Fragilities Unmasked: Emerging from Social Isolation, Social Inequalities and COVID

March 25-26, 2022 ORAL AND POSTER PRESENTERS



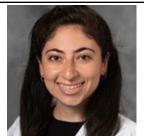
FARHA ABBASI, MD, CONFERENCE COORDINATOR, is an assistant professor in the Department of Psychiatry at Michigan State University and staff psychiatrist. She emigrated from Pakistan in 2000. Her areas of interest are cultural psychiatry and teaching medical students how to provide culturally appropriate care to Muslim patients. She works with the Muslim American community to encourage integration rather than isolation from mainstream society. She has established the Muslim Mental Health Conference and is the managing editor for *Journal of Muslim Mental Health*.



MONA ABDALLAH-HIJAZI, MBA/MHA is a Community Engagement Manager at ACCESS. She leads the ACCESS Substance Abuse Program (ASAP) Community Coalition and works with Syrian Refugees in the Building Blocks for New Americans Program. She is currently a member of Healthy Dearborn Coalition Steering Committee, Greater Detroit Area Health Council Opioid Task Force, and the Michigan Department of Health & Human Services Prescription Drug Overdose Prevention Team, CADCA Member, and Michigan Open Advisory Board. Mona graduated from Davenport University with her Master's in Business Administration and Master's in healthcare administration in 2012.



LEENA ABDELMOITY is an undergraduate student majoring in behavioral neuroscience at the University of Kansas. She has a passion for research and advocacy. Leena is a researcher with Stanford Medical School's Muslim Mental Health Lab. Previously, she conducted foreign affairs research for the U.S. Department of Defense and was the Regional Leader for the UN Foundation's nonprofit: Girl Up. Because of her human rights work, Leena has spoken at the UN Human Rights Council.



DR. LANA ABDOLE is a resident in Psychiatry at Henry Ford Allegiance Health, and a fellow research assistant under Dr. Awaad. She attended Wayne State University School of Medicine and her research interests include: Child and Adolescent psychiatry, Integrative psychiatry, Cultural psychiatry.



TAHIRAH ABDULLAH, PH.D. is an Associate Professor in the Clinical Psychology program at the University of Massachusetts Boston. She is currently on sabbatical and completing licensure requirements through a postdoc at Spalding University Counseling and Psychological Services Center in Louisville, KY. Dr. Abdullah's research focuses on the impact of racism and discrimination on mental health, barriers to help-seeking for mental health problems, mental illness and mental health treatment stigma, and understanding Black Americans' therapy experiences.

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OMAR IBN ABDUL-MALIK, D.H.Ed., M.P.A.S., PA-C, is a Hospitalist Physician Assistant providing medical management for adult patients who have been admitted for rehabilitative treatment after suffering severe trauma or decompensation in morbidities. As a Physician Assistant and health educator Omar has treated patients coping with chronic diseases like diabetes, mental illness, hypertension, and HIV/AIDS. The patient population is highly diverse and includes at-risk populations (low-income, Hispanic, African American, LBGT). As a vaccine program coordinator he has ensured all eligible patients receive their scheduled vaccines (e.g. Hepatitis A and B, influenza, pneumococcal, etc.), and educated patients about the various benefits and potential side effects of the vaccines.



ANEEQA ABID is a senior at Stanford studying Human Biology, interested in pursuing medicine and psychiatry. She is an active member of the Muslim community and, after many interactions suggesting that Muslim students were struggling with mental health, she decided to co-lead the research-based community-oriented Stanford Muslim Mental Health Initiative.



SALMA ELKADI ABUGIDEIRI is a licensed professional counselor. She has a Master's degree in Counseling and Human Development, and a post-Master's certificate in Marriage and Family Therapy. She is a contributing author to Counseling Muslims: Handbook of Mental Health Treatment & Interventions. She is the co-author of *Before You Tie the Knot*.



BALKOZAR ADAM, M.D., is a child and adolescent psychiatrist with decades of experience working with children, adolescents and their families. Dr. Adam graduated from the Cairo Medical School in Egypt and completed her adult and child psychiatry training at the University of Missouri-Columbia. She is a Distinguished Life Fellow of the American Psychiatric Association and a Distinguished Fellow of the American Academy of Child and Adolescent Psychiatry. She is board certified in both Psychiatry and Child and Adolescent Psychiatry.



SANAH AHMED is a junior at Cornell University studying Psychology with a minor in Crime, Prisons, Education, and Justice on the pre-medical track. She is a research intern in the Muslim Mental Health Lab at Stanford University and a researcher in an Environmental Sustainability Lab at Cornell University. She hopes to pursue a career in psychiatry to provide access to mental health resources targeted toward the Muslim community to destignatize mental health.

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TAHARA AKMAL is a Board-Certified Chaplain with the Association of Professional Chaplains, and an Association for Clinical Pastoral Education Inc. Certified Educator. She formally served as the Director of Clinical Pastoral Education (CPE) and ACPE Certified Educator at Reading Hospital in Reading, PA.

ALIYA AKRAM obtained her Bachelors in Clinical Psychology and participated in Global Undergraduate Cultural Exchange Program in USA, Spring 2020.



ADAM ALAMAH graduated with a Bachelor's of Science in Applied Psychology from the University of Michigan-Flint in 2018. He then earned his Master's in Kinesiology with a Sport Psychology concentration from Michigan State University in 2020. He hopes to become a psychiatrist in the future and work to reduce mental health stigmas in the community.



HAFIZA UFRA ALAUDDIN M.Sc Applied Psychology, currently works at the Institute of Applied Psychology, University of the Punjab, Lahore, Pakistan

AHMED K. ALHORANY is an associate professor of Counseling Psychology in the Department of Psychology at Umm Alqura University (UQU) in Mecca, Saudi Arabia since 2013. He received his Ph.D. degree in Counseling with an emphasis on family and marital Counseling from the University Putra Malaysia. His research interests lie in the broad areas of family and marital counselling, Muslim mental health, and the attitudes towards Counselling in the Arab region.



ALIZAH ALI is a 3rd year medical student at Morehouse School of Medicine. She is interested in Psychiatry and manifestations of psychosomatic diseases. Her interests in research include 'Omics, social justice, psychology and disease processes.

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KARIM ALI, Is an intercultural communications specialist and CEO of the D.C.-based AaliaNetwork, LLC, which contributes to award-winning team efforts in narrative design and video production. He is a partner with bigSTORY in Profound America, a community storytelling project that improves social and economic outcomes by honoring the voices and beliefs that motivate a community's citizens and shape their future. Ali credits his team's ability to touch, move and inspire diverse audiences to their "commitment and insatiable desire to create a world that is connected."



