

Individual Care Plans for Medical Conditions

Dear Parents,

The school clinic requires submitting an Individual Health Care Plan (IHCP) to the school nurse, Tania Chouljian, for chronic medical conditions, and a Food Allergy Action Plan (FAAP) for allergies. In the case that allergies (Epipens), asthma (inhalers), and daily medications are needed,

Please include these forms with the medication:

- **For Asthma:**

<https://www.aafa.org/media/1601/asthma-action-plan-aafa.pdf>

- **For Allergies:**

<https://www.foodallergy.org/media/935/download>

Any medication that will be kept at school will need this form included. These forms outline the child's medical needs and provide a detailed process in case of an emergency. Occasional medications will not require these forms.

Epipens - use of an Epipen first is the belief and standard of protocol in the Allergy and Anaphylaxis medical community. During an allergic reaction, I would consider using the Epipen first since there is no guarantee that allergic reactions that were mild in the past will repeat the same pattern. There is also the chance that waiting too long can prevent the Epipen from being effective.

However, since I understand the severity of allergies and allergic reactions are different for each child, please discuss this with your doctor and have him/her provide me with their Orders/Plan of Care during a possible anaphylactic situation.

Although I am familiar with your child's plan of care during this type of situation through our past discussions, medical orders will help me to

establish what the doctor and parent feel would be the best course of action during this time.

Please know that I will always use my best judgment in assessing your child's medical condition and providing them with immediate care.

Thank you for your prompt response to this very important matter.

Tania Chouljian BA, RN, NCSN