

Judul Naskah Publikasi (Center, palatino linotype 14)

[Maksimum 14 kata dalam bahasa Indonesia dan bahasa Inggris. Judul sebaiknya ringkas dan lugas menggambarkan isi tulisan. Boleh menggunakan judul yang kreatif dan menarik minat pembaca. **Kata pengaruh, hubungan, dan studi kasus sebaiknya tidak digunakan sebagai judul.** Lokasi penelitian dipaparkan di bagian metode, tidak disebut di judul]

Abstract. A maximum 200 word abstract in English with palatino linotype font 11 point, 1 spacing. Abstract should be clear, descriptive, and should provide a brief overview of the problem studied. Abstract topics include reasons for the selection or the importance of research topics, hypothesis, research methods and a summary of the results. Abstract should end with a comment about the importance of the results or conclusions brief.

Keywords: (*in italics, alphabetic*) 3-5 words

Abstrak. Maksimal 200 kata berbahasa Indonesia dengan huruf palatino linotype 11 poin, spasi 1. Abstrak harus jelas, deskriptif dan harus memberikan gambaran singkat masalah yang diteliti. Abstrak meliputi **alasan pemilihan topik atau pentingnya topik penelitian, hipotesis, metode penelitian dan ringkasan hasil.** Abstrak harus diakhiri dengan komentar tentang pentingnya hasil atau kesimpulan singkat.

Kata kunci: (*dicetak miring, ditulis secara alfabetis*) 3-5 kata

Pendahuluan

[Bagian pendahuluan, permasalahan dan landasan teoritis]

Uraikan tentang latar belakang permasalahan, tujuan dan manfaat penelitian, kajian teori, dan diakhiri dengan hipotesis (jumlah hlm maksimal 20% dari keseluruhan hlm naskah). Berisi; (a) paparan perkembangan terkini bidang ilmu yang diteliti yang argumentasinya didukung oleh hasil kajian pustaka primer dan mutakhir; (b) paparan kesenjangan; (c) argumentasi peneliti dalam menutup kesenjangan tersebut sebagai janji kontribusi penelitian bagi perkembangan ilmu; dan (d) paparan tujuan penelitian.

[Justify/rata kanan-kiri, palatino linotype 11, spasi 1,5)

Metode

Berisi identifikasi variabel, subjek penelitian, instrumen penelitian, dan metode penelitian termasuk teknik analisis statistik yang digunakan (jumlah hlm maksimal 20%). Berisi paparan tentang segala sesuatu yang memang dilakukan oleh peneliti dalam melakukan penelitian secara jelas seolah olah memberi peluang peneliti lain

untuk melakukan replikasi atau verifikasi terhadap penelitiannya. Hindari definisi-definisi yang dikutip dari buku dalam paparan di bagian metode.

[Justify/rata kanan-kiri, palatino linotype 11, spasi 1,5]

H a s i l

Hasil penelitian terdiri dari statistika deskriptif, hasil uji asumsi, dan hasil uji hipotesis kemudian dianalisis secara kritis (maks. 20% dari keseluruhan hlm naskah) dipaparkan secara berurutan atau terpadu. Paparan bagian hasil berisi hasil analisis data. Jika ada tabel/bagan/gambar berisi paparan hasil analisis yang sudah bermakna dan mudah dipahami maknanya secara cepat. Tabel/bagan/gambar tidak berisi data mentah yang masih dapat atau harus diolah.

[Justify/rata kanan-kiri, palatino linotype 11, spasi 1,5]

Tabel dan Gambar

Semua tabel dan gambar yang dituliskan dalam naskah harus disesuaikan dengan urutan 1 kolom atau ukuran penuh satu kertas, agar memudahkan reviewer untuk mencermati makna gambar.

Contoh penulisan Tabel

Tabel 1.

[Ket. Tabel.....]

Parameter	Unit
Massa, m_s	1 (kg)
Reducer, c	1,81(Ns/m) ^a
Stiffness, k_s	22.739,57(N/m) ^b

^afootnote^bfootnote

Contoh Gambar

Disarankan untuk menggunakan fitur *text box* pada MS Word untuk menampung gambar atau grafik, karena hasilnya cenderung stabil terhadap perubahan format dan

Gambar 1. [Ket. gambar....]

