

## Quiz: 'Is this a toxic friendship?'

1. Students independently access the [ReachOut.com](#) quiz 'Is this a toxic friendship?'.  
[toxic friendship?](#)'.
2. Students complete the quiz, which asks them to think about friendships in their lives. Students may wish to complete the quiz more than once as they think about different friendships.
3. At the conclusion of the quiz, students will be provided with a link to an article corresponding to their answers.
4. **Encourage students to follow these links to learn more about next steps for their friendships.**