their leg. The final swimmer must wear the team's chip/pod through the finish. Each team is responsible for ensuring that the chip/pod is passed on correctly at every relay change.
- The relay must complete swimmers and distances in the declared order unless an official approves a safety-related change.
- A missing, unregistered or ineligible team member, an unauthorised substitution, or an invalid changeover may result in the team being unranked or disqualified.
- If a participant is also completing the solo 10 km, that swimmer must be clearly identified for the solo race and must hold both the applicable solo entry and relay entry, with prior Organiser approval. Only the solo swimmer remains eligible for the solo classification; the relay team may be treated as non-competitive or ineligible for a relay podium.

8. COURSE, TIMING, RESULTS AND PENALTIES

The published route, start procedure, wave allocation, changeover locations, checkpoints, cut-off times and safety protocols may be updated in the final race information or compulsory briefing. Participants must rely on the latest official instructions.

- Timing and results are provisional until validated by the Organiser.
- Loss of the timing chip/pod, failure to wear it correctly, or failure to pass it to the next relay swimmer may prevent a finish time from being recorded or validated. An official finish time or placing cannot be guaranteed in these circumstances. Any loss or malfunction must be reported to a race official as soon as possible.
- A lost timing chip/pod incurs a replacement charge of MUR 1,500 payable to SportEvents. For a solo entry, the participant (or the signing parent/legal guardian for a minor) is responsible for payment. For a relay, one adult team representative must accept this payment responsibility on the signature form; the charge is MUR 1,500 per lost team chip/pod, not per team member. Any internal sharing of the cost is a matter for the team. The chip/pod must be handed back as instructed after finishing or withdrawing.
- The Organiser may apply warnings, time penalties, an unranked status or disqualification for rule breaches.
- Any protest must be submitted in writing to the Race Director within 30 minutes of the publication of provisional results, with relevant evidence. The Race Director's decision is final, subject to applicable law.

9. CHANGES, POSTPONEMENT, CANCELLATION AND FORCE MAJEURE

Safety takes priority over the advertised format. The Organiser may delay, shorten, reroute, suspend, neutralise, postpone or cancel the Event because of weather, sea state, water quality, visibility, public-authority direction, security, medical risk, force majeure or any circumstance reasonably affecting safe delivery.

Entry-fee refunds, credits or transfers will be governed by the refund policy displayed on the registration platform at the time of purchase and applicable law. Unless that published policy states otherwise, participant withdrawal, non-attendance, travel disruption, illness, disqualification or failure to meet eligibility requirements does not automatically create a right to a refund. The Organiser is not responsible for participants' travel, accommodation, equipment or other consequential expenses.

10. RELEASE, DISCLAIMER AND LIMITATION OF LIABILITY

To the fullest extent permitted by Mauritian law, the participant releases and agrees not to hold liable the Organiser, event partners, sponsors, New Mauritius Hotels Limited (NMH), operating Paradis Beachcomber Golf Resort & Spa, venues, landowners, registration and timing providers, contractors, officials, volunteers, medical and safety teams, boat and kayak operators, and their respective directors, officers, employees and agents ("Released Parties") for loss, damage, injury or expense arising from the ordinary and inherent risks voluntarily accepted under these Terms or from the participant's own acts or omissions.

Nothing in these Terms excludes or limits liability that cannot lawfully be excluded or limited. In particular, this release does not cover gross negligence, wilful misconduct or fraud, or remove any legally enforceable duty of care. It does not transfer the Organiser's contractual indemnity obligations to participants or parents, waive a minor's protected rights, or amend any insurance policy.

The participant is responsible for loss or damage caused by their intentional misconduct, reckless behaviour or material breach of these Terms, subject to applicable law.

10A NMH AND ACCESS TO THE START SITE

New Mauritius Hotels Limited (NMH), operating Paradis Beachcomber Golf Resort & Spa, provides limited site access and agreed in-kind logistical support. NMH is not the race organiser and does not provide the Event's medical, rescue or evacuation arrangements. The boathouse is operated by an independent third party, and any related services are arranged separately by the Organiser. Participants must not assume that hotel staff or facilities form part of the Event's rescue service.

Participants and accompanying persons must use only authorised access routes, areas and times, obey hotel staff and security instructions, respect guests and property, and leave the site clean. Entry to other resort facilities is not included. NMH may restrict access for safety, security or operational reasons. NMH and its officers, employees and agents are expressly included in the release in Section 10, subject to all its limitations.

These participant Terms do not replace or change the separate site-access agreement between NMH and the Organiser, including its insurance requirements and Clause 11 indemnity. No participant or parent assumes that contractual indemnity merely by signing this form.

11. EMERGENCY CARE AND EVACUATION

If the participant is unable to provide instructions, they authorise qualified event medical and rescue personnel to assess, assist, treat, transport or arrange emergency care that is reasonably considered necessary. The participant understands that treatment and evacuation may involve third-party providers and accepts responsibility for charges not covered by the Organiser or the participant's own insurance, to the extent permitted by law.

The participant authorises the limited disclosure of relevant identity, emergency-contact and health information to safety, medical, rescue, hospital and public-authority personnel where reasonably necessary to protect life, health or legal interests.

12. INSURANCE AND PERSONAL PROPERTY

- Participants are strongly advised to hold adequate personal medical, accident, evacuation and travel insurance covering open-water swimming competition.
- Personal belongings remain at the participant's risk. The Organiser is not responsible for ordinary loss, theft or damage except where liability cannot lawfully be excluded.