Rumus Matematika

[Gunakan persamaan *Microsoft Equation Editor* atau *MathType*, ditulis ditengah, dan diberi nomor persamaan mulai dari (1), (2) dst.]

$$f(x) = a_0 + \sum_{n=1}^{\infty} \left(a_n + b_n \sin \frac{n\pi x}{L} \right) f(x) = a_0 + \sum_{n=1}^{\infty} \left(a_n + b_n \sin \frac{n\pi x}{L} \right) \quad (1)$$

Diskusi

Penjelasan mengenai hasil penelitian, dikaitkan dengan hasil penelitian-penelitian sebelumnya, dianalisis secara kritis dan dikaitkan dengan literatur terkini yang relevan (jumlah hlm maksimal 30-40% dari keseluruhan hlm naskah). Paparan bagian diskusi berisi pemberian makna secara substansial terhadap hasil analisis dan perbandingan dengan temuan-temuan sebelumnya berdasarkan hasil kajian pustaka yang relevan, mutakhir dan primer. Perbandingan tersebut sebaiknya mengarah pada adanya perbedaan dengan temuan penelitian sebelumnya sehingga berpotensi untuk menyatakan adanya kontribusi bagi perkembangan ilmu.

[Justify/rata kanan-kiri, palatino linotype 11, spasi 1,5]

Kesimpulan

Isi kesimpulan merupakan rumusan jawaban dari tujuan penelitian bukan rangkuman hasil penelitian. Kesimpulan dibuat secara ringkas, jelas dan padat didasarkan pada hasil dan diskusi (maksimal 1 hlm), **dibuat dalam bentuk alinea (bukan numerik)**, berisi temuan penelitian sebagai sintesis antara hasil analisis data dan hasil pembahasan, serta lebih menonjolkan hal-hal yang baru yang memberikan kontribusi bagi perkembangan ilmu psikologi.

[Justify/rata kanan-kiri, palatino linotype 11, spasi 1,5]

Saran

Saran dibuat secara ringkas, jelas dan padat, dan dibuat dalam bentuk alinea (bukan numerik).

[Justify/rata kanan-kiri, palatino linotype 11, spasi 1,5]

Daftar Pustaka

(Tuliskan daftar pustaka yang menjadi acuan secara alfabetis dan kronologis. **Daftar Pustaka adalah daftar acuan/referensi bukan bibliografi**, maka harus memuat semua sumber yang diacu dalam naskah, dan tidak perlu memuat sumber yang tidak diacu. Daftar rujukan berisi semua yang dirujuk dalam teks yang berasal dari sumber yang; (a) relevan, (b) minimal 80% mutakhir (10 tahun terakhir), dan (c) minimal 80% primer, terutama dari artikel jurnal). Penulisan referensi pada Biopsikosial: Jurnal Ilmiah

Psikologi Fakultas Psikologi Universitas Mercubuana Jakarta mengacu pada *American Psychological Association* (APA) 7^{Ed} Tahun 2019
<http://www.apastyle.org/pubmanual.html>

[Justify/rata kanan-kiri, palatino linotype 11, spasi 1]

CONTOH MENULISKAN REFERENSI BERDASARKAN APA 7th ed 2019

Journal Articles without DOI:

Abdullah, M. C., Elias, H., Mahyuddin, R., & Uli, J. (2009). Adjustment among first year students in a Malaysian university. *European Journal of Social Science*, 8(3), 496-505.

Journal Articles with DOI:

Gabriel, B., Beach, S. R. H., & Bodenmann, G. (2010). Depression, marital satisfaction and communication in couples: Investigating gender differences. *Behavior Therapy*, 41, 306-316. <https://doi.org/10.1016/j.beth.2009.09.001>

Unpublished Undergraduate Thesis:

Aprianti, I. (2012). *Hubungan antara perceived social support dan psychological well-being pada mahasiswa perantau tahun pertama di Universitas Indonesia* (Unpublished Bachelor Thesis). Universitas Indonesia, Indonesia.

Book:

Azwar, S. (2012). *Penyusunan Skala Psikologi Edisi 2*. Yogyakarta: Pustaka Pelajar.

Data from the Internet:

DIKTI. (2015). *Grafik jumlah mahasiswa aktif* berdasarkan jenis kelamin*. Retrieved from <http://forlap.dikti.go.id/mahasiswa/homegraphjk>

Magazines/Newspaper:

Chamberlin, J., Novotney, A., Packard, E., & Price, M. (2008, May). Enhancing worker well-being: Occupational health psychologists convene to share their research on work, stress, and health. *Monitor on Psychology*, 39(5). 26-29.

Online Magazines/Newspaper:

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Usaha macet, ditipu paranormal miliaran rupiah. (2008, Oktober). *Kompas Online*. Retrieved from <http://www.kompas.com/read/xml/2008/10/08/16213644/usaha.macet.kena.tipu.paranormal.miliaran>.