DR. AHMAD AIZUDDIN MD RAMI, Senior Lecturer from Department of Professional Development and Continuing Education, Faculty of Educational Studies, UPM. He is actively involved in research and consultancy works in the field of leadership, extension education, HRD and community development. He is currently associate member and The Head of Cluster Education and Training Malaysian Islamic Welfare Organization (PERKIM Terengganu).



HAGER ALKHAFAJI is a fourth year medical student at Central Michigan University College of Medicine. She completed her bachelors degree at Wayne State University in 2018 and is looking forward to pursuing a career as a psychiatrist.



KALTAM JABOR ALKUWARI is an Associate Professor at Qatar University at the Department of Social Sciences, College of Arts and Sciences. Dr. Jabor M. Al-kuwari has previously worked in the Ministry of Education. Also an award-winning author, she has written numerous novels, poems and articles. She writes a weekly column titled 'Iceberg Khater' in the *Al-Raya*.

ANISAH AL-QADI is a Palestinian American attending Central Michigan University College of Medicine. She completed her bachelor's degree at Michigan State University in 2017. She has a passion for mental health advocacy and looks forward to contributing to the cause as a future physician.



HAMADA HAMID ALTALIB, D.O., MPH, is the co-director of the Veteran Administration Epilepsy Center of Excellence in West Haven, CT. He helped establish a neurobehavioral clinic, where he provides clinical care for veterans who suffer from emotional distress and/or behavioral problems associated with neurological conditions. He is one of the founding members of the Institute of Muslim Mental Health and currently the chief editor of the Journal of Muslim Mental Health. His research interests include the role of culture in the presentation and management of neuropsychiatric illnesses.

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NOOR ALWANI, M.Ed. is a third year clinical & school psychology doctoral student at the University of Virginia's School of Education & Human Development. Her clinical experiences span a number of settings, including UVA's Counseling & Psychological Services (CAPS), the Sheila C. Johnson Center, a community mental health clinic, as well as elementary and middle schools. She is also a researcher whose scholarship focuses on the efficacy of school-based mental health services, including mentoring programs.

MAREEHA AMJAD, Bachelors in Clinical Psychology, and has participated in
Global UGRAD, Spring 2020.
AFIFA ANJUM is a lecturer in Psychology at University of the Punjab, Lahore,
Pakistan with M.Sc in Psychology and currently working on PhD Project on
character strengths and wellbeing of Muslim Pakistani sample.
JAVERIA ARSHAD is from Pakistan. She has done Bs (hons) in Psychology from University of Gujrat, Pakistan and is currently enrolled in Ms Clinical Psychology at Center for Clinical Psychology, University of the Punjab, Lahore, Pakistan. She is also working in Center for Clinical Psychology, Lahore as trainee clinical psychologist and have an experience in child and adult psychiatry.
FARWA ASLAM is an MS Scholar from the University of Central Punjab, in Lahore Pakistan.



RAWAN ATARI-KHAN, Ph.D., is a recent graduate from the Counseling Psychology PhD Program at Ball State University. She is currently an Assistant Professor of Counseling Psychology in the Department of Educational Studies at Purdue University. Her role involves conducting research with special focus on American Middle Eastern/North African immigrant communities, mentoring doctoral students in their development as clinicians and researchers, and teaching courses at the graduate level.



RANIA AWAAD, M.D. is a Clinical Associate Professor of Psychiatry at the Stanford University School of Medicine where she is the Director of the Stanford Muslim Mental Health & Islamic Psychology Lab and its community nonprofit Maristan.org. She also serves as the Associate Division Chief for Public Mental Health and Population Sciences as well as the Section Chief of Diversity and Cultural Mental Health in the Department of Psychiatry and Stanford. She pursued her psychiatric residency training at Stanford where she also completed a postdoctoral clinical research fellowship with the National Institute of Mental Health (NIMH). Prior to studying medicine, she pursued classical Islamic studies in Damascus, Syria and holds certifications (ijaza) in Qur'an, Islamic Law and other branches of the Islamic Sciences.

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SHEREEN AYOUBI is a Psychology Intern and doctoral candidate in Clinical Psychology. She earned her Master's in Psychology from The George Washington University, also her doctoral institution. She completed her dissertation on Islamophobia in clinical treatment, and hopes to continue working toward the destigmatization of Muslim mental health through promoting dialogue and providing education about psychotherapeutic intervention. Her clinical interests include trauma, relational issues, matters of diversity and multiculturalism, and the intersectionality of these concerns.



AYESHA AZIZ is a lecturer in the Department of Applied Psychology, Kinnaird College for Women, Lahore, Punjab, Pakistan. She is a Consultant Clinical Psychologist at Life Line Hospital, Lahore, Pakistan. She has conducted a situational analysis about Depression related Stigma and Discrimination in Lahore during her Ph.D.She has adapted WHO intervention to reduce stigma intended attitudes and behaviors in Primary Care Staff. She is working on many projects to conduct field trials of low-Intensity Interventions in Low and Middle-Income Countries like Pakistan to bridge up the gap in terms of mortality, morbidity, and disability in the treatment of mental disorders.



ALIA AZMAT, PhD is a counseling psychologist in Atlanta, Georgia. Her clinical interests include supporting individuals navigating concerns related to race, religion, and gender, as well as concerns related to family of origin, grief/loss, and chronic illness. Her research interests include Muslim women's experiences in therapy, critical qualitative research, refugee mental health, and vicarious trauma.



ASRAFFUDDIEN BASRI received his training in counselling psychology from the University Putra Malaysia. He is interested and actively involved in various research projects especially those related to Family, Psychological Testing and Education such as Mental Health Assessment in Family, Psychopathology and Sexuality. He is also a lifetime member & performing the role as (Co-Founding Member) Young Scholars Chapter in PERKAMA International and member of Malaysian Association of Adolescent Health. He is currently pursue his MSc in Medical Sciences specializing in Genealogy, Psychopathology and Medicinal Psychology at The Department of Family Medicine FMHS UPM.



RAMY BASSIONI, M.S. is a doctoral candidate at University of Missouri-Kansas City and is currently a doctoral intern at the University of Nevada, Las Vegas, Ramy's clinical interests are among the Muslim American population, specifically focusing on stigma, discrimination, and the impact it has on mental health. Ramy is expected to graduate in May of 2021 with his doctorate degree in counseling psychology.

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SARA BAWANY, LCSW, **CCM** is a Licensed Clinical Social Worker and Certified Case Manager. A graduate of The University of Texas at Austin, Sara received her Master's degree in Social Work and her Bachelor's degrees in Biology and Islamic Studies. She works full-time at Facing Abuse in Community Environments (FACE) and part-time with The Impact Counselors as a mental health counselor. Sara serves as the membership coordinator and Austin chapter ambassador for MAPS (Muslim Association for Psychological Services).



