Ivy, from Worthing, West Sussex, England's question:

"Is it ever right to aim to be arrested to raise awareness of the climate crisis or does this risk feeding into the 'bragging rights' culture that permeates some green protest movements, and does that culture detract from what could be a valid message?"

Mary, from Gorse Hill, Swindon, Wiltshire, England:

"What do you think about the issue of when we discuss with people about the climate crisis, and they agree we need to do something, yet they still book a flight and go on holiday, and not change anything. Do we keep saying the same message, that could get boring and cause arguments, or vary it?

Do we change our message and explore the common ground and build from there? Do we ask them what their barriers are to making personal changes when its agrees we need to do something? Or is there something else we should put in the mix?

Also within family conversations, environmentalists seem to be perceived as bullying and evangelical, so how do we keep these conversations happening, so they are more inclusive and exploratory?

Surely there's a way of talking about this stuff within families without arguing and perpetuating the Us and Them baseline?"