13. PERSONAL DATA AND PRIVACY

The Organiser may collect and process registration details, contact information, identity and age verification, emergency contacts, payment status, category, timing and results, relevant health information, incident records, photographs and video for event administration, safety, emergency response, insurance, legal compliance, results, legitimate event reporting and, where separately consented, marketing.

Information may be shared only as reasonably necessary with registration and timing providers, insurers, medical and rescue teams, officials, contractors, public authorities and professional advisers. Health information is treated as sensitive and access should be restricted to those who need it for safety, medical, legal or insurance purposes.

Data will be retained only for as long as reasonably required for those purposes and applicable legal or insurance obligations. Participants may contact the Organiser at elo@outdoormorisxperience.com to request access, correction, restriction, objection or other rights available under the Mauritius Data Protection Act 2017. Optional consent may be withdrawn prospectively, but withdrawal does not affect prior lawful processing or information that must be retained for legal claims, safety or compliance.

14. PHOTOGRAPHY, VIDEO AND PUBLIC RESULTS

Names, category, race number, club/team, nationality where supplied, finish time and placing may be published as part of legitimate event results and records. General crowd and sporting footage may be captured in public event areas for news, documentation and event reporting, subject to applicable law.

Images can be used for promotional communication (social media or other medias).

15. COMMUNICATIONS

Operational messages concerning safety, registration, briefing, schedule, route or results are part of Event administration.. Participants are responsible for providing accurate contact details and checking official updates.

16. GENERAL LEGAL TERMS

- These Terms and the final official race instructions form the agreement between the participant and the Organiser concerning participation.
- If a provision is held invalid or unenforceable, it will be limited or removed only to the minimum extent required, and the remaining provisions will continue to apply.
- A failure to enforce a provision on one occasion is not a waiver of that provision.
- These Terms are governed by the laws of the Republic of Mauritius. The courts of Mauritius will have jurisdiction, subject to any mandatory rights or dispute process under applicable law.

PARTICIPANT DETAILS AND SIGNATURE

La Grande Traversée de l'Ouest • 1 November 2026
Complete one form per swimmer, including each relay member. This signature sheet forms part of the Terms and Event Rules updated 19 October 2026.

Full name: .....Sohanne Mathieu.....

Date of birth: .22/10/2005..... Registration / race no.: .....

Mobile: ..+230 59816550..... Email: ...sohannemathieu05@gmail.com.....

Emergency contact name: ....Caroline Langlois.....

Relationship: ....Mother..... Emergency phone: …+230 57289689.....

Category: ☐ Solo 10 km ☐ Solo fins/snorkel ☐ Relay of 2 ☐ Relay of 4

Team name, if applicable: ..... Relay leg: .....

Please tick each box before signing:

☐ I have read, understood and accept all the attached Terms and Event Rules, including the NMH provisions in Sections 10 and 10A.

☐ I confirm that I can swim independently in open water for my selected distance. I understand that several parts of the course are too deep to stand or touch the seabed.

☐ I understand the risks, confirm my fitness and agree to follow all safety instructions.

☐ I understand the chip/pod rules, the mandatory relay handovers and the MUR 1,500 charge payable to SportEvents for a lost chip/pod.

☐ I accept the environmental rules and the restrictions applying to support boats.

Participant signature: ..... Date: .....27/10/2026.....

For a minor: this signature confirms the swimmer's understanding; the parental authorisation on the next page must also be completed.

Relay chip payment responsibility

One adult representative per team must complete this section on their own form. I agree to pay SportEvents MUR 1,500 if our team's chip/pod is lost. Only one charge applies per lost chip/pod.

Representative name: ..... Team: .....

Signature: ..... Date: .....

PARENTAL AUTHORISATION FOR THE APPROVED MINOR

Complete only for the individual minor exceptionally approved under Section 2. The parent/legal guardian must sign this page in addition to the participant form. Admission remains subject to the Organiser's written approval and confirmation of insurance cover.

Minor's full name: .....

Date of birth: ..... Category / distance: .....

Parent / legal guardian's full name: .....

Relationship to minor: .....

Mobile reachable on race day: .....

Alternative emergency contact and phone: .....

Please tick each box before signing:

☐ I hold parental authority or legal guardianship and have authority to give this consent. I have obtained any other consent legally required.

☐ I have read these Terms and explained the risks and rules to the minor in a way they understand. I authorise participation in the approved format and distance.

☐ I confirm that the minor can swim competently and independently in open water for that distance, including in areas where they cannot stand, and is sufficiently prepared and fit.

☐ I take responsibility for the minor's preparation, attendance and the supervision arrangements agreed with the Organiser, and will remain contactable throughout the Event.

☐ I consent to necessary emergency assistance and care as described in Section 11. For a solo entry, I accept the MUR 1,500 payment to SportEvents if the minor's chip/pod is lost.

This authorisation does not release the Organiser, NMH or other parties from liabilities that cannot legally be excluded and does not waive the minor's protected rights. It is not a guarantee against accidents.

Parent / guardian signature: ..... Date: .....

Organiser approval before the start

Approved format, distance and relay leg: .....

Agreed supervision arrangements: .....
.....

Insurance cover confirmed by / reference: .....

Organiser representative: .....

Signature: ..... Date: .....