

Core Hoops Training

Coach Tracey Bloodworth-Martindale

Former NCAA Division I & II Coach | Over 20 Years Collegiate Head Coaching Experience

INDIVIDUAL DEVELOPMENT (1 Player)

60 Minute Session

Single Session – \$70

5 Session Package – \$300 (\$60/session)

- ★ Position-specific development without limits
- ★ Shooting, passing, & ball-handling mechanics
- ★ Footwork refinement
- ★ IQ training
- ★ Tailored workout to your needs and preferences

Family Pricing:

Child 1 – \$70 per session

Child 2 – \$60 per session

Child 3 – \$60 per session