

November 2025 Practice Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
HSGBB 5-7	JH Cheer 3:30-5:30 HS Cheer 5:30-7 HSBB 3-4:30 JHBB 3-4:30 FH JHGB 3-4:30 FH Youth BBK 3-7:30 Elem	HS Cheer 5:30-7 HSBB 3-4:30 HSGBB 5-7 JHBB 3-4:30 FH JHGB 3-4:30 FH Youth BBK 3-7:30 Elem	JH Cheer 4:30-6:30 HSBB 3-4:30 HSGBB 5-7 JHBB 3-4:30 FH JHGB 3-4:30 FH Youth BBK 3-7:30 Elem	Elem Gym Closed HSBB 3-4:30 HSGBB 5-7 JHBB 3-4:30 FH JHGB 3-4:30 FH	HSBB 3-4:30 JHBB 3-4:30 FH JHGB 3-4:30 FH Youth BBK 3-7:30 Elem	
2	3	4	5	6	7	8
	HSBB 3-5 HGBB 5-7 FH Wrestle 5-6:30 FH JHBB 3-5 FH JHGB 3-5 FH HS Cheer 3-5 E. Cafe JH Cheer 5-7 E. Cafe Youth BBK 3-7:30 Elem	HS Gym Closed HSBB 3-5 FH HGBB 5-7 FH Wrestle 5-7 FH JHBB 1-3 FH JHGB 3-5 FH HS Cheer 3-5 E. Cafe JH Cheer 5-7 E. Cafe Youth BBK 3-7:30 Elem	HSBB 3-5 HGBB 5-7 Wrestle 5-6:30 FH JHBB 3-5 FH JHGB 3-5 FH HS Cheer 3-5 HS Cafe JH Cheer 5-7 HS Cafe Youth BBK 3-7:30 Elem	BETA/ NHS HSBB 3-5 HGBB Wrestle 5-6:30 FH JHBB 3-5 FH JHGB 3-5 FH HS Cheer 3-5 E. Cafe JH Cheer 3-5 E. Cafe Youth BBK 3-7:30 Elem	HSBB 3-5 HGBB 5-7 Wrestle 5-6:30 FH JHBB 3-5 FH JHGB 3-5 FH HS Cheer 3-5 HS Cafe JH Cheer 5-7 HS Cafe Youth BBK 3-7:30 Elem	HS Gym Closed SHL Cheer Comp
9	10	11	12	13	14	15
	HSBB 3-5 HGBB 5-7 Wrestle 5-6:30 FH JHBB 3-5 FH JHGB 3-5 FH Youth BBK 3-7:30 Elem	Veterans Day HSBB Scrimmage (H) HGBB 3-5 Wrestle 5-6:30 FH JHBB 3-5 FH JHGB 12-2 Youth BBK 3-7:30 Elem	Fall Awards Night HSBB 3-5 HGBB 7-8:30 FH Wrestle JHBB 3-5 FH JHGB 3-5 FH Youth BBK 3-7:30 Elem	HSBB Scrimmage (A) HGBB 5-7 Wrestle 3-5 FH JHBB Scrim (A) JHGB Scrim (A) Youth BBK 3-7:30 Elem	HSBB 3-5 HGBB Preview Wrestle 5-6:30 FH JHBB 3-5 FH JHGB 3-5 FH Youth BBK 3-7:30 Elem	HGBB Scrim. 3-6
16	17	18	19	20	21	22
	HSBB 3-5 HGBB 5-7 Wrestle 3-5 FH JHBB 5-7 FH JHGB 3-5 FH Youth BBK 3-7:30 Elem	HSBB 3-5 HGBB 5-7 Wrestle 3-5 FH JHBB 5-7 FH JHGB 3-5 FH Youth BBK 3-7:30 Elem	HSBB Scrimmage (H) HGBB 5-7 Wrestle 3-5 FH JHBB 3-5 JHGB 3-5 FH Youth BBK 3-7:30 Elem	HSBB 3-5 HGBB 5-7 Wrestle 3-5 FH JHBB 5-7 FH JHGB 3-5 FH Youth BBK 3-7:30 Elem	HSBB Preview HGBB 3-5 Wrestle 3-5 FH JHBB 5-7 JHGB 3-5 FH Youth BBK 3-7:30 Elem	

23	24 HSBB 3-5 HGBB 5-7 Wrestle 3-5 FH JHBB Game (A) JHGB 3-5 FH Youth BBK 3-7:30 Elem	25 HSBB 3-5 HGBB Game (A) Wrestle 3-5 FH JHBB 3-5 FH JHGB 5-7 Youth BBK 3-7:30 Elem	26 HSBB 9-11 HGBB Wrestle 5-6:30 FH JHBB 3-5 FH JHGB Youth BBK 3-7:30 Elem	Thanksgiving 27	28 HSBB 9-11 HGBB 3-5 Wrestle 5-6:30 FH JHBB 3-5 FH JHGB 11-1 Youth BBK 3-7:30 Elem	29
30 HS Gym Closed 12-4	1 HSBB 3-5 HGBB Game (A) Wrestle 3-5 FH JHBB Game (A) JHGB Game (A) Youth BBK 3-7:30 Elem	2 HSBB 3-5 HGBB 5-7 Wrestle 5-7 FH JHBB 3-5 FH JHGB 3-5 FH Youth BBK 3-7:30 Elem	3 HSBB 3-5 HGBB 5-7 Wrestle 5-7 FH JHBB 3-5 FH JHGB Game (A) Youth BBK 3-7:30 Elem	4 HSBB 3-5 HGBB 5-7 Wrestle 5-7 FH JHBB 3-5 FH JHGB 3-5 FH Youth BBK 3-7:30 Elem	5 HSBB 3-5 HGBB 5-7 Wrestle 5-7 FH JHBB 3-5 FH JHGB 3-5 FH Youth BBK 3-7:30 Elem	6

HSC High School Cheer
JHC Junior High Cheer
FB Football
HSBB High School Boys Basketball
HGBB High School Girls Basketball
JHBB Junior High Boys Basketball
JHGB Junior High Girls Basketball
Wrestle JH/ HS Wrestling
HSV High School Volleyball
JHV Junior High Volleyball