



SMAA SPORT GUIDELINES VOLLEYBALL



Updated Spring 2020

General Guidelines

1. All rules and regulations related to players, equipment, and terms of play as defined in the National Federation of High Schools volleyball rulebook apply.
2. Match game volleyballs will carry the National Federation of High Schools (NFHS) stamp.
3. The date for the first practice is designated as that listed in the Maine Principals' Association Handbook and MPA Volleyball Bulletin.
4. The date for the last countable regular season contest is designated as that one defined in the MPA Volleyball Bulletin.
5. The ending date for the activity is designated as that defined by the MPA Handbook.
6. Terms of conducting the sport are those defined in the MPA Volleyball Bulletin.
7. Number of countable contests: 14.
8. Scheduling of contests will be done in coordination with the league volleyball reps from all of the MPA conferences hosting volleyball. Volleyball is unique in that there is cross scheduling between conferences and classes. Schedules should be presented to the various conferences (Including SMAA) and given two readings before being accepted.

Specific SMAA Guidelines

- | Guideline | Date Adopted |
|--|---------------------|
| 1. Volleyballs | 8/14/17 |
| a. The home team for each match shall supply volleyballs for each team to use during warm ups. | |
| 2. Match Start Times | 8/14/17 |
| a. The recommended match start times shall be 4:30 junior varsity and 6:00 varsity, or at times mutually agreed upon by both school. | |
| 3. Junior Varsity Matches | 8/14/17 |
| a. JV matches shall consist of the best two-of-three sets. The first two sets shall be 25 points (no cap), and a team must win by at least two points. The third and deciding set shall be 15 points (no cap), and a team must win by at least two points. | |
| b. By mutual agreement, the match may be extended to a third set if and when a team has already won the match by winning the first two sets. | |
| 4. Scorekeeper and Line Judges | 8/14/17 |
| a. Schools are encouraged to secure adult scorekeepers and line judges for both varsity and junior varsity matches. | |

SMAA Championship

1. The SMAA team champion in volleyball is determined by Heal Points. The team accumulating the most Heal Points will be named the SMAA champion. If there is a tie in Heal Points, head-to-head play will serve as the tiebreaker. If still tied, co-champions will be declared.

Method of All-Conference Selection

1. The SMAA athletic director volleyball liaison shall establish the date of the post-season coaches meeting, which shall be held at the conclusion of the season. The date shall be established prior to the November SMAA athletic director meeting to ensure that the all-conference teams are released to the media in a timely manner.
2. It is expected that each SMAA varsity head coach will attend the post-season meeting to participate in the all-conference selection process.
3. The SMAA All-Conference shall consist of:
 - a. First Team - 12 players (regardless of position)
 - b. Second Team - 12 players (regardless of position)
 - c. Honorable Mention - 1 player from each SMAA member school
 - d. Coach of the Year
4. Prior to the end of season meeting, the SMAA volleyball liaison will collect all-conference and coach of the year nominations from the varsity coaches. The liaison will compile nominations and have them available for the coach meeting.