

Driftless United Futbol Weather Safety Guidelines

Heat

The following precautions must followed when there is a possibility of dangerous high heat index:

Heat Index	Guidelines
Up to 89°	No adjustments necessary
90° - 99°	Two-minute water breaks per half with running time. Each half shortened by five minutes.
100° - 104°	Two-minute water breaks per half with running time. Each half shortened by ten minutes.
105°+	Suspend Play

Cold

The following precautions must followed when there is a possibility of dangerous cold conditions:

Cold Index	Guidelines
46° and higher	No adjustments necessary
45° and lower	Additional clothing is allowed as long as it's deemed safe by the referee
40° and lower	Shorten games five minutes per half.
35° and lower	Suspend games