Book/Handbook (with Editor):

Diener, E., Lucas, R.E., & Oishi, S. (2002). *Subjective well-being: The science of happiness and life satisfaction*. In Synder, C.R. & Lopez, S.J. (ed.) *Handbook of Positive Psychology* (pp. 139-170). New York, NY: Oxford University Press

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D'Souza, A., & Wiseheart, M. (2018). Cognitive effects of music and dance training in children (ICPSR 37080; Version V1) [Data set]. ICPSR. <https://doi.org/10.3886/ICPSR37080.v1>

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American Psychiatric Association. (2013). Diagnostic and statistical manual of mental disorders (5th ed.). <https://doi.org/10.1176/appi.books.9780890425596>

World Health Organization. (2019). International statistical classification of diseases and related health problems (11th ed.). <https://icd.who.int/>

Dictionary, thesaurus, or encyclopedia

American Psychological Association. (n.d.). APA dictionary of psychology. Retrieved June 14, 2019, from <https://dictionary.apa.org/>

Merriam-Webster. (n.d.). Merriam-Webster.com dictionary. Retrieved May 5, 2019, from <https://www.merriam-webster.com/>

Chapter in an edited book with a DOI:

Balsam, K. F., Martell, C. R., Jones, K. P., & Safren, S. A. (2019). Affirmative cognitive behavior therapy with sexual and gender minority people. In G. Y. Iwamasa & P. A. Hays (Eds.), *Culturally responsive cognitive behavior therapy: Practice and supervision* (2nd ed., pp. 287–314). American Psychological Association. <https://doi.org/10.1037/0000119-012>

Chapter in an edited book without a DOI, from most academic research databases or print version:

Weinstock, R., Leong, G. B., & Silva, J. A. (2003). Defining forensic psychiatry: Roles and responsibilities. In R. Rosner (Ed.), *Principles and practice of forensic psychiatry* (2nd ed., pp. 7–13). CRC Press.

Chapter in an edited ebook (e.g., Kindle book) or audiobook without a DOI, with nondatabase URL:

Tafoya, N., & Del Vecchio, A. (2005). Back to the future: An examination of the Native American Holocaust experience. In M. McGoldrick, J. Giordano, & N. Garcia-Preto (Eds.), *Ethnicity and family therapy* (3rd ed., pp. 55–63). Guilford Press. <http://a.co/36xRhBT>

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Carcavilla González, N. (2015). Terapia sensorial auditiva: Activación cerebral por medio de la música [Auditory sensory therapy: Brain activation through music]. In J. J. García Meilán (Ed.), *Guía práctica de terapias estimulativas en el Alzheimer* (pp. 67–86). Editorial Síntesis. <https://www.sintesis.com/guias-profesionales-203/guia-practica-de-terapias-estimulativas-en-el-alzheimer-libro-1943.html>

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Canada Council for the Arts. (2013). What we heard: Summary of key findings: 2013 Canada Council's Inter-Arts Office consultation. http://publications.gc.ca/collections/collection_2017/canadacouncil/K23-65-2013-eng.pdf

Report by individual authors at a government agency or other organization:

Fried, D., & Polyakova, A. (2018). Democratic defense against disinformation. Atlantic Council. https://www.atlanticcouncil.org/images/publications/Democratic_Defense_Against_Disinformation_FINAL.pdf

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Code of ethics:

American Counseling Association. (2014). 2014 ACA code of ethics. <https://www.counseling.org/knowledge-center>

American Psychological Association. (2017). Ethical principles of psychologists and code of conduct (2002, amended effective June 1, 2010, and January 1, 2017). <https://www.apa.org/ethics/code/index.aspx>

Conference session:

Fistek, A., Jester, E., & Sonnenberg, K. (2017, July 12–15). Everybody's got a little music in them: Using music therapy to connect, engage, and motivate [Conference session]. Autism Society National Conference, Milwaukee, WI, United States. <https://asa.confex.com/asa/2017/webprogramarchives/Session9517.html>

Paper presentation:

Maddox, S., Hurling, J., Stewart, E., & Edwards, A. (2016, March 30–April 2). If mama ain't happy, nobody's happy: The effect of parental depression on mood dysregulation in children [Paper presentation]. Southeastern Psychological Association 62nd Annual Meeting, New Orleans, LA, United States.

Poster presentation:

Pearson, J. (2018, September 27–30). Fat talk and its effects on state-based body image in women [Poster presentation]. Australian Psychological Society Congress, Sydney, NSW, Australia. <http://bit.ly/2XGStHP>

Symposium contribution:

De Boer, D., & LaFavor, T. (2018, April 26–29). The art and significance of successfully identifying resilient individuals: A person-focused approach. In A. M. Schmidt & A. Kryvanos (Chairs), Perspectives on resilience: Conceptualization, measurement, and enhancement [Symposium]. Western Psychological Association 98th Annual Convention, Portland, OR, United States.

