

Enthusiasm, Patience, and Confidence: Steadiness in Spiritual Life

What

The perfection of life
Self realization

Relationship with God

How

Practices to achieve love of Krishna
Positives

Negatives

Symptoms of lack of self realization: unsteadiness or ups and downs

From our own immature spiritual development

Progressive stages of unsteadiness (five stages)

Cause: anarthas (three sources)

Strategy: recognize, detach, and eliminate cause

Attentive chanting

Enthusiasm: endeavor executed with intelligence in Krsna consciousness

Patience: like a newly married girl who wants a child

Confidence: "Krsna will surely protect me and give me help for the successful execution of devotional service."

From the influence of the modes of nature

Reaction of spiritually immature

Reaction of spiritually mature

From Krishna's will

Reaction of spiritually mature

Reaction of spiritually immature

Summary of strategies

Achievement of the goal: stages after self-realization