DENISE ZIYA BERTE, PhD is the Executive Director of Peaceful Families Project and a visiting professor at An Najah National University of Palestine. Dr. Berte has over a 25 year history serving international victims of trauma including domestic violence in Latin America, West Africa, Palestine and in immigrant communities in the US. Dr. Berte is the author of over 20 professional articles and three book chapters.



NAZMIM BORNA BHUIYA is a public health professional with 10+ years of experience in the field. Currently, she is a Researcher/Program Evaluator at the Massachusetts Department of Public Health. She holds a DrPH from Harvard T.H. Chan School of Public Health, a MPH in Sociomedical Sciences from Mailman School of Public Health at Columbia University, and a BS in Biology and BA in Economics from Brandeis University.



ANAM BIBI recently completed an MS in Clinical Psychology from Centre for Clinical Psychology, University of the Punjab. She has completed 1785 hours of supervised clinical training and served as a visiting lecturer at University of Wah, Wah Cantt.

HALA BUCHEERI is an MSc student in the Applied Clinical Psychology program at the University of Bath. She completed her undergraduate degree in Psychology and Neuroscience at the University of Toronto. Hala aspires to provide culturally-informed, Islamic-based psychotherapy for individuals and families.



ZEYNEP CAKMAK is a graduate student in the Clinical Mental Health Counseling Program at Montclair State University. She is also a 2021 APA Minority Fellowship Program research fellow. Zeynep is working towards specializing in religion and spirituality in counseling (specifically Muslim mental health), trauma counseling, counseling adolescents, and bibliotherapy. She hopes to get certified in EMDR and Play therapy specifically to help the Muslim refugee populations in the United States.

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HUMEYRA NUR CELEBI is the Co-Founder and Content Team Lead of Ruh. She is certified as a Family and Marriage Counselor in Turkey and seeking opportunities to be certified as a Traditional Islamically Integrated Psychotherapy (TIIP) Practitioner. She completed her MA in Psychology from Carleton University and her BA in Psychology from the University of Ottawa in Canada.



HAJIRA CHAUDHRY, MD, is currently a psychiatry resident at Henry Ford Allegiance Health. Her professional interests include integrative care, interventional psychiatry, geriatric psychiatry, and consult-liaison psychiatry. She is currently working collaboratively with emergency physicians, hospice care, and obstetricians to address local community needs. After residency she hopes to pursue either a psychiatry fellowship or sequential training in internal medicine and hopes to provide psychiatric care in a hospital setting.



RUKHSANA (MOONA) CHAUDHRY is Assistant Professor of Clinical Psychology at George Washington University. She is also Director of Asylum seekers and human rights clinic and a Trauma focused care consultant.



TAHANI CHAUDHRY is the Research and Resource Development Coordinator at Peaceful Families Project, a national non-profit organization with the aim to prevent domestic violence in the Muslim community. Tahani is a Clinical Psychology doctoral student at George Mason University. Her research explores religious help-seeking from survivors of domestic violence and particularly the positive and negative impacts of religious leaders. Tahani uses community engagement to spread awareness, provide resources and prevent domestic violence in Muslim communities.



RAHMANARA CHOWDHURY is Course Lead for Islam and Pastoral Care at the Markfield Institute of Higher Education (MIHE) and Head of the MIHE Centre for the Study of Wellbeing. She has a masters in Psychology from Nottingham Trent University (UK) and recently submitted her ESRC funded PhD thesis exploring domestic violence and abuse in the UK Muslim population (Brunel University London). She has authored 'Qawwamoon: Protectors and Maintainers', and 'Road to Recovery', (Ta-Ha Publishers).

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ELIZABETH CHUNG is a native of Hong Kong, China and immigrated to the United States since 1970. She has been a strong advocate for minority health for the past 50 years. Mrs. Chung completed her graduate study in public health from the Pennsylvania State University in 1981 and has dedicated her professional work to issues surrounding health equity since then. She has been a founding member of four community-based agencies since the early 1990's, one of which is Asia Services in Action (ASIA) in Akron, Ohio, that became a Federal Qualified Health Center in 2016. She is the founder and Executive Director of the Asian American Center of Frederick (AACF), whose mission is to support immigrants with essential skills to be independent and successful contributors to the community.



YUSIF SALAAM CONN is a research intern at the Stanford Muslim Mental Health and Islamic Psychology Lab. He graduated from Zaytuna College in 2021 with a BA in Liberal Arts and Islamic Studies, along with the completion of a premedicine track at Berkeley City College. Yusif's research has centered around the analysis of historical Arabic medical texts and translation, including the texts of Abu Bakr al-Razi and Ibn Sina.



RABIA DASTI, M.S. has done BS and MS Clinical Psychology from Center from Clinical Psychology, Lahore. She is currently working as a lecturer at Center for Clinical Psychology, University of The Punjab, Lahore, Pakistan. She is a passionate researcher and is serving as a supervisor of research and client consultation. She is also working as a clinical psychologist at a private facility in Lahore.



DR. NEDA DEYLAMI graduated from University Putra Malaysia (2016) in counselling and has become the research assistance during of the second PhD (UPM; 2019- present). She has presented works in the field of family (1993-present), as an assistant professor in Islamic Azad and Farhangian Universities in Iran, deputy dean in Iranian Association of Family Studies, and principal investigator in national and international projects in universities and ministries. She has been certified from Gottman Institute (2009).



IMAM YASIN DWYER is the lead chaplain and executive director of the Muslim Chaplaincy of Toronto. He is an advisor and the voice of Ruh. Imam Yasin has lectured extensively on topics such as religion, the arts, and the history of Muslims in the West. As well as working alongside many non-profit organizations in Canada, Imam Yasin was the first full-time Muslim chaplain to work with the Correctional Service of Canada, a position he held for 12 years.

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FARZANEH EJAZI received a Bachelor in 2012 from Payame Noor university, She received a master degree in 2017 from Shahed University. She is currently working as a researcher. Her research interests are sociology of mobile phones, internet and new technology and sociology of education.

HANY EL-ADLE is a 3rd-year Medical student at Rutgers-NJMS interested in treating psychiatric illnesses within the US Muslim community, and also exploring the intersectionality of spirituality and medicine.



OSAMA EL-GABALAWY is a psychiatry resident at Columbia University. He received his bachelor's degree in Biology, master's degree in Computer Science, and medical degree from Stanford University. During his time there, he helped create the Markaz Resource Center as well as the Diversity Center for Representation and Empowerment. He was co-president of Stanford's SNMA chapter and founded the Stanford Muslim Medical Association. He conducted research in the Muslim Mental Health & Islamic Psychology Lab working on a suicide prevention training program for community leaders.



DANAH ELSAYED is an M.S. student in the department of Family Relations at the University of Guelph, studying religiosity and identity in Muslim youth in Canada. She is also pursuing an undergraduate degree from Al-Azhar University in Arabic and Islamic Studies. At the Stanford Muslim Mental Health and Islamic Psychology lab, she is responsible for the Islamic Psychology research team. She also studies the social-emotional resilience of Syrian newcomer children at the University of Toronto.