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Harris, L. (2014). Instructional leadership perceptions and practices of elementary school leaders [Unpublished doctoral dissertation]. University of Virginia.

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Santos, F. (2019, January 11). Reframing refugee children's stories [Review of the book *We are displaced: My journey and stories from refugee girls around the world*, by M. Yousafzai]. The New York Times. <https://nyti.ms/2HIgjk3>

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Himawan, K. K. (2017). *I Need Thee Every Hour: Religiosity and Well-Being of Single Adults*. Manuscript submitted for publication

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Martin Lillie, C. M. (2016, December 29). Be kind to yourself: How self-compassion can improve your resiliency. Mayo Clinic. <http://ethicsguidebook.ac.uk/EthicPrinciples>

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Boddy, J., Neumann, T., Jennings, S., Morrow, V., Alderson, P., Rees, R., & Gibson, W. (n.d). Ethics Principles. The Research Ethics Guidebook: A Resource for Social Scientists. <http://www.ethicguidebook.ac.uk/EthicsPrinciples>

Webpage on a website with a retrieval date:

U.S. Census Bureau. (n.d.). U. S. and world population clock. U.S. Department of Commerce. Retrieved July 3, 2019, from <https://www.census.gov/popclock/>

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Canan, E., & Vasilev, J. (2019, May 22). [Lecture notes on resource allocation]. Department of Management Control and Information Systems, University of Chile. <https://uchilefau.academia.edu/ElseZCanan>

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APA Education [@APAEducation]. (2018, June 29). College students are forming mental-health clubs—and they're making a difference @washingtonpost [Thumbnail with link attached] [Tweet]. Twitter. <https://twitter.com/apaeducation/status/1012810490530140161>

White, B. [@BettyMWhite]. (2018, June 21). I treasure every minute we spent together #koko [Image attached] [Tweet]. Twitter. <https://twitter.com/BettyMWhite/status/1009951892846227456>

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Gaiman, N. (2018, March 22). 100,000+ Rohingya refugees could be at serious risk during Bangladesh's monsoon season. My fellow UNHCR Goodwill Ambassador Cate Blanchett is [Image attached] [Status update]. Facebook. <http://bit.ly/2JQxPAD>

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Facebook page:

Smithsonian's National Zoo and Conservation Biology Institute.(n.d.). Home [Facebook page]. Facebook. Retrieved July 22, 2019, from <https://www.facebook.com/nationalzoo>

Instagram photo or video:

Zeitz MOCAA [@zeitzmocaa]. (2018, November 26). Grade 6 learners from Parkfields Primary School in Hanover Park visited the museum for a tour and workshop hosted by [Photographs]. Instagram.<https://www.instagram.com/p/BqpHpjFBs3b/>

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my first spaceflight! [Online forum post]. Reddit.
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Giertz, S. (2018, April). Why you should make useless things [Video]. TED Conferences. https://www.ted.com/talks/simone_giertz_why_you_should_make_useless_things

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King, M. L., Jr. (1963, August 28). I have a dream [Speech audio recording]. American Rhetoric. <https://www.americanrhetoric.com/speeches/mlkhaveadream.htm>

Radio interview recording in a digital archive:

de Beauvoir, S. (1960, May 4). Simone de Beauvoir discusses the art of writing [Interview]. Studs Terkel Radio Archive; The Chicago History Museum. <https://studsterkel.wfmt.com/programs/simone-de-beauvoir-discusses-art-writing>

Podcast:

Vedantam, S. (Host). (2015–present). Hidden brain [Audio podcast]. NPR. <https://www.npr.org/series/423302056/hidden-brain>

Podcast episode:

Glass, I. (Host). (2011, August 12). Amusement park (No. 443) [Audio podcast episode]. In This American life. WBEZ Chicago. <https://www.thisamericanlife.org/radio-archives/episode/443/amusement-park>

Manual for a test, scale, or inventory:

Tellegen, A., & Ben-Porath, Y. S. (2011). Minnesota Multiphasic Personality Inventory–2 Restructured Form (MMPI-2-RF): Technical manual. Pearson.

Test, scale, or inventory itself:

Project Implicit. (n.d.). Gender–Science IAT. <https://implicit.harvard.edu/implicit/takeatest.html>

Database record for a test:

Alonso-Tapia, J., Nieto, C., Merino-Tejedor, E., Huertas, J. A., & Ruiz, M. (2018). Situated Goals Questionnaire for University Students (SGQ-U, CMS-U) [Database record]. PsycTESTS. <https://doi.org/10.1037/t66267-000>

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