

**UTAH FCCLA  
FAMILY, CAREER AND COMMUNITY LEADERS OF AMERICA  
FALL LEADERSHIP CONFERENCE**



**UTAH VALLEY CONVENTION CENTER  
OCTOBER 2, 2025**

**FCCLA CREED**

We are the Family, Career and Community  
Leaders of America.

We face the future with warm courage and  
high hope. For we have the clear consciousness of  
seeking old and precious values.

For we are the builders of homes,  
Homes for America's future,  
Homes where living will be the expression of  
everything that is good and fair,  
Homes where truth and love and security and faith  
will be realities, not dreams.

We are the Family, Career and Community  
Leaders of America.

We face the future with warm courage and high hope.

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# 2025-2026 State Executive Council



President: Kylee Bangerter

1st Vice President: Rachel Ryu

2nd Vice President: Julianna Snow

3rd Vice President: Clara Periera

VP of National Programs: Kameron Hughes

VP of Community Service: Colby Goodrich

VP of Development: Teddy Ho

VP of Competitive Events: Elsie Christiansen

VP of Membership: Brielle Kohler

VP of Alumni and Associates: Emme Stockdale

VP of Public Relations: Jennilyn Hess

VP of History: Anna Dupaix

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## FCCLA State Board Members

Dr. Lola Evans: Utah State Office of Education FCS Specialist

Aubrey Turnbow Frandsen: Utah FCCLA State Adviser

Christine Heslop: Utah FCCLA State Officer Assistant

Becky Sagers: CTE Administration Board Representative

Michelle Clouse: USU Secondary FCS & UAFCS Representative

Katie Johnson: Business and Industry Representative

Monique Nielsen: Region One Board Representative– Board Secretary

Mary Lynn: Region Two Board Representative– Board President

Candace Wilson: Region Three Board Representative

Kelsey Chappell: Region Four Board Representative

Kathryn Spencer: Region Five Board Representative

Lenora Reid: Alumni and Associates

Brendan Abbott: Finance Administrator

Kylee Bangerter: Utah FCCLA State President

Daphne Stockdale: STAR Event Coordinator

Maggie Hartman: Communications Manager

Troy Chilcott: Webmaster/Audio/Visual Technician

# Utah FCCLA Fall Leadership Conference

**October 2, 2025**

*Official Conference Dress is required for all participants*

## CONFERENCE SCHEDULE

8:30 - 10:00 am	Chapter Officer Planning Time <b>Advocate for CTSOs</b>
9:00 - 10:20 am	Conference Registration   Chapter Pictures   360 video booth   FCCLA Store   Clips of Connection   Step Up for Foster Care - <i>Socks</i>

## OPENING SESSION

10:30 - 11:00 am	State Officers Intro National Anthem- Jeanne Fairbanks, Lehi High Adviser Pledge of Allegiance- Sarah Case, Willowcreek Middle School We Help Two (Socks)- Trevor Bergman
11:00 - 11:45 pm	Motivational Speaker - Ryan Stream
11:45 - 12:10 pm	Student Sock Design Competition
11:45 - 12:10 pm	Meet & Greet with Ryan Stream (Right of the stage)
<b>12:10 - 12:50 pm</b>	<b><i>Lunch Break - Taco Salad</i></b>
1:00 - 1:30 pm	Family Consumer Science Pathway Breakouts

[Career Pathways through FCCLA Link](#)



- **Ballroom A- *Meggan Callister*** - Healthy Relationships- Utah 4-H
- **Ballroom B- *Chloe Christensen*** - All Junior High FCCLA members
- **Ballroom C- *Maria Skelton*** - Professor @ SLCC Fashion Institute

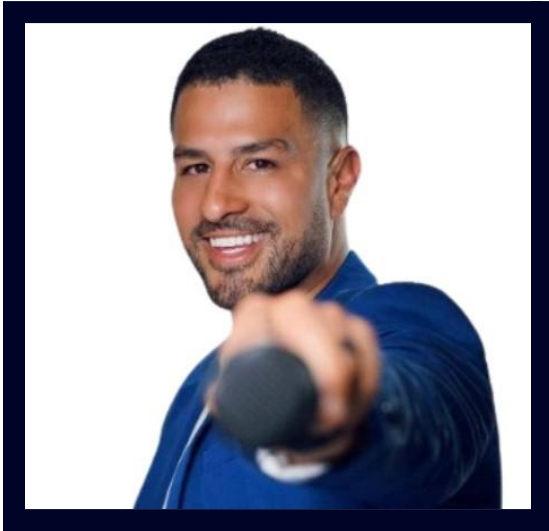
## Region Adviser Meetings @ 1:00-1:30 pm

- ★ Region 1- Meet with Region Adviser Monique Nielsen in **Cascade E**
  - *Competition on February 11th @ West Field High*
- ★ Region 2- Meet with Region Adviser Mary Lynn in **Cascade C**
  - *Competition on February 3rd @ Nebo Summit Center*
- ★ Region 3- Meet with Region Adviser Candace Wilson in **Cascade D**
  - *Competition on February 4th @ Viewpoint Middle School*
- ★ Region 4- Meet with Region Adviser Kelsey Chappel in **Cascade A**
  - *Competition on February 10th @ Nebo Summit Center*
- ★ Region 5- Meet with Region Adviser Kathryn Spencer in **Soldier Creek**
  - *Competition on February 9th @ SUU*