DR. KHALID ELZAMZAMY is a Child and Adolescent Psychiatry Fellow at the Institute of Living, Hartford, Connecticut. He completed his psychiatry residency training at Hamad Medical Corporation, Qatar. He holds a Master's Degree in Islamic Studies from Hamad Bin Khalifa University, Qatar. He serves as a Research Fellow at the Family and Youth Institute (www.thefvi.org).



Dr. QUE ENGLISH, Director. As a coalition builder and network strategist, Rev. Dr. Que English joins HHS from the State of New York where she served as the Deputy Director of Faith-Based Initiatives for the Governor's Office of Faith and Community Development Services. Here she identified opportunities for the State of NY and HCR to elevate strengths and identify new opportunities to build relationships with the faith-based community. She also conceptualized and was instrumental in forming the faith-based office in the Office of the Mayor of New York City. She has brought together several roundtables and interfaith coalitions to create and implement strategic plans to tackle NY's most problematic issues.

She is the Founder and past President of Not On My Watch, an organization formed to combat human trafficking and domestic violence through education, training and community and policy advocacy. Named 1 of 25 Most Influential Women in the

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Bronx, Dr. English brings to HHS a wealth of knowledge in working with the criminal justice system, substance abuse issues, health and mental health, human trafficking, domestic violence, HIV/AIDS, civil rights and more. She received her masters and doctorate degrees from New York Theological Seminary where she was the recipient of the Excellence in Ministry Award, the highest award given to a graduating doctoral student.



DR. PANAGIA GALIATSATOS is a pulmonary and critical care medicine physician. He is an expert in the diagnosis and treatment of obstructive lung disease, tobacco cessation, and in the care of critically ill patients in the Medical ICU. He is a member of the Obstructive Lung Disease Group at Johns Hopkins, oversees the Tobacco Treatment Clinic and provides teaching to medical students and residents at Johns Hopkins. Co-Chair, JHHS Health Equity, Office of Diversity, Inclusion, & Health Equity.



FERESHTEH GANJAVI, founder and executive director of Elena's Light, is a former refugee from Afghanistan. Fereshteh had the goal of empowering refugees in Connecticut, and she holds a degree in Public Health and Business Administration.



MINHA GHANI, is a research assistant with The Family and Youth Institute. She graduated from The University of Texas at Austin with a Bachelor's degree in Psychology. Minha is passionate about mentorship, youth development, and creating a stronger community. Minha is currently working on The FYI's iBelong project aiming to create a sense of belonging for youth in American Mosques.



JULIANE HAMMER, PhD is the keynote speaker for this year's conference. She is an Associate Professor at the University of South Carolina Chapel Hill in the Department of Religious Studies. Her research interests include gender and sexuality in Muslim communities and societies; American Muslim communities, focus on race and gender; Intersectional studies of American religious communities; feminist studies in religion, Islamic and Muslim feminisms; activism as religious practice in Muslim contexts; theory and method in the study of Islam; Sufism and food; modern and contemporary Muslim approaches to the Qur'an; and gender, marriage, and sexuality in religions.



AMBER HAQUE is currently the National Coordinator for Muslim Family Services, ICNA Relief USA. He was a professor of psychology in Qatar, UAE, and Malaysia for over 25 years and worked as a psychologist in Michigan for more than 12 years. His research interests are mental health and Islamic Psychology, in which he has numerous publications at the international level. His selected publications are available from: https://dohainstitute.academia.edu/AmberHaque

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DANIEL HALE, Ph.D., special advisor to the president and director of the Healthy Community Partnership, joined Johns Hopkins Bayview Medical Center in 2011. He was principal investigator on a Weinberg Foundation grant that established a hospital-based program to provide caregivers with appropriate information, training, support, and linkages to hospital and community resources. With Dr. Bennett, he co-authored the book, Building Healthy Communities through Medical-Religious Partnerships.



ADNAN HAMMAD, Ph.D., president and CEO at Global Health Research, Management & Solutions, LLC near Detroit. Dr. Hammad is an adjunct professor in the department of family medicine and public health sciences at Wayne State School of Medicine. He also is an adjunct professor and consultant for the School of Medicine and School of Public Health at Michigan State University.



JULIANE HAMMER is associate professor of religious studies and Kenan Rifai Scholar of Islamic Studies at the University of North Carolina at Chapel Hill. She specializes in the study of gender and sexuality in Muslim societies and communities, race and gender in US Muslim communities, as well as contemporary Muslim thought, activism, and practice, and Sufism.



HANAN HASHEM, Ph.D. is a Researcher and Community Educator at The Family and Youth Institute. Hanan is a PhD Candidate in Counseling Psychology at The University of Texas, completing her clinical work at the Center for Multicultural Training for Psychologists at the Boston Medical Center. Hanan's research, clinical, community work focus on contextual factors that influence American Muslim youth development. Hanan also serves as an educator and mental health consultant for varying institutions.



PROF. DR. SITI AISHAH HASSAN has become a lecturer in the Department of Counselor Education and Counseling Psychology, Faculty of Educational Studies, UPM since 2006. She is actively involved in various research projects, especially those related to Marital, Couple and Family Counseling. She also lead research on counseling supervision and post-traumatic stress disorder among flood victims. She has been consistently research on practice of Islamic psycho-spiritual approaches, a unique approach for Muslim clients.

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NUHAA HOLLAND, Hons Psychology. Research assistant and currently completing MA Research Psychology.



DR. OMAR HUSAIN is an Assistant Professor at Seattle University. He is a Licensed Professional Counselor Associate (Supervised by Michael Moyer), a Licensed Chemical Dependency Counselor. He also graduated from Al-Azhar University with a degree in Islamic studies and Arabic. His knowledge of the Islamic and social sciences makes him uniquely equipped to address contemporary issues facing the Muslim community.



MAHNOOR HYAT is a senior at Stanford studying Psychology and Economics. She aspires to become a clinical psychologist with a focus on providing culturally relevant care to underserved communities and is completing an honors thesis on a related topic. She is currently co-leading a research and advocacy project on Muslim student mental health and also works at a peer counseling center.



UZMA ILYAS is a Senior Lecturer in the Department of Psychology at the University of Central Punjab, Lahore Pakistan. Her research interests: Binge watching, Marginalized population, Executive functioning, Trauma Management, Women's Health, 3rd Wave Psychotherapies and Cultural Adaptation, Dialectical Behavior Therapy.



DR FURQAN B. IRFAN has MBBS, PhD, MBA background, currently working as Assistant Professor and Director of Research Development at the College of Osteopathic Medicine, Michigan State University. He has broad ranging experience in research, teaching, and academic health system development. At Michigan State University, he is the course director for Evidence-based Medicine course that is delivered to over 300 medical students each year. His research overlaps epidemiology, population and global health, data science/machine learning; and covers a broad spectrum of chronic diseases including cardiovascular diseases and cancer.

