

ESSEX COUNTY ATHLETIC ASSOCIATION

EASTERN COUNTIES ATHLETIC ASSOCIATION

WEB: <http://www.essexroadrunning.org.uk/>

EMAIL: essexaa1@btinternet.com

The Joint Essex County A.A. and Eastern Counties A.A. is being held on Saturday and Sunday 12th/13th February 2022 at Lee Valley Athletics Centre. On Saturday events will start at 13:30.

6mm Spikes only are to be used on the track. All spikes will be inspected by Lee Valley staff.

The **LIST OF EVENTS** is attached showing which day the events are on. The timetable will be drawn up once the number of competitors for each event is known. **The CLOSING DATE for entries is 15th January 2022 for paper entries and 20:00 on 21th January 2022 for on-line entries. LATE ENTRIES WILL NOT BE ACCEPTED.**

You are reminded of **Rule 9** – County Qualification. Essex Athletes will automatically be entered into the Eastern Counties Championships and should have an **EX** in front of the club name. Separate medals will be awarded for each championship.

Entries can be made on-line **£12 per event Masters, Seniors and Juniors(U20), and £10 for all other age groups** at:

<https://eventdesq.sportstg.com/index.cfm?fuseaction=main&EventDesqID=38104&OrgID=13220>

Paper entries should only be sent if you cannot complete it on line and completed in full and sent together with the appropriate remittance of **£12 per event Masters, Seniors and Juniors (U20), and £10 for all other age groups (U17,U15 & U13) . Names and addresses must be written on the reverse of all cheques.** Please ensure that the correct postage is paid. Any form sent by recorded delivery/special delivery may not be accepted. Certificate of posting will suffice.

The on-line form requires your UKA registration number. On-line entries can be accepted from those entering their school as their club in which case the UKA number is SCHOOL. If you do not have a number, then the entry must be by post with an explanation. NOTE: Essex use the England Athletic licence checker to ensure that the registration is correct and up to date.

You should be aware of the UK Athletics policy on ‘Use of Photographic and Video Images of children/young persons under the age of 18’, which can be seen on the website.

APPLICATION FORMS for both Essex and Eastern Counties should be sent to, Championship Secretary, Essex AA, 5 Manwood Avenue, Canterbury, Kent CT2 7AE.

A copy of the provisional timetable should be available on the Essex County web page after the 28th January.

You should receive confirmation of your entry, together with your competition number, by 5th February 2022. You should check the details and advise of any mistakes immediately.

If the event is cancelled for any reason, then entry fees and payment for programmes will not be refunded. Neither will the entry fee in the case of athletes not competing for any reason.

If you have any **PROBLEMS**, then you should contact the club secretary, who will be able to contact the championship secretary.

NOTES FOR COMPLETING ON-LINE FORM

Personal Data

 [Connect with Facebook](#)

Name

Title: *

First Name (FIRST LETTER in Capitals): * Tom

Last Name (FIRST LETTER in Capitals): * Smith

England Athletics URN (MUST BE SHOWN)

England Athletics URN (MUST BE SHOWN): * 7 figure number – unless entering from school, if so enter SCHOOL.
Anything else will invalidate the entry

Address

Address (CAPITAL LETTER at start of each word) 1 * 1 The Street

Address (CAPITAL LETTER at start of each word) 2

City (FIRST LETTER in capitals): * Anytown

County *

county as listed

Ess London (if postcode is E) otherwise Essex or other

Postcode (in CAPITAL LETTERS): * AA1 1AA

Country *

Telephone

Telephone Number *

Mobile *

Email

Email Address: *

Confirm Email Address: *

Personal Information

Date Of Birth: * 

Gender:

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Entry Form

Entry Qualification

Details about entry qualification

Q1 Were you born in Essex *
(For Essex Athletes)

☐ Yes ☐ No

Q2 Have you lived in Essex for the last 9 months
(For Essex Athletes if the answer to the previous question was NO)

☐ Yes ☐ No **Note it has to be 9 months or more you have lived iin the county**

Q3 Were you born in the Eastern Counties *
(For all athletes)

☐ Yes ☐ No

Q4 Have you lived in the Eastern Counties for the past 9 months
(For all athletes if answer to previous question was NO)

☐ Yes ☐ No **Note it has to be 9 months or more you have lived iin the county**

Q5 If not eligible above please state eligibility
(Eligibility under Regulation 9 (3))

Note Just attending school or club in the area is not sufficient.

Club Information

Q6 Club Name *
(

Note Essex athletes must show a club with EX in front of the club name to get an Essex medal

Q7 If Other, please state

If the club is not listed in the drop down box enter here

Q8 ESSEX ATHLETES ONLY School attended if U13, U15, U17r 17

Additional Information

Not to be answered. Please note if this is not entered correctly details will be ignored

(If the time/distance is not in the correct format, this information will be

ignored. Only time for track events to be shown NOT details of the event.)