# RYAN STREAM

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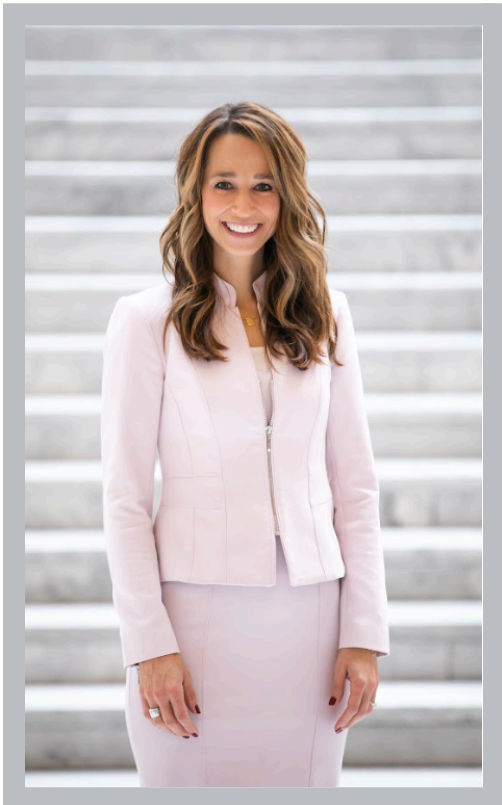
*Ryan Stream is a motivational speaker, award-winning musician, bestselling author, and two-time war veteran on a mission to **BUILD AN ARMY OF LEADERS**. He has faced incredible challenges—sleeping in homeless shelters, growing up in foster homes, being separated from his family, and losing his mother to suicide. But that was just the beginning of his story.*

*Today, you'll experience the rest of his powerful journey through his music and message.*

*Ryan will have his books for Sale at the meet and greet, so be prepared if you want an autographed copy of "Lead like a Legend" [linked here](#).*

# FIRST LADY ABBY COX

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*I am so excited to join Family, Career and Community Leaders of America (FCCLA) for the annual state service project!*

*This year, we're partnering with **Utah Foster Care** and **We Help Two** to collect and donate 2,500 pairs of socks for children and teens in foster care across Utah. Along with that we will be combining these collections in a hands-on service project at the State Convention in March.*

*It might seem small—but clean, cozy socks bring warmth, comfort, and dignity to kids who are going through really hard transitions.*

*FCCLA chapters across the state can get involved by hosting sock drives, sock hops, or fun school events to help us reach our goal. Plus, a portion of every sock sold goes right back to support Utah Foster Care.*

*This project is a perfect example of how small acts of service—like donating socks—can make a big difference.*

*Let's **Show Up** for these kids and our peers so they know they are seen, loved, and supported. [Link to video](#) @showuputah*



# Student LEADERSHIP Workshops

*Choose TWO classes to attend*

**STUDENT SESSION #1 @ 1:40-2:10 pm**

**STUDENT SESSION #2 @ 2:20-2:50 pm**

*\*Note: If the room is full, please attend another session!*

Room: Ballroom B-Level 2

**Title: Behind every scene is a STRONGER team - Teamwork**

**Colby Goodrich | Kameron Hughes**

Go behind the scenes with Colby Goodrich and Kameron Hughes as we explore the ins and outs of teamwork. We will dive deep into conflict resolution, recognizing each other's strengths, and delegation. This workshop will include fun, hands-on activities and provide opportunities for collaboration and networking!

Room: Ballroom C - Level 2

**Title: Red Carpet Confidence for Star Event Excellence**

**Elsie Christiansen | Rachel Ryu**

This workshop will help FCCLA members learn how to best succeed in their STAR events. We'll go through how to break down rubrics, practice time management, and explore what makes presentations stand out. Whether you're a complete beginner or returning STAR competitor, this session will help boost your confidence and help you shine at regional, state, and national competitions.

Room: Cascade AB - Level 3

**Title: Red Carpet Ready: Planning for Success - Planning activities and Events**

**Brielle Kohler | Jennilyn Hess**

Have you ever had an activity that didn't quite go according to plan? This workshop is designed to help prepare officers to lead their chapter in activities by using the FCCLA Planning Process to create a guideline for the activity, helping to plan activities that are engaging and great learning experiences for all members.

Room: Cascade C-Level 3

**Title: Unlock Your Potential: Break the Box**

**Kylee Bangerter**

This isn't your average workshop, it's an experience. From the second you walk in, you'll be pulled into high-energy challenges that make you laugh, think, and push past the limits holding you back. You'll shatter your limits that are holding you back, share your wins, and walk away with a plan to step into your TRUE POTENTIAL. Stop letting your "box" define you, break free. This is your moment.

Room: Cascade D-Level 3

**Title: Time Management: Minimize! Organize! Prioritize! Mop it up!**

**Anna Dupaix | Teddy Ho**

Join your vp of history and vp of development as they teach you how to M.O.P. up your schedule and manage your time efficiently. You will learn how to minimize, organize, and prioritize the things in your schedule so that you can best use your time. Who is ready to learn how to M.O.P. up their schedule!

Room: Cascade E-Level 3

**Title: Parli Pro in Action: Learn from Stansbury High!**

**(1st rotation | 1:40-2:10 pm)**

**Stansbury High Team**

Curious about how Parliamentary Procedure really works? Come watch the Stansbury High School Parli Pro Team in action! See fast-paced debate, quick thinking, and teamwork as they navigate motions, rules, and strategy.

Whether you're interested in joining a team, sharpening your leadership skills, or just want to see some friendly competition, this is a session you won't want to miss!

Room: Cascade E-Level 3

**Title: Become a 4-STAR Chapter & Set and Achieve Goals!**

**(2nd round | 2:20-2:50 pm)**

**Candace Wilson - Westlake High FCCLA Chapter**

Discover how your FCCLA chapter can reach the 4-STAR level! Learn practical tips, insider tricks, and step-by-step strategies for submitting projects and earning recognition for your school. Don't miss this chance to showcase your chapter's achievements and shine!

Room: Silver Creek-Level 3

**Title: Running for State Office - The Ultimate Leadership Experience**

**(1st rotation | 1:40-2:10 pm)**

**Julianna Snow | Clara Pereira**

If you're dreaming of taking your leadership to the next level and be like Buzz Lightyear, we would love for you to consider running as a Utah FCCLA State Officer! Whether you're 100% sure you want to run—or just curious—come join us and learn what it takes to become a leader in Andy's bedroom!

Room: Silver Creek-Level 3

**Title: Welcome to Monsters University - FCCLA 101 Understand our purpose!**

**(2nd rotation | 2:20-2:50 pm)**

**Julianna Snow and Clara Pereira- FCCLA 101**

Welcome to Monsters University! Here we have a place for everyone! Today will be focusing on your FCCLA 101 knowledge. Come and learn all you need to know and be prepared for a pop quiz!