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YASMIN IRFANI is an instructor for Adult and Youth Mental Health First Aid with American Muslim Health Professionals. She is also the Youth Programs Director at National Alliance on Mental Illness-San Fernando Valley (NAMI-SFV). Yasmin received her M.S in Counseling, with an emphasis in College Counseling and Student Services from California State University, Northridge (CSUN) in 2019. In the past couple of years, she has helped over 1,500 adults become certified in Mental Health First Aid and QPR trainings, both as an instructor and coordinator. Her mission is to help our Muslim community feel less alone in their mental health challenges, by creating safe and courageous spaces to be vulnerable.



TRACI ISHIGO is a therapist, trauma-informed yoga and meditation teacher, and creative organizer. As a Buddhist, queer, politicized Japanese American, survivor and Associate Clinical Social Worker (ASW), traci is committed to deepening the sense of interconnectedness in healing and living with dignity.



DR. FARAH ISLAM explores mental health at the intersections of migration and racialization and orients work around breaking down the barriers of mental health stigma. She is a Senior Fellow at Yaqeen Institute and has taught courses in Muslim mental health at the University of Toronto, Islamic Online University, and the Islamic Institute of Toronto. She serves on the expert advisory committee for the Muslim women's shelter, Nisa Homes and is in the Scholar of Islamic Sciences program at Mathabah Institute.



PROF. DR. ISMI ARIF ISMAIL, Director, Institute for Social Science Studies, UPM since 1 Mac 2020. He is an expert in extension and continuing education. Copresenter 3: Assoc. Prof. Dr. Hanina Halimastussaadiah Hamsan, Deputy Dean, Research and Innovation, Faculty of Human Ecology, Universiti Putra Malaysia.



DR. JAMES EDWARDS JONES is Executive VP and Professor at The Islamic Seminary of America (TISA) and Professor Emeritus of World Religions and African Studies at Manhattanville College. He has a DMin from Hartford International University and a MA in Religion from Yale Divinity School. He is President of the Malik Human Services Institute, a marriage counselor for more than three decades, a prison chaplain since 1980 and a member of the Association of Professional Chaplains.

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YUSUF JONES attended the University of Illinois and later Howard University. He has been engaged in various initiatives to encourage and strengthen paternal/parental engagement. He served on the boards of RashidunDC and the Muslim Wellness Foundation and presented at the Black Muslim Psychology Conference. He is a trained Mental Health First Aid Advocate, facilitates healing circles and other strategies to promote wellness and reduce stigma associated with mental illness American, Muslim and Black communities.



JORDAN JAMIL AHMED (they/them) is a queer, Muslim, South Asian community organizer, artist, and educator. In their role as Organizing Director at Muslim Justice League, they serve as the membership coordinator, lead education and youth justice initiatives, and organize with local communities who are directly impacted by the national security surveillance state, criminalization, and discrimination. They believe that by challenging the injustices of state violence and surveillance, celebrating difference, and cultivating joy as resistance, we can fight for our collective liberation.



ENGKU MARDIAH ENGKU KAMARUDIN is a senior lecturer with prior experience as a counselor in health settings, where she assisted adults and children with mental health and multiple psychological issues. She is expertise in the planning, intervention, and client development, training, and supervision of the direct service client with expertise in substance abuse counseling.



HOOMAN KESHAVARZI is licensed as a psychotherapist in the state of Illinois, he holds a Doctorate of Clinical Psychology, a Masters of Clinical Psychology and a Bachelors of Science – specialist psychology track/minor in Islamic Studies. He is currently a visiting scholar for Ibn Haldun University (Istanbul, Turkey), Adjunct Professor at American Islamic College, Hartford Seminary, instructor of psychology at Islamic Online University and founding director of Khalil Center – the first Islamically oriented professional community mental wellness center and largest provider of Muslim mental healthcare in the US.

AMNA KARIM KHAN, Bachelors in Clinical Psychology., Pakistan



FAHAD KHAN, MS, MA, PSYD has a doctoral degree in Clinical Psychology and holds two Masters degrees, one in Clinical Psychology and the other in Biomedical Sciences. He is also a Hafiz of the Qur'an and has studied Islamic Studies with various scholars in the Muslim world and the U.S. Dr. Khan has conducted his doctoral research studies on help-seeking attitudes of Muslim Americans as well as the effects of Acculturation & Religiosity on Psychological Distress. The focus of his clinical training has been with children and adolescents suffering from serious mental illnesses and he has had a broad range of experiences dealing with individuals from all age groups and cultural backgrounds.

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HUMERA MISHAL KHAN attended Kinnaird College for Women, Lahore from the year 2016 to the year 2020, where she got her Bachelor's degree in Applied Psychology and developed a fortunate interest in the respective field. Currently, she is doing her MS in Clinical Psychology from Kinnaird College for Women, Lahore. She has experience in individual therapy sessions in Outpatient and inpatient settings. She has experience pf preparing case reports for educational purposes and participating in academic discussions. She is acquainted with the basics of psychometric evaluation, counseling, and psychotherapy of patients suffering from a vast variety of disorders including Depression, Anxiety, OCD, etc. She has experience running Group Therapy and Occupational Therapy Sessions with good feedback.



SHAHD FULATH KHAN is an MSc student in the Couple and Family therapy department at the University of Guelph. She completed her undergraduate degree in Psychology and Neuroscience at the University of Toronto. Through her research, she is interested in exploring Islamic-based understandings of psychology and mental health.



SHAMAILA KHAN, PH.D. is a licensed Clinical Psychologist and an Assistant Professor at the Boston University School of Medicine- Boston Medical Center. She is additionally the Training Director of the Center for Multicultural Training in Psychology, and the Director for the Center for Multicultural Mental Health at BU School of Medicine/BMC. Aligned with these positions, Dr. Khan's expertise is in diversity, multiculturalism, and identity formulation, as well as individual, community-based, and immigration and postcolonial trauma.



ZARA KHAN is a senior at the University of Texas at Austin studying Biology with minors in Health Communications and Psychology. She is a research intern at The Family and Youth Institute. She has a strong interest in the physical and mental health outcomes of American Muslims and hopes to eventually have a specialized career in healthcare healing youth and adolescents.



AMAL KILLAWAI is a clinical social worker, researcher, and community educator. She serves as a research fellow with the Family & Youth Institute and scholar with the Institute for Social Policy & Understanding. Amal holds a Bachelors in Psychology, Masters in Social Work, and a Certificate in Sexual Health from the University of Michigan. She is currently pursuing her PhD in Social Work at Rutgers University. Amal has a special interest in community-based participatory research and the provision of culturally competent care.

