

WMS Counseling Services Guidance Lesson

Lesson Title	Practicing Wagner Pride: Using Compassionate Communication
Grade Level:	Middle School 7th Grade
School Counselor Competencies:	<p>TX Model CSCP Competency Content Area(s) Interpersonal, Intrapersonal</p> <p>TX Model CSCP Competency(ies) [click here for the TX Model Competencies] I.C.1, I.C.2, I.C.3</p> <ol style="list-style-type: none">1. Students will behave in a responsible manner2. Students will take responsibility for their own behavior3. Students will develop self management skills <p>I.B.1, I.B.2</p> <ol style="list-style-type: none">1. Student know that nonverbal communication involves listening, speaking, and nonverbal behavior2. Students effectively express themselves <p>GISD SEL/Learner Profile Competency(ies) [click here for the Learner Profile Competencies] Develops Self-Knowledge and Personal Responsibility Builds and Models Respectful Relationships</p>

<p>Learning Objectives</p>	<p>Students should be able to identify the differences between kindness and empathy and how to exhibit both on our campus</p> <p>Students will collaborate on the correct course of action regarding situations that may not be Safe, Respectful or Responsible</p> <p>Students will understand the importance of and practice perspective taking and how it contributes to campus culture</p>
<p>Materials</p>	<p>Students need Chromebooks, Access to Google Slides</p> <p>Tru touch for presentation is required</p>
<p>Lesson Steps</p>	<p>Welcoming to Content</p> <p>Students receive lesson objectives and operationally define Kindness and Empathy</p>
	<p>Engaging with Content</p> <p>Two videos are shown depicting Empathy and Kindness - class discussion follows</p> <p>Students in table groups are asked to use Padlet to discuss a scenario and the appropriate way to respond</p> <p>Whole class discussion on steps and actions that can be taken to increase empathy and kindness on our campus</p>
	<p>Closing the Content</p> <p>Student choice and behavior in situations determines campus culture.</p> <p>Students are reminded that we are all in the same storm (attend Wagner every day), but some of us are in different boats (facing and meeting challenges of daily school life differently). We need to adjust our actions towards others accordingly.</p>

Additional Resources	Kindness Video Empathy Video
Parent Engagement Information	Self Knowledge Quiz for Teens to reflect on Empathy Handle with Care - An Article for Helping Young People in Crisis