Room: Battle Creek- Level 3

**Title: It's a balancing act of Student, Life, and Leadership...**

**Emme Stockdale**

Join us to discover practical strategies for managing life when things feel busy and stressful. Hear real examples of how others have found balance — and learn how you can too!

**FCCLA MISSION:**

To promote personal growth and leadership development through Family and Consumer Sciences education. Focusing on the multiple roles of family member, wage earner, and community leader, members develop skills for life through character development, creative and critical thinking, interpersonal communication, practical knowledge, and career preparation.

# STUDENT SESSION #4 3:00-3:30 pm

## Chapter Officer POSITION Workshops

*\*Note: If the room is full, please attend another session!*

<p>Room: Ballroom C - Level 2 <b>Title: Hollywood's Power Pair for Presidents - VP</b></p> <p><b>Kylee Bangerter   Rachel Ryu</b> Chapter presidents and vice presidents will learn how to lead with confidence and teamwork. We'll explore officer duties, set SMART goals, and use the planning process summary page in leading meetings. You'll walk away with tools to help your chapter shine through the core values of FCCLA.</p>	<p>Room: Cascade C- Level 3 <b>Title: Sailing the 8 seas! How to do National Programs in Action</b></p> <p><b>Kameron Hughes</b> Set sail on your national program projects with this workshop. We will be going over a step by step process for planning and executing an award winning national program for your chapter.</p>
<p>Room: Ballroom B - Level 2 <b>Title: Helping your fellow chapter members become a STAR for STAR Event VP</b></p> <p><b>Elsie Christiansen   Julianna Snow</b> Want to help your chapter crush it at STAR Events? This workshop is all about fun, easy ways to hype up your members and get them involved. From themed meetings and games to treats, tips, and social media ideas. We'll talk about memorization hacks, how to keep things fun and supportive, and how to be the leader your chapter needs. You'll learn how to help your team shine like STARS!</p>	<p>Room: Cascade D - Level 3 <b>Title: From Backstage to Center Stage for Public Relations - History</b></p> <p><b>Jennilyn Hess   Anna Dupaix</b> Join our VP of Public Relations and our VP of History as they explore the idea of helping officers to guide their chapter to be more involved on the school, community, and national FCCLA levels. Come learn how to move your chapter to the center stage!</p>
<p>Room: Cascade AB - Level 3 <b>Title: Lights, Camera, RECRUIT</b></p> <p><b>Emme Stockdale and Brielle Kohler</b> Want to grow your FCCLA chapter and keep members involved all year long? This workshop will explore effective strategies for recruiting new members and retaining current ones through meaningful engagement. You'll also gain fresh, fun activity planning ideas to spark involvement and strengthen chapter unity. Join us to walk away with the tools and inspiration to build a thriving FCCLA chapter!</p>	<p>Room: Cascade E - Level 3 <b>Title: Reel Impact: A Community Service Blockbuster</b></p> <p><b>Colby Groodrich</b> Join us to explore practical ways to incorporate the Utah FCCLA State Service Project, <i>We Help Two</i>, into your school and make a meaningful impact in your community. We will learn more about the state service project, and will go through the planning process, showing you how to plan and initiate a movie-worthy project!</p>



Room: Hobble Creek - Level 3

**Title: How to Score Sponsorships and Raise Money  
— Just Like Tiana!**

**Teddy Ho | Clara Pereira**

This workshop will teach participants how to confidently secure sponsorships and raise funds for their projects, events, or organizations. Through interactive games, group activities, and practical exercises, participants will learn the basics of fundraising, discover creative ways to find sponsors, and practice pitching ideas. By the end, everyone will have tools to plan, reach out, and follow up with potential sponsors, while also understanding how fundraising plays an important role in making activities possible.

Room: Soldier Creek - Level 3

**Title: Finding Your Voice: Advocating for FCCLA & Leadership Skills - Take Action!**

**Becky Sagers - CTE Coordinator in Weber District**

This workshop will empower students to step into leadership by learning how to effectively advocate for FCCLA and Career and Technical Education (CTE) programs. Participants will explore strategies for professional communication, share personal stories of growth and achievement, and gain confidence in expressing the value of FCCLA in their communities. The session will also provide guidance on contacting local legislators in a respectful and impactful way to help them understand the importance of supporting student programs and opportunities.

**Stop by the main stage during lunch and meet Anna!**



### **Member Spotlight**

**Ana Carnavale - Crimson Cliffs High - Senior**

**National Top Ten Finalist**

**National FCCLA 3rd place winner**

My name is Ana Carnavale and I'm currently a Senior at Crimson Cliffs High School. I joined FCCLA my Sophomore year of high school. My friend and I were the first people to ever compete in FCCLA at our school. We both got to attend nationals in Seattle, where we took 6th as a team!

I decided to go back and compete in the same category my junior year. I took **1st place at state**, and had the opportunity to attend Nationals in Orlando, Florida! The night before my competition, I returned to my hotel room to find that room service had thrown away (30-40%) of my project. I'm

not sure what I would have done if it wasn't for my loving and supportive adviser who took me on an emergency shopping trip and stayed up late making sure I could remake my project in time! Despite that setback, I ended up taking 3rd nationally!

Being a part of FCCLA has been a highlight of my high school career so far. From the relationships I've created, to the resilience and knowledge I've gained, FCCLA has had an impact on me that will last long after I graduate. Oh ya, I also wrote a book: Check it out <https://a.co/d/egGOgy1>

Ana is a shining example of how Career and Technical Education (CTE) and FCCLA prepare students for the future. Ana demonstrated problem-solving, resilience, and resourcefulness—skills fostered through FCCLA and supported by her dedicated adviser. Ana credits FCCLA with equipping her with skills that extend far beyond competition—critical thinking, teamwork, time management, and the confidence to pursue ambitious goals. Her experience exemplifies the impact of CTE programs in preparing students for success in college, careers, and life.