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TAIMUR KOUSER graduated from Harvard University with a joint Bachelor's degree in Neuroscience and Philosophy and from Duke University with a Master's degree in Bioethics & Science Policy. He has been a researcher at the Stanford Muslim Mental Health & Islamic Psychology Lab for nearly two years now and is currently the team lead for the Addiction team.



RABIA LATIF is a neuro psychologist with extensive medical background. She donates 100% of her time to serve those in need free of charge. She also started a charitable and low-cost organization iAMERICA to provide quality medical, substance abuse, behavioral and mental health services to underprivileged. In 5 years iAMERICA has served over 300,000 individuals out of 5 offices focusing on bilingual and low-socioeconomic backgrounds.



LIANY LUZVINDA is a lecturer and researcher at the State Islamic University in Jakarta, Indonesia, the country with the largest Muslim population in the world, with the latest education degree as a master of science in psychology.



ZAINAL MADON is currently an Associate Professor at the Department of Human Development and Family Studies, Faculty of Human Ecology, Universiti Putra Malaysia. He led 25 research projects concentrating on various themes which include child and adolescent development, parenting, at risk children, impact studies on intervention/training, and at-risk family. Now, he is a lead consultant for training child care teacher under PERMATA program, a national program for childcare and early childhood education.



DR. FAYEZ MAHAMID is an associate professor in clinical mental health ounseling. He is currently lecturing at An- Najah National University in undergraduate and graduate mental health programs. Dr. Mahamid supervised several projects in the fields of mental health, group therapy, trauma intervention and psycho-social rehabilitation in Palestine, and he served as a head of Psychology Department and vice dean of the Graduate School of Human Sciences at An-Najah University. His research is focused on investigating throughout mixed-methods research designs domains and dimensions of well-being in war-affected populations, therapeutic intervention, trauma intervention, mental health, internet addiction, clinical supervisor, and school counseling.



VENUS MAHMOODI, PhD is an Assistant Professor of Medical Psychology in the Women's Program at Columbia University Medical Center, where she provides clinical care to women across the reproductive lifespan and supervises psychology and psychiatry trainees. As an Adjunct Assistant Professor of Psychology at Teachers College, Columbia University, she teaches courses on psychotherapy and women's mental health. Her clinical practice and research focuses on perinatal mental health, fertility, and loss in Muslim women.

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HALA MALLAH is a Health Educator with the Access Substance Abuse Program (ASAP) Community Coalition. She graduated from Wayne State University with her Master's in Social Work. Hala is experienced in supporting individuals, strengthening communities, and is focused on empowering others through education.



NOR MALINA MANAN is a professor in the Department of Paediatric Dentistry & Orthodontics and Faculty of Dentistry at Universiti Malaya.



RAHEEL I. MEMON, MD is currently a child and adolescent psychiatry fellow at Baylor College of Medicine. His professional interests include neurodevelopmental disorders, specifically autism spectrum disorder; early psychosis and mood disorder investigation; interventional psychiatry; and the impact of substances and trauma during childhood. After completion of his child and adolescent psychiatry fellowship, he plans to remain in academia while volunteering to help meet the needs of underserved communities.



HEBA METWALLY is a researcher, Former Supervisor of the Book Translation Department at the State Information Service, Presidency of the Egyptian Republic, where she worked from 1997 till 2019. Ms. Metwally is a PhD. holder of Journalism from the Faculty of Mass Communication at Cairo University. Metwally has obtained a B.A. in English literature at Ain Shams University in 1996, a two-years-Diploma in Journalism in the Faculty of Mass Communication at Cairo University in 2001, and a M.A. in Journalism & Mass Communication at the American University in Cairo in 2007. Ms. Metwally has attended many academic media conferences. Her research interests include media and journalism, role of media in shaping perceptions, anthropology and visual anthropology, and public health communication.



MONA MIDANI is a senior at Palo Alto University studying Psychology and Social Action. She also holds a diploma in Professional Counselling and a certificate in Family and Youth Support Work. She is the lab manager and a researcher at the Stanford Muslim Mental Health & Islamic Psychology Lab. Mona is also a founding board member of Maristan, an organization dedicated to providing mental health care, educational resources and trainings to the Muslim community.



ALAA MOHAMMAD SHAREEF holds a B.A. in Psychology from the University of Wisconsin-Milwaukee, as well as Certificates in Childhood & Adolescence Studies and Cultures & Communities Studies. She has also received formal training for Quranic exegesis skills at Al Qasid Institute in Amman, Jordan. Alaa currently conducts research with The Family and Youth Institute on the history of Muslim mental health.

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SARAH HUXTABLE MOHR, MSW, was born and raised in the SF Bay Area, she has a passion for serving her community. She has a BA in Religion from Dominican University (2003), a Masters in Social Work from California State University, East Bay (2017) and a Masters in Religion and Psychology from the Graduate Theological Union with a Certificate in Islamic Studies (2009) She is committed to the field of positive psychology, focusing on solutions for all people and the planet for health and happiness.



DR. SHEEZA MOHSIN is the CEO & Executive Director of The Muslim Community Center for Human Services, a non-profit organization that started 25 years ago to support Bosnian Refugees and Immigrants in the Area. She has a PhD from Texas Women's University. She is a relationship expert focusing on Multicultural Couples and Families. With a passion for Mental Health Awareness & Education as well as for Leadership Development, she is sought out as a Public Speaker and Consultant by Organizations and Educational Institutions to train and educate on various topics. Her book Behind Closed Doors focuses on the relationship challenges for South Asian Families in America. For more information please visit sheezamohsin.com and www.mcc-hs.org



HANIA MOURTADA, MA, MS is a first-year PhD student at Teachers College, Columbia University. She is a member of the Global Mental Health lab, where her research focuses on capacity building and dissemination of Interpersonal Psychotherapy in low resource countries. Clinically, Hania has an interest in working with children and trauma. Prior to her work in clinical psychology, Hania worked as a journalist.



DR. NABIHA BATOOL MUSAVI is an internationally trained physician from Pakistan. She has completed her graduate studies in Medical Sciences from Queen's University, Canada. She is passionate about health advocacy and improving primary health care for the marginalized populations. She has contributed towards two systematic reviews on Maternal and Child health and her research interests include Global Health, Mental Health and Geriatrics.

ANEESAH NADIR, M.S.W., PH.D., is a retired ASU Social Work professor and a Social Worker for over 40 years. As the owner of Dr. Aneesah Nadir & Associates LLC, she provides diversity training and education, program development and premarital education programs. Dr. Nadir serves as the President and a cofounder of the Islamic Social Services Association-USA (ISSA-USA), a pioneer in mental health education and advocacy. She is the author of the newly released book, "Before The Nikah".

