

## Cataract Surgery vs Glasses: Which Is Right for You?



When your vision becomes cloudy or blurry due to cataracts, you may wonder if updating your glasses or trying a laser procedure is enough—or if surgery is the only real solution.

At Vance Thompson Vision in Northern Colorado, we often hear questions like, “Can I just keep changing my prescription?” or “Should I consider LASIK instead of cataract surgery?”

This article compares cataract surgery with glasses and laser vision correction to help you understand your options and choose the path that’s right for your long-term vision health.

### Glasses: A Temporary Fix

Glasses are often the first line of defense when your vision starts to decline. For early cataracts, a new prescription may improve clarity for a time. But as cataracts progress, glasses become less effective.

When Glasses Might Help:

- Early-stage cataracts with mild symptoms

- Situational blurry vision or eye strain

When Glasses Stop Helping:

- Frequent changes in prescription
- Glare, halos, or dim vision remain despite correction
- Trouble with night driving or reading fine print

If your quality of life is declining even with updated glasses, it may be time to explore surgery.

## What About Laser Vision Correction (Like LASIK)?

Laser vision correction reshapes the cornea to improve how light enters the eye. LASIK is ideal for patients with nearsightedness, farsightedness, or astigmatism—but it does *not* treat cataracts.

Why LASIK Doesn't Work for Cataracts:

- Cataracts affect the *lens*, not the cornea
- LASIK cannot remove or reverse a cloudy lens

In fact, LASIK is generally not recommended for patients over 60 with cataracts or age-related lens changes. Cataract surgery is more effective and addresses the root cause of the vision problem.

## Cataract Surgery: A Long-Term Solution

Cataract surgery is the only way to remove cataracts and restore clear vision. It also offers the opportunity to reduce or eliminate your dependence on glasses—sometimes permanently.

What Makes It Different:

- Removes the clouded natural lens
- Replaces it with a clear intraocular lens (IOL)
- Can correct distance, near, and astigmatism depending on the lens chosen

Cataract surgery is safe, quick, and often life-changing for patients 60 and older.

## Comparing Your Options

Feature	Glasses	LASIK	Cataract Surgery
Treats root cause?	No	No	Yes
Long-term solution	No	For some	Yes
Good for over age 60	Sometimes	Rarely	Yes

Fixes cloudy vision	No	No	Yes
Reduces glasses need	No	Sometime s	Often

## Customized Vision Correction at Vance Thompson Vision

At our Northern Colorado location, we help you choose the path that fits your lifestyle. If cataracts are beginning to impact your vision, we offer:

- Clear diagnosis using advanced imaging
- Guidance on when to move beyond glasses
- Full range of intraocular lens (IOL) options

For those with mild vision issues and no cataracts, we'll steer you toward the best laser or glasses-based option. But when cataracts are the problem, surgery is the gold standard.

Find Out What's Right for You: The best way to know which vision correction option fits your needs is through a consultation. Our team at Vance Thompson Vision in Northern Colorado will give you honest answers and expert recommendations. **Schedule your cataract consultation today** and take the first step toward seeing clearly, confidently, and comfortably.

## Company Description

Vance Thompson Vision Sioux Falls takes pride in being world leaders in quality vision correction and setting global standards for excellent patient care in ophthalmology. We specialize in many forms of vision surgery and treatment with a specific focus on LASIK, refractive cataract surgery, glaucoma, cornea care, and oculoplastics.

## Contact Details

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Google Site:

<https://sites.google.com/view/vancethompsonvision/location/lasik-surgeon-northern-colorado/cataract-surgery-northern-colorado/>

Google Folder: [https://drive.google.com/drive/folders/1fRtU-DHeyCf1OtkuA0RWrg54HhXw\\_Tw3?usp=drive\\_open](https://drive.google.com/drive/folders/1fRtU-DHeyCf1OtkuA0RWrg54HhXw_Tw3?usp=drive_open)

## Recommended Resources

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<https://mgyb.co/s/NVVfw>

# Recommended Profiles

<https://www.vancethompsonvision.com/services/cataract>

<https://www.facebook.com/vancethompsonvision/>

<https://www.pressadvantage.com/organization/vance-thompson-vision-northern-colorado>

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