Q9 TRACK EVENTS - 60m, 60H, 200m 300m and 400m - What's your personal best time?

(Best time in last year in format seconds.hundredths)

eg 10.1 Nothing else in this box

Q10 TRACK EVENTS - 800m, 1500m & 1 Mile Walk - What's your personal best time?

(Best time in last year in format minutes:seconds.hundredths Please note format with : and .)

eg 1:51.1 Nothing else on this box

Photographs

Q11 Do you agree that photographs can be displayed on the internet. *

(All athletes are asked to answer this question to avoid queries.)

☐ Yes ☐ No

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If you do not complete payment, please advise by email to essexaa1@btinternet.com

Essex County AA and Eastern Counties AA Track and Field

LIST OF EVENTS

INDOOR CHAMPIONSHIPS

Saturday 12h February 2022

Sunday 13th February 2022

Senior Men	Senior Women	Senior Men	Senior Women
60m	60m	200m	200m
60m Hurdles	60m Hurdles	400m	400m
	Pole Vault	800m	800m
Shot	Shot	1500m	1500m
1 Mile Walk	1 Mile Walk	High Jump	High Jump
		Pole Vault	
		Long Jump	Long Jump
		Triple Jump	Triple Jump
Masters Men	Masters Women	Masters Men	Masters Women
60m	60m	300m	300m
		1500m	1500m
Junior Men	Junior Women	Junior Men	Junior Women
60m	60m	200m	200m
60m Hurdles	60m Hurdles	400m	400m
	Pole Vault	800m	800m
Shot	Shot	1500m	1500m
1 Mile Walk	1 Mile Walk	High Jump	High Jump
		Pole Vault	
		Long Jump	Long Jump
		Triple Jump	Triple Jump
U17 Men	U17 Women	U17Men	U17Women
60m	60m	200m	200m
60m Hurdles	60m Hurdles	400m	300m
	Pole Vault	800m	800m
Shot	Shot	1500m	1500m
1 Mile Walk	1 Mile Walk	High Jump	High Jump
		Pole Vault	
		Long Jump	Long Jump
		Triple Jump	Triple Jump
U15 Boys	U15 Girls	U15 Boys	U15 Girls
60m	60m	200m	200m
60m Hurdles	60m Hurdles	300m	300m
	Pole Vault	800m	800m
Long Jump	Long Jump	High Jump	High Jump
Shot	Shot	Pole Vault	
1 Mile Walk	1 Mile Walk		
U13 Boys	U13 Girls	U13 Boys	U13 Girls
60m	60m	200m	200m
60m Hurdles	60m Hurdles	800m	800m
Long Jump	Long Jump	High Jump	High Jump
Shot	Shot		
1 Mile Walk	1 Mile Walk		

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UNDER UKA RULES

Name (Block Capitals)..... Date of Birth.....

Address.....

.....

Post Code.....

Email Address.....

Telephone No.

Club

England Athletics URN.....

(Essex entries only) School (For U13, U15, U 17).....

☐ Senior Men	☐ U/20 Men	☐ U/17 Men	☐ U/15 Boys	☐ U/13 Boys	☐ Masters Men
☐ Senior Women	☐ U/20 Women	☐ U/17 Women	☐ U/15 Girls	☐ U/13 Girls	☐ Masters Women

Fully completed FORMS TO BE SENT TO: Championship Secretary, Essex AA, 5 Manwood Avenue, Canterbury, Kent CT2 7AE by the Friday 15th January 2022. Late entries will **NOT** be accepted.

NO EMAIL ENTRIES ACCEPTED

Day	Event	Best time in last year	(official use)

- I was born in Essex **OR** • I have lived in Essex since _____
- I was born in Eastern Counties **OR** • I have lived in Eastern Counties since _____

I enclose a cheque/postal order (made payable to Essex AA) for £..... being the entrance fee of **£12 per event (Masters, Seniors and Juniors (U20))**/£10 per event for other entrants (Please write name and address on reverse of cheque)

I declare that I am an amateur qualified to compete under the laws of UK Athletics

FOR COMPETITORS UNDER 18 - I agree that photographs can be taken, which may be displayed on the internet. If you do not want photographs to be taken of the competitor, tick here •

Signed..... Date.....
Athlete or Parent/Guardian if under 18

You should receive confirmation by 5 February 2022. You should check the details and advise of any mistakes immediately.

Official Use	Date Rec'd.....	Amount Rec'd £....	SAE enc.....	Reply Sent.....
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