*Everyone who chats with Ana and enters a ticket will have the **chance to win a free copy** of her book*

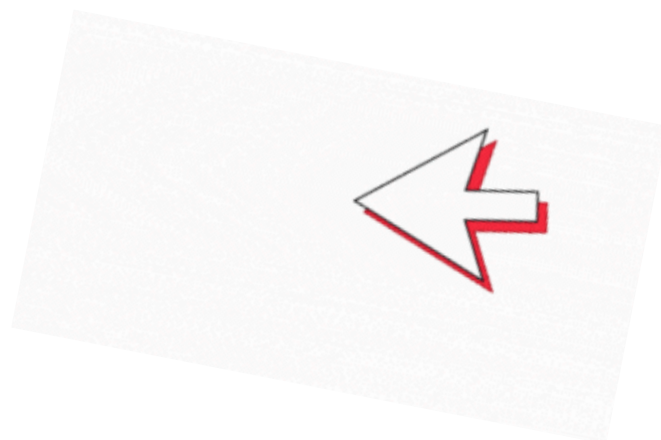
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**Do you want to be our next student spotlight? Email your story and picture to [utahfccla@gmail.com](mailto:utahfccla@gmail.com)! We can't wait to highlight more of our amazing members.**

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1:40 - 2:10 pm	Ballroom A - High School Adviser Info Session - <i>FCCLA State Board</i> Hobble Creek - Junior High Adviser Info Session - <i>Melissa Judkins &amp; Lenora Reid</i>
2:20 - 2:50 pm	Soldier Creek- Officer Meetings   Helping with STAR Events   Planning Process - <i>Ashlee Christiansen - Jessica Knotts - Kayla Orton</i> Ballroom A - Judges Training - <i>Daphne Stockdale &amp; Aubrey Frandsen</i>
3:00- 3:30 pm	Soldier Creek- Officer Meetings   Helping with STAR Events   Planning Process - <i>Ashlee Christiansen - Jessica Knotts - Kayla Orton</i> Ballroom A - Room Consultant Training - <i>Daphne Stockdale &amp; Aubrey Frandsen</i>
3:40 - 4:20 pm	Ballroom A - The Power of Intention - Guest Speaker - <i>Tiffany Peterson</i>



**CHOOSE FROM THE FOLLOWING 3:40 - 4:20 PM**



### **Ballroom C – Polished & Professional** **Miss Utah – Jordyn Bristol**

*Jordyn is earning her Master of Business Administration degree from Western Governors University. She has a bachelor's degree in public relations and strategic communications from Utah Valley University. She wants to work in sports marketing for the International Olympic Committee one day. Come develop the skills to present yourself with confidence while strengthening transferable, lifelong interpersonal communication abilities.*



### **Ballroom B – Next Level Leaders** **Meggan Callister – Utah 4-H**

*In this workshop, youth will dive into fun, hands-on activities that bring leadership to life! Participants will discover their unique leadership style while strengthening skills in teamwork, communication, and problem-solving. By the end, they'll feel more confident and prepared to take on leadership roles in chapters, schools, families and their communities.*



**ADVISER  
SESSION**

### **Ballroom A – The Power of Intention** **Tiffany Peterson**

*During this session, you will learn 3 key principles that will help you to create with intention a life, career, and results that you love.*

*Tiffany Peterson is a seasoned speaker with two TedX talks in her career, a business coach, and podcast host of a Top 1% global podcast. Join us for this inspiring session!*

*Enter a ticket and you will have the **chance to win a free copy** of her book 'My Creation Journal'.*

Share Your Stories! Want to help your chapter earn the **4-STAR Chapter Award**? Here's your chance! Submit articles, event highlights, or photos to our newsletter. We want to showcase the **amazing things your chapter is doing** across the state. When the legislature sees your accomplishments, they understand the real impact of FCCLA and CTE on students like you!

September **Student** Newsletter [Link](#)

September **Adviser** Newsletter [Link](#)





## CLOSING SESSION 4:25- 5:00 PM

4:30 - 5:00 pm

Closing Session - Door Prizes

Sock Design Award Winner

Japanese Exchange Student Presentations

Averi Jorgensen, Skyridge High

Spencer Draper, Dixie High

Knowledge Bowl - Advisers

The Above & Beyond Award



*The FCCLA Above and Beyond Award recognizes students and advisers who stand out at the conference through their professionalism, dress, kindness, and overall positive impact on students. It's all about how they act, engage, and lead by example during the event. You are a natural leader!*

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**Adviser Certificate of Attendance | Time: 10:00 AM – 5:00 PM**

**Congratulations on participating! Scan the QR code below to print your Certificate of Attendance and earn 6 re-licensure points toward your professional development.**



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**Conference Review Survey**

**We value your input! Please take a moment to share your feedback using the QR code below. Your thoughts are essential in helping us improve and plan even better events in the future.**



