

AGOGE NEW IDENTITY TEMPLATE

May 2024

Power Phrases (2-3)

- I am Haashir Shams and i get the work done
- I am Haashir Shams and I refuse to be a coward
- I am Haashir Shams and i'm not like the rest i keep going and excelling

Core Values (2-3)

- Righteousness
- Bravery
- Humility

Daily Non-Negotiables (2-3)

- Daily checklist
- Train or the gym
- G Work Sessions done with maximum output and less thinking

Goals Achieved

- A Disciplined Life Structure
- At least/minimum £3000
- Having a full day schedule with no time to slack

Rewards Earned

- A new setup/workspace for working
- Not having to work a part time job at all
- People take me seriously.

Appearance And How Others Perceive Him

- Be More physically built
- Can confidently approach anyone and have a serious conversation
- Able to complete tasks quickly with no delay
- Well dressed

Day In The Life

Make it as vivid as possible. What does he FEEL like as he goes through each part of his day? Add images vision board style. Use the first person and present tense, i.e. "I walk through the streets..."

- An hour before sunrise I wake up and get out of bed immediately, a glass of water and perform Tahajjud (Night prayer) followed by the first prayer of the day (Fajr). I start my day already in obedience to my lord and had the best start possible.
- After prayers and some recitation of The Holy Quran i do 100 pushups and drink more water to get the blood flowing and start the day hydrated and energized like i've already been up for 5 hours
- Followed by a quick shower to get fresh then straight to work on client work with my aim to maximize his/hers (client) revenue and profile to make sure we are both winning. AND BOOM ive started the day the best possible way the morning routine is perfect meanwhile everyone else is still sluggish and struggling to keep their eyes open.

- After a good solid work session I will pray the next prayer which is the Zuhur Prayer thanking God for all the blessings he has given me. From this I will either head to uni or to the gym and ensure I'm wasting no time whilst traveling to uni and the gym while gaining valuable content and value from TRW.
- Once I come back from the gym I will eat a healthy and nutritious meal filled with the best nutrients to continue conquering my day, and again straight back to work continuing the grind for my clients and getting them the best possible results.
- At the end of the day i will go to the mosque and pray the final prayer of the day Isha thanking God for the privilege of life and the blessings he showers on me
- Once I get home I will review and analyze my day seeing where I did well and look for improvements. From this I will plan out the next day with a packed full day schedule and a day of more conquering.
- Once in bed I get a good 8 hours of sleep which is vital to recharge and re-energize my brain and body for the next busy day!!

