



Beginning & Advanced Weightlifting Fee

Fee for Curricular Activity
2022-2023 School Year

Curricular activity means an activity, course, or program that is provided, sponsored, or supported by the school; and conducted only during school hours.

Fee and Spend Plan

Fee	Spend Plan Specific delineation of what this fee covers
\$28	<ul style="list-style-type: none">- PE Uniform (shirt/short) - \$18 per student- Purchasing Replacement Equipment: Barbells/dumbbells, Weight Benches, Med Balls, Resistance Bands, Jumping Ropes, Weight Plates, Squat Racks, Chains, Foam Rollers, Exercise Mats, etc. <p>We plan on buying approximately each of the following each semester:</p> <ul style="list-style-type: none">- 4-6 medicine balls- 2-6 dumbbells- 2-6 resistance bands- 2-4 exercise mats- 2-4 weight plates- 1-2 foam roller- 2-6 jump ropes- ETC.