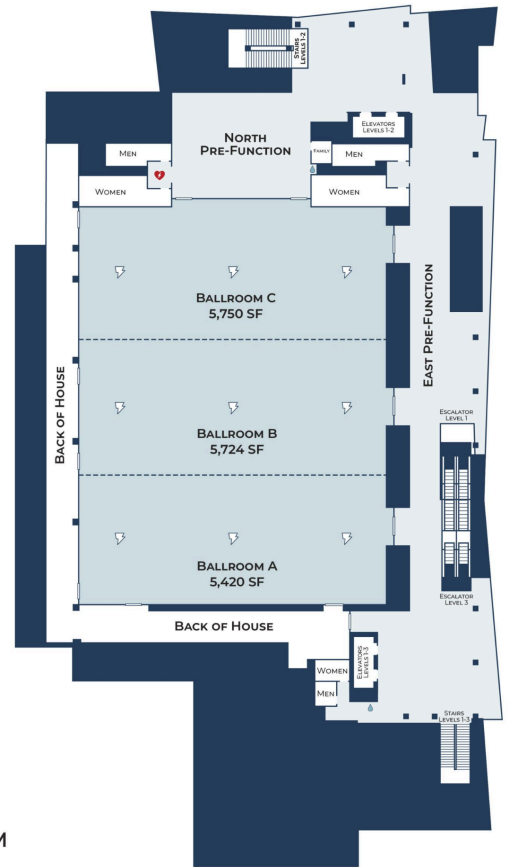
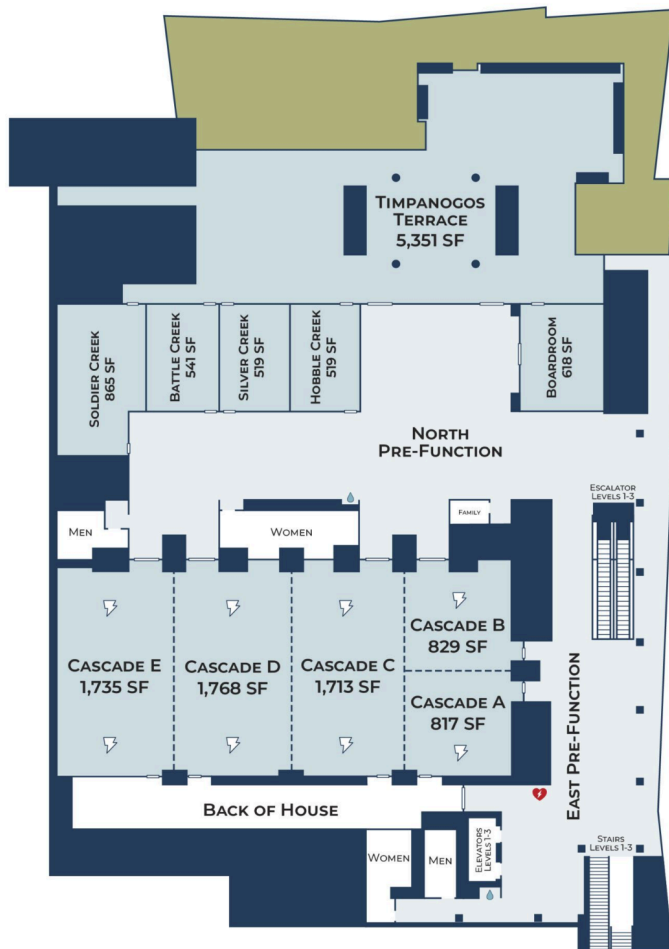
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**Planning Process Help**

**Need help planning your STAR Event? Check out SchoolAI, a tool designed to help you brainstorm and organize your ideas. This has been created specifically to help you be successful. Remember: when using AI for STAR Events, always cite your sources!**



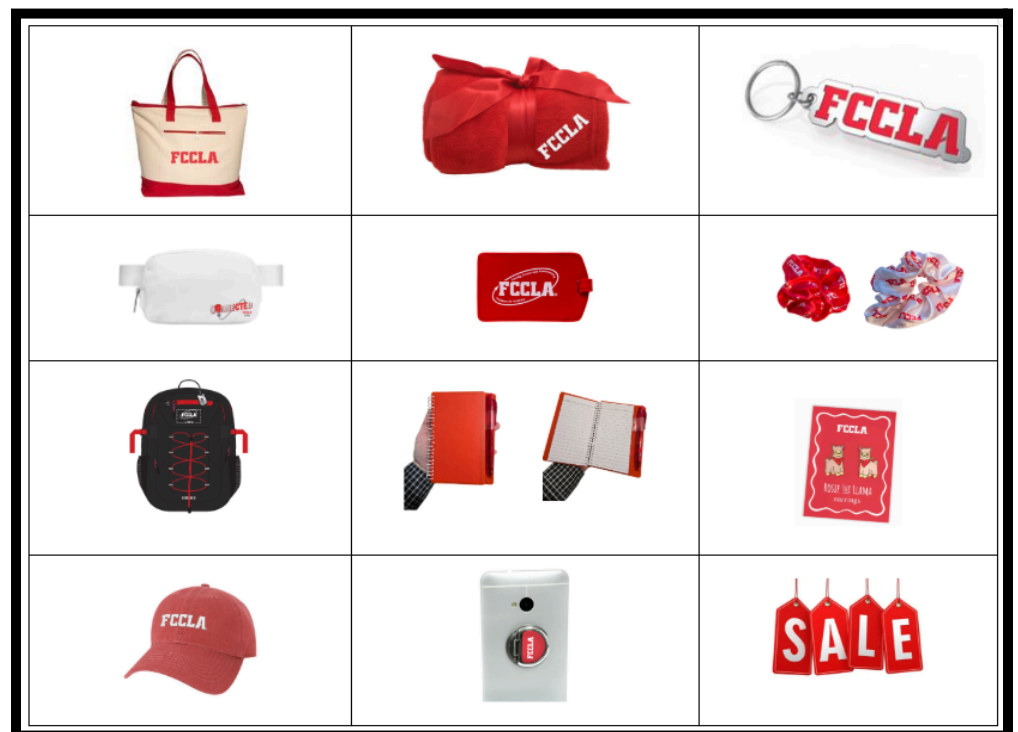
# Conference Maps



'EL 2  
ROOM

## LEVEL 3 MEETING ROOM

The FCCLA Swag Store will be up and running! Explore a wide selection of official merchandise, including these featured items and many more.



# 2025-2026 FCCLA Dates to Remember

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- \***October/November:** Region Activities
- \***October 9th:** Be a Teacher Day
- \***February:** Utah FCCLA Regions
- \***February 9-13:** FCCLA Week
- \***February 26:** Utah FCCLA Jazz Night
- \***March 24-25:** Utah FCCLA State Conference
- \***July 5 - July 10:** FCCLA National Leadership Washington, D.C.
- \* **October 1st:** Fall Leadership 2026

## 2025-2026 OPPORTUNITIES TO GET INVOLVED

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### Membership Promo Video Competition

Increase membership by creating a short video promoting FCCLA.