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ZARINAH NADIR, J.D., is a licensed attorney, and a community organizer in Arizona. Zarinah graduated from Arizona State University Suma Cum Laude with a Bachelor's in Spanish and with High Pro Bono Distinction with her Juris Doctor. Currently, her practice focuses on access to justice for civil rights and justice within the home. She serves on the board of the Islamic Social Services Association, USA and AZ's Muslim Police Advisory board. She is the Vice President of the Before the Nikah Institute and the author of the newly released Amazon Best Seller, "Legally Savvy".



DAHIR NASSER, Based in Sacramento, CA, is a Public Policy Leader. He is a Health Program Specialist at the State of California Department of Public Health - Office of Health Equity. April 2017 at the March for Science, held at the California State Capitol in Sacramento, he was one of three young scientists who delivered speeches challenging the crowd on the inextricable link between science and politics, and urging them to action. He currently serves as the Millennial Director for the NAACP and ISSA-USA's Children of Adam Project Chair. He graduated in Psychology and Public Health.



DR DHARATUN NISSA is a senior lecturer at the Department of Counselor Education and Counseling Psychology, University Putra Malaysia. She is an expert in marital and family counseling.

MOHD HAMDAN MOHAMED NORDIN is a Ph.D student in field youth studies at Institute for Social Science Studies, Universiti Putra Malaysia. His research with title Dyadic Discernment Scale among youth in Marital Conflict.

MAHDI QASQAS is a Psychologist (BA, BPA, MACP) and researcher (PhD in Social Work) with over 20 years and 15,000 service hours as a volunteer Khateeb and community leader. Drawing on his expertise in Muslim mental health, he mentors and trains current/future mental health practitioners (e.g. practicum students, Imams, community activists, volunteer leaders) using his Islamically Integrated practice and ethical framework (a by-product of his trademarked Psycho-Spiritual First Aid™ consultation model).



YASMEEN QUADRI is a senior Eminence Fellow and Stamps Scholar at The Ohio State University studying Neuroscience. Yasmeen joined the Muslims and Mental Health Lab at Stanford University in 2021, where she works on the Suicide line of research. During her time at Ohio State, she helped to build The SOAR Initiative, a non-profit designed to improve accessibility to Harm Reduction tools for the Opioid Epidemic. Yasmeen hopes to attend Medical School after graduation.

HAMIDI ABDUL RAHMAN is the President of PISANG, a not-for-profit organisation in the UK with emphasis on research for the treatment of jinn possession. He has an MSc in Psychotherapy Studies from the University of Sheffield and is currently pursuing his PhD at the Institute of the Malay World and Civilization, Universiti Kebangsaan Malaysia for the development of a scale for jinn possession. He has published several papers on jinn possession.

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DR. AHMAD AIZUDDIN Md RAMI, Senior Lecturer from Department of Professional Development and Continuing Education, Faculty of Educational Studies, UPM. He is actively involved in research and consultancy works in the field of leadership, extension education, HRD and community development. He currently associate member and The Head of Cluster Education and Training Malaysian Islamic Welfare Organization (PERKIM Terengganu).
LATIF RASHEED Licensed Psychotherapist EMDR, TFT-dx, Medical Qi-Gong, VKD, TIR, and Educational Kinesiology (Brain Gym). Latif was also certified as a Work-place Stress Prevention Facilitator by Yale University's School of Medicine in Sept. 2006 and was later certified as a mediator in in the same year by a Bethesda Maryland based community organization (Mediation Matters).
DR. FAZILAH RAZALI received a Ph.D. in Curriculum and Instruction from Universiti Putra Malaysia and is currently a Senior Lecturer at Faculty Educational Studies, Universiti Putra Malaysia. Her research interests focus on Curriculum, Pedagogy, STEM Education, Biology, and Math Education and current projects include a project leader for university grants and members with international and national grants. She actively participates in the Innovation Competition and the gold and silver medal to an international and national level. She has experienced being a judger for Innovation competitions on the International and National levels.
HASSAN RUH holds a bachelor of honours degree in Psychology from Carleton University. He is currently working at the Ottawa Hospital Research Institute in the Centre for Journalology, where he is examining the state of open science in academic institutions. Hassan hopes to pursue a career as a scientist-practitioner. His primary research interests include mental health, meta-research, knowledge synthesis, and health services and policy research.
DR. SUNDAS SABOOR is a medical graduate from Khyber Medical College, Pakistan and is pursuing Master's in Public Health (MPH) from Harvard T.H. Chan School of Public Health, MA, USA in Social and Behavioral Sciences. She has built her career by volunteering in different clinical and hospital setups in Pakistan, USA, and Canada. She also has the good fortune to volunteer with different non-profit organizations to serve the underprivileged communities in Pakistan and Canada.
JOSHUA SALAAM has strong roots in the American Muslim community. He started attending national Muslim youth camps at the age of 12 and continued as a participant, counselor and speaker for over 30 years. Joshua entered the U.S. Air Force in 1995 and served as a Police officer for four years. He was a key contributor in establishing Friday prayer services on base for Muslim military members and went on to serve as an Imam in Goldsboro, NC for several years. He holds a Master's degree in Religious Studies with a focus in Christian/Muslim relations and a Doctor of Ministry from Hartford Seminary. He is currently Islamic Chaplain at Duke University, North Carolina.

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ALIA SALEM is the Founder and Executive Director of Facing Abuse in Community Environments (FACE). Her professional background is in communications, organizational development, and community organizing. Alia has been serving Muslim and other marginalized communities at the local, state, and national level for the past 17 years and is also a co-founder of Action for Palestine (AFP). She is a proud Roddenberry Fellow Alumna and a Dallas Public Voices Fellow with the OpEd Project. She is a published writer and public speaker and her work has been featured on most major media outlets globally. She is a graduate of UT Arlington with a degree in Interdisciplinary Studies with her three focuses of study being in Communications, Sociology and Religion/Culture.



MARIAM SALIE, MA in clinical psychology and community counselling. Lecturer / Academic at Stellenbosch University and Clinical Psychologist in part-time private practice. PHD candidate. Lecturing undergraduate and postgraduate levels, including clinical and research supervision.



WALEED SAMI is a third-year doctoral student at Virginia Commonwealth University's Counselor Education program. His past clinical experiences involve acute care settings, locked residential facilities, group homes, and correctional settings for adolescents and their families. He is interested in looking at how inequality and the political economy impact mental health. He also is developing novel interventions through Rough and Tumble Play theory to help manage aggression in adolescents and children. Lastly, he is interested in improving mental health professionals' ability to work with Muslim-American clients within counseling.



RACHEL SCHAFFER, Director of Health and Wellness at Elena's Light, is majoring in Social Work at Southern Connecticut State University. She manages and oversees the health classes, and is the research coordinator on our Child Summer Wellness program.