#### **Contest Rules:**

- Any affiliated FCCLA member interested can submit ONE entry
- 30 second video educating people about FCCLA or encouraging students to get involved
- Entry must be submitted on the [utahfccla.org](http://utahfccla.org) website
  - Click on Members, Competitions, Promo Video
- The deadline is **December 19th.**

*The winning video will be highlighted at State FCCLA.*

### State Pin Design Competition

Are you feeling creative? Would you like your design to be selected as the 2026 state pin for Utah FCCLA to share at the National Convention? We need your help designing this year's Utah Pin!

#### **Contest Rules:**

- You must be an affiliated FCCLA member
- Only one design may be submitted per person
- The design **MUST** include the following
  - Utah or UT
  - Showcase some unique aspect of the state of Utah
  - The pin itself may be any shape
  - Limit to 4 colors
  - The size is 1 x 1 -1.25 x 1.25
  - Submit png, jpeg or pdf
- Entry must be submitted on the [utahfccla.org](http://utahfccla.org) website
  - Click on Members, Competitions, Pin design
- Deadline is **March 1, 2026**

*\*Utah FCCLA reserves the right to make small alterations to the winning design to make it more conducive for the pin creation process*



# 2025-2026 Utah FCCLA State Goals



Get ready to shine on the FCCLA Red Carpet this year by competing the Utah FCCLA State Goals Challenges. Each Category earns your chapter statewide bragging rights!

Don't forget to submit your application by March 1<sup>st</sup>

<https://www.utahfccla.org/awards.html>



## **Membership: Finding Nemo Award**

"Just Keep Swimming!" Hold at least 2 recruitment activities and show an increase in your affiliated chapter membership.



## **National Programs: The Cars Award**

"Ka-chow!" Race towards success with the FACTS National Program. Complete the FACTS national program and submit an application.

Optional: Go the extra mile and submit an application to

**Safe Rides Save Lives** for cash awards.



## **Leadership Development: The Mulan Award**

"Let's get down to business." Team up with another CTSO at your school to host a leadership activity. Get it featured in the local newspaper or on school and district social media. Show your community the leadership skills you're gaining through being involved in FCCLA and how it's connected with Career & Technical Education!



## **Promote & Publicize FCCLA: The Inside Out Award**

"You made it!" Use the STAR Event Promote and Publicize FCCLA to plan an activity that helps educate your community, high school or junior high student body or middle school CCA class about the benefits of FCCLA and how it relates to the Family Consumer Science CTE Pathways. Share your efforts on social media.

Optional: *Encourage a student(s) heavily involved in the event to compete in this STAR event for region/state.*



## **Fundraising & Awareness: The Princess & the Frog Award**

"Dreams don't work unless you do" Socktober Fundraising & Awareness Activities. Join Utah FCCLA in making a difference this October! Raise funds for your chapter by selling socks while supporting Utah Foster Care. Utah FCCLA chapters across the state will all be united in this service effort—it's a fun and easy way to serve, support, and connect!

Order your socks now [trevor@wehelptwo.com](mailto:trevor@wehelptwo.com)

**2025-2026**

# --- 2025-2026 UTAH FCCLA STATE SERVICE PROJECT---

Utah FCCLA is proud to support foster youth through a statewide sock drive in partnership with Utah Foster Care and We Help Two. Each year, thousands of children enter foster care in Utah, often with very few personal belongings. Something as simple as a clean pair of socks can provide



comfort, warmth, and a sense of dignity.

This year, we're joining Utah's First Lady, Abby Cox, to make a difference. Our challenge is simple—25 FCCLA chapters selling 100 packs each, or 50 chapters selling 50 packs each—to support foster children across our state.


Our goal is to sell 2,500 packs of socks. When we reach that goal, 1,250 pairs will be donated to foster youth throughout Utah. Chapters can join in by hosting sock drives, sock hops, "Socktober" events, or other creative sock-themed fundraisers in their schools and communities.


Contact **State Officer Colby Goodrich** with any questions  
[vpcommservice@utahfccla.org](mailto:vpcommservice@utahfccla.org)

Click the link below to get your chapter signed up!



**FCCLA + We Help Two =  
FUNDRAISING WITH A PURPOSE!**  
Official Fundraising & Service partner of FCCLA

**EARN MONEY.  
GIVE BACK. WIN BIG!**  
We Help Two Makes fundraising fun, impactful, and easy combining crazy socks, community service and rewards for FCCLA chapters!

**NEW CHAPTER INCENTIVE PROGRAM!**

- 1 Every 10 packs sold by a chapter member = 1 entry into a \$50 Amazon Gift Card Drawing
- 2 Every additional 10 packs sold = 1 entry
- 3 Every additional 100 packs sold, another \$50 gift card is added

**3 Ways To Fundraise**


- 1 **Choose Your Own Cause:**  
Raise funds for your chapter or the Foster Care Program. 50% of all sales go directly to your cause.
- 2 **Socks for Clean Water:**  
Every pack sold provides clean water for 6 people in Rwanda.
- 3 **Best of Both:**  
Split the profit between your chapter and/or two other causes.


**NO UPFRONT COST. 50% PROFIT. FULL FLEXIBILITY**  
Sell socks in person or with your personalized web page.  
No upfront cost — We Help Two ships the socks directly to your chapter. Return any unopened, unsold socks for full credit.  

<b>How the Money Works</b>	
Three-Pair Packs: Sale Price: \$17 Profit: \$8.50 per pack (50%)	Super Singles (1 Pair) Sale Price: \$6 Profit: \$3 per pair (50%)

  
**Local Giveback Included**  
For every 2 packs sold, your chapter will receive 1 pair of socks to donate locally—whether to shelters, hospitals, or other organizations in your community.

**READY TO START?  
LET'S DO THIS.**  
Email us at  
[trevor@wehelptwo.com](mailto:trevor@wehelptwo.com)





[HTTPS://WWW.WEHELPTWO.COM/NEW-PAGE-1](https://www.wehelptwo.com/new-page-1)

**TOGETHER, LET'S MAKE AN IMPACT—one PAIR OF SOCKS AT A TIME.**

# Other ways to get involved with Utah Foster Care this year!

<https://utahfostercare.org/get-involved/volunteer/>



## Service Saturdays

Participate in a project to help a family around their home. If you know how to patch drywall, you'll win everyone over. This is for those who really want to get their hands dirty (literally!)



## Kid's Night Out

Once a month on either a Friday or Saturday, foster parents can drop their kids off for 2.5 hours. Volunteers play games, watch movies, organize crafts or other activities, and eat with the kids while our foster parents enjoy some much-deserved free time!



## Event Support

Help out at one of our yearly events such as the Chalk Art Festival, Fostering Hope Luncheon, or other local events. 2-4 hours, depending on event or activities leading up to event.



## Collection Drive

Work with our volunteer coordinator to organize a drive at your church, school, company, or neighborhood to benefit children in foster care.

We request that you confirm which items will be collected **prior to starting the drive**. Needs vary throughout the year and our storage space is very limited.



## Provide A Meal

Be on a list of providers willing to prepare or purchase dinner for a foster family in their area who could use a little extra help.



## Host A Meet And Greet

A private meet and greet can educate community members about our critical mission. Host family, friends, or coworkers at a 1-hour event designed to raise awareness of Utah Foster Care.



## Clips of Connection!

Be one of the lucky people to write on a clip!

Secretly "clip" someone (stick a clothespin on their jacket)

When you get clipped, take a picture, post it on socials, and tag @utfccla @UtahFCCLA

Once you post, go "Clip" someone else!

Spread Positivity, Smiles, and make some new friends

Let's keep our clips uplifting!

# TAKE ACTION

YOU HAVE THE POWER TO MAKE A REAL DIFFERENCE FOR YOUR SCHOOLS AND COMMUNITIES. CAREER AND TECHNICAL EDUCATION (CTE) AND FAMILY, CAREER AND COMMUNITY LEADERS OF AMERICA (FCCLA) PROGRAMS HELP STUDENTS GAIN SKILLS THAT PREPARE THEM FOR LIFE, COLLEGE, AND CAREERS. BUT THESE PROGRAMS ONLY GROW STRONGER WHEN STUDENTS SPEAK UP AND SHARE THEIR VALUE.

## —YOUR VOICE MATTERS—

WHETHER IT'S WITH YOUR CLASSMATES, PARENTS, FCCLA CHAPTER, SCHOOL LEADERS, DISTRICT CTE AND BOARD MEMBERS, OR ELECTED OFFICIALS. WHEN YOU ADVOCATE FOR CTE AND FCCLA, YOU ARE PROTECTING OPPORTUNITIES FOR YOURSELF AND FUTURE STUDENTS TO CONTINUE HAVING OPPORTUNITIES LIKE THIS.



## DOWNLOAD THE CONFERENCE APP ON YOUR PHONE



## LOOK LIKE A STAR!

MARY KAY AND UTAH FCCLA HAVE TEAMED UP TO HELP THE UTAH DELEGATION SHINE WITH CONFIDENCE AS STUDENTS PRESENT STAR EVENTS.

VISIT THE MARY KAY BOOTH TO PICK UP CONFIDENCE-BOOSTING TIPS, SKINCARE GUIDANCE, AND PRESENTATION TRICKS THAT WILL HELP YOU LOOK AND FEEL YOUR BEST.







# — YOUR VOICE MATTERS —

## 10 WAYS YOU CAN ADVOCATE FOR FCCLA & CTE IN UTAH:

### **TIPS FOR CONTACTING THE LEGISLATURE OR STATE SCHOOL BOARD ABOUT CTSOS:**

1. SHARE YOUR FCCLA STORY WITH A LEGISLATOR—TELL THEM HOW IT HAS IMPACTED YOUR LIFE. CLICK ON THIS LINK TO FIND OUT WHO REPRESENTS YOUR AREA. [HTTPS://LE.UTAH.GOV/GIS/FINDDISTRICT.JSP](https://le.utah.gov/gis/finddistrict.jsp)
2. USE YOUR ZIP CODE IN THE SUBJECT LINE (E.G., SUBJECT: 84653 - CTSO).
3. ATTEND CAREER AND TECHNICAL STUDENT ORGANIZATION (CTSO) DAY AT THE UTAH CAPITOL. IF YOU HAVEN'T EVER BEEN ASK YOUR ADVISER ABOUT GOING.
4. SCHEDULE IN-PERSON MEETINGS / CAPITOL VISITS WITH COMMITTEE MEMBERS AND LOCAL REPS.
5. LAUNCH COORDINATED EMAIL & LETTER CAMPAIGN TO COMMITTEE MEMBERS, LOCAL LEGISLATORS, AND DISTRICT SUPERINTENDENTS. USE THE TEMPLATES BELOW.
6. INVITE SCHOOL BOARD MEMBERS OR ADMINISTRATORS TO ATTEND A CHAPTER EVENT. MAKE SURE THEY KNOW WHY YOUR ORGANIZATION IS IMPORTANT AND VALUABLE TO CONTINUE FUNDING.
7. POST ABOUT YOUR FCCLA EXPERIENCES ON SOCIAL MEDIA! SHARE WHY CTSOS LIKE FCCLA (FFA, DECA, ETC) ARE SO IMPORTANT AND HOW THEY HELP STUDENTS SUCCEED. REMIND OTHERS THAT FUNDING FOR CTE AND CTSO PROGRAMS IS ESSENTIAL —OUR STATE NEEDS TO CONTINUE SUPPORTING THESE OPPORTUNITIES INSTEAD OF REDUCING THEM.
8. WRITE A THANK-YOU NOTE TO COMMUNITY OR BUSINESS PARTNERS WHO SUPPORT YOUR PROGRAM.
9. CREATE A SHORT VIDEO SHOWCASING WHAT YOUR FCCLA CHAPTER IS DOING—YOUR PROJECTS, EVENTS, AND ACHIEVEMENTS. SHARE IT WITH YOUR SCHOOL, DISTRICT LEADERS, AND EVEN YOUR STATE LEGISLATORS TO SHOW THE IMPACT OF FCCLA AND THE IMPORTANCE OF SUPPORTING CTE AND CTSO PROGRAMS.
10. ORGANIZE A "CTE SHOWCASE" AT YOUR SCHOOL WITH PROJECTS, FASHION SHOWS, OR COMPETITIONS. MAKE SURE LOCAL NEWS OUTLETS ARE AWARE OF WHO YOU ARE AND WHAT YOU ACCOMPLISH THROUGH FCCLA.



<https://www.utahjazz.group/FCCLA2026>



**Thursday  
February 26<sup>th</sup>  
Delta Center  
7:00 pm**

**Doors open at 5:00 PM  
Courtside view of warmups!  
6:25 PM – FCCLA State Officer Recognition  
Join us in Section 129**

[WWW.UTAHJAZZ.GROUP/FCCLA2026](http://WWW.UTAHJAZZ.GROUP/FCCLA2026)

**JOIN UTAH FCCLA AT THE UTAH JAZZ GAME AS  
WE CELEBRATE AND RECOGNIZE ALL FCCLA  
ALUMNI—PAST AND PRESENT—WHO HAVE  
BEEN PART OF OUR ORGANIZATION OVER THE  
YEARS! THERE IS CURRENTLY A 20% DISCOUNT  
ON TICKETS. GET YOURS BEFORE IT GOES  
AWAY.**





## Other Opportunities for FCCLA Chapters

**Contact: Stephanie Morell @ [stephanie@fill.foundation](mailto:stephanie@fill.foundation)**

## Award Winning Cash Prizes



## FREE Standards-Aligned Lessons and Resources

- For grades 6-12
- Civic engagement and leadership
- Implement a project and compete for grant funds from \$500 to \$5,000

**NEW!**

A Slide Deck designed to complement the Explore, Act, Tell, Lessons. Use this presentation tool to enhance your teaching and bring the Program to life! **ExploreActTell.org**



**Early Challenge Deadline: January 9, 2026**

**Annual Challenge Deadline: May 15, 2026**

LET'S GET STARTED!

**ExploreActTell.org/registration**



# FCCLA CTE CAREER CLUSTER OPPORTUNITIES THROUGH FCS



Explore Career Clusters supported by FCCLA through FCS education, showcasing career opportunities that build real-world skills and prepare students for success in their future careers.

## ARTS & DESIGN

The Arts & Design Career Cluster offers creative careers in fashion, interior design, visual and performing arts, and entertainment, focusing on functional, inspiring, and artistic designs that enrich and enhance lives.

### Possible Careers Include:

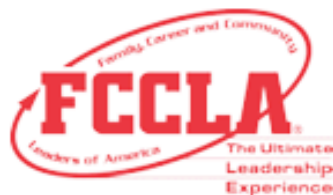
- Art Therapist
- Commercial Designer
- Costume Designer
- Event Designer/Coordinator
- Fashion Designer
- Interior Designer
- Personal Stylist
- Residential Designer
- Space Planner
- Textile Designer

## HOSPITALITY & TOURISM

The Hospitality & Tourism Career Cluster offers careers in managing restaurants, lodging, attractions, events, and travel, focusing on creating memorable experiences, exceptional service, and supporting the dynamic dining, travel, and entertainment industries.

### Possible Careers Include:

- Event Planner
- Head Cook
- Hotel Manager
- Human Resources Specialist
- Nutritionist
- Park Ranger
- Restaurant Manager
- Sous Chef
- Theme Park Manager
- Travel Consultant



## FINANCIAL SERVICES

The Financial Services Career Cluster offers careers in advising, planning, and managing personal finances, including budgets, investments, insurance, and retirement, helping individuals and families achieve financial security and navigate financial systems.

### Possible Careers Include:

- Accountant
- Certified Financial Planner (CFP)
- Credit Counselor
- Digital Banking Specialist
- Financial Literacy Educator
- Insurance Agent
- Personal Banker
- Personal Financial Advisor
- Portfolio Manager
- Tax Advisor

## EDUCATION & TRAINING

The Education & Training Career Cluster offers careers in teaching, administration, and instructional support, inspiring learners of all ages, fostering growth, and shaping future generations through knowledge and workforce readiness.

### Possible Careers Include:

- Academic Dean
- Behavior Specialist
- College or University Professor
- Curriculum Developer
- Education Researcher
- eLearning Specialist
- Guidance Counselor
- School Principal
- School Teacher
- Superintendent

## HUMAN SERVICES

The Human Services Career Cluster offers careers in counseling, mental health, personal care, and advocacy, addressing personal and societal needs to improve well-being and make a meaningful impact on individuals and communities.

### Possible Careers Include:

- Art or Music Therapist
- Childcare Worker
- Cosmetologist
- Hairstylist
- Life Coach
- Nonprofit Director
- Personal Trainer
- Psychologist
- School Counselor
- Social Worker

## PUBLIC SERVICE

The Public Service Career Cluster offers careers in public health, emergency services, social services, and government, focusing on community needs, vital resources, and improving quality of life with leadership and compassion.

### Possible Careers Include:

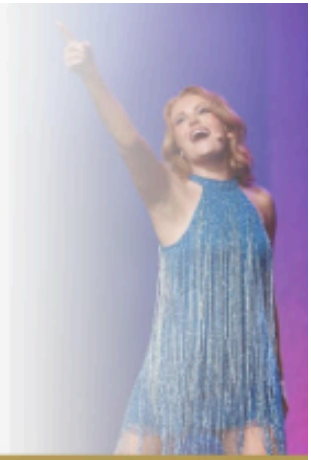
- Accessibility Specialist
- City Planner
- Disease Prevention Specialist
- Environmental Health Specialist
- Epidemiologist
- Housing Specialist
- Human Services Director
- Social Worker
- Transportation Coordinator
- Youth Program Director





# Miss Utah

## JORDYN BRISTOL



### Fast Facts

- Partners with The Policy Project, Utahns Against Hunger, American Heart Association's Utah Advocacy Committee, and No Kid Hungry
- **Manages paid and organic social media content and strategy for 22 clients**
- Collected more than 2,000 pounds of food for local food banks
- Award-winning vocalist specializing in musical theatre