SAMUEL SHAREEF is the Chief Economic Development Officer for Muslim Life Planning Institute. He along with MLPI executive team members Karim Ali and Linda Howard are creators as well as executive producers of Profound Conversations. Samuel is a Radio, Television, and Film management graduate of the William Allen White School of Journalism. He is also a graduate of the University of Kansas Business School. His post-graduate work includes completing the Leadership and Management Initiative for Community-Based Development, "The Development Training Institute, Inc.," Baltimore, Maryland.

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NASREEN S. SHAH, PhD, is a Clinical Psychologist and co-founder of Shah Psychological Services, PLLC. Dr. Shah's approach to treatment incorporates research on identity work with Acceptance and Commitment Therapy, serving adult, out-patient populations in Eastern Washington. Dr. Shah is also an instructor at Eastern Washington University teaching courses in Psychology, including Muslim Mental Health.



ZAIN SHAMOON, Ph.D., completed his PhD in Human Development and Family Studies in Fall 2017 at Michigan State University. He is also a Marriage and Family Therapist (MFT), serving clients with a range of presenting problems. In March 2015, he helped launch the Narratives of Pain project, which is an community storytelling project based in Metro Detroit, and now Seattle. Currently, Zain is a professor of Couple and Family Therapy at Antioch University Seattle.



DR. AISHA SITWAT is working as an Assistant Professor at Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan.



LINA SAUD is a sixth-year graduate student studying social psychology at Rutgers University-New Brunswick. She recently defended her dissertation titled "Differentiating Dominant and Minority Group Responses to Ingroup Transgressions: A Cross-Status Collective Guilt Model." Outside of her dissertation research, Lina's graduate work examined the structure of stereotypes of Muslims in America, memory biases regarding Muslims motivated by perceptions of conflict, and ideological motivations for prejudice among dominant group members. She can be reached at lhs43@scarletmail.rutgers.edu.



ZAINAB SUARA is a psychology intern at Vanderbilt University Counseling Center, and a PsyD candidate at the University of Hartford. Additionally, she earned her BS in Biology from Howard University, her MSPH from Meharry Medical College and her MA in Clinical Practices in Psychology from the University of Hartford. Zainab's interests include health psychology, specifically mental health disparities, working with individuals who have suffered trauma as well as providing culturally competent mental health services.

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DR. JAVEED SUKHERA is the Chair of Psychiatry at the Institute of Living and Chief of the Department of Psychiatry at Hartford Hospital in Hartford, Connecticut. He has academic affiliations with the University of Connecticut and Yale University. He graduated from the University of Toronto and Ben-Gurion University and completed his residency and child/adolescent fellowship training at the University of Rochester in Rochester, New York. He completed his PhD in Health Professions Education from Maastricht University. His research program explores novel approaches to addressing stigma and bias among health professionals and he has also been involved in advocacy and cross-sectoral work in education, policing, and community services.



KAMAL SULEIMAN is an undergraduate student at The University of Pennsylvania, and a research assistant at the Stanford Muslim Mental Health Lab under Dr. Rania Awaad, and at UPenn's ARCH Lab under Dr. Rinad Beidas.



SYUKMA KHOIRUN NISA is a lecturer and researcher at the State Islamic University in Jakarta, Indonesia, the country with the largest Muslim population in the world, with the latest education degree as a master of science in psychology.



MADIHA TAHSEEN, PH.D., is a Research Manager, a Community Educator and the Research Translation Manager at The Family and Youth Institute. She holds a Ph.D. in Applied Developmental Psychology from the University of Maryland, Baltimore County (UMBC). Dr. Tahseen's research interests include identity development, parenting, acculturation, and risk and protective factors of Muslim adolescents' healthy development. She has presented her research in both academic and community settings. She has been a community organizer for more than a decade serving the American Muslim community in varying capacities.



TAQWA TOFAHA is a third-year student at the University of California, Berkeley's College of Letters and Sciences, where she is pursuing a degree in Integrative Human Biology. Upon completion of her undergraduate studies, she intends to apply to medical school and progress towards a career as an advocate for disadvantaged, underrepresented populations.

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DR. OSMAN UMARJI received his Ph.D. in Educational Psychology from UC Irvine. He has studied Islam at al-Azhar University in Cairo, Egypt. He is the Director of Survey Research and Evaluation at Yaqeen Institute. His research interests include the development of human motivation, religious socialization, spirituality, and Islamic legal theory. Dr. Umarji is an Adjunct Professor in the School of Education at UC Irvine. His expertise in both psychological and Islamic sciences allows him to conduct empirical research on contemporary issues facing Muslims.



PREETHI VARGHESE-JOSEPH, MBBS, MPH holds medical and public health degrees that are complemented by having lived, studied, and worked abroad in the Sultanate of Oman and India for more than twenty-five years. This has inspired in her a special interest in working with populations from different cultures in the New Haven area and beyond. Preethi is Assistant Director in the Interprofessional Advising Office and an adjunct faculty member of the College of Health and Human Services at Southern Connecticut State University.

YAZAN ZAHZAH is the Community Organizer at Vigilant Love, a healing justice organization currently leading the #ServicesNotSurveillance campaign. Dedicated to abolishing national security in mental health, #SNS empowers and mobilizes service providers across the US to challenge the omnipresence of DHS in mental health wellness. Yazan is a community-based researcher and organizer from Southern California, currently working as a lecturer for the California State University system. Yazan's research examines the relationship between war, migration, surveillance, and social welfare programming.



HADIA ZARZOUR is a Licensed Clinical Professional Counselor who came to the US in 2009 on a Fulbright Scholarship to pursue her Masters in Community Counseling at Loyola University. Since then, she has been working with refugees, immigrants and the underserved from all parts of the globe. She is certified in Global Refugee Trauma from Harvard University.



MUHAMMAD ZESHAN, MD, is a Psychiatrist and Assistant Professor of Psychiatry at Rutgers New Jersey Medical School (NJMS). Dr. Zeshan is an international medical graduate (IMG) from Pakistan. He completed his psychiatry residency training from Mount Sinai Bronx-Care Hospital, followed by a child psychiatry fellowship at Harvard Medical School-Boston Children's Hospital. In addition, he completed a two-year Infant-Parent-Mental Health (IPMH) Fellowship at UMass Boston, and Newborn Behavioral Observation Training at Brazelton Institute in Boston, MA. Dr. Zeshan has published two book chapters and 13 peer reviewed articles.



TAREK ZIDAN, PH.D., is an Assistant Professor of the Indiana University School of Social Work (IUSSW) in South Bend (IUSB). His research interests include Arab Americans' attitudes toward persons with developmental disabilities, Muslim Americans' mental health and well-being. He received his BSW from the Higher Institute of Social Work in Aswan, Egypt, MSW from the Brown School of Social Work at Washington University in St. Louis, MO., and PhD. in Social Work from Howard University in Washington, D.C. He teaches research methods and practice evaluation in the BSW and MSW programs at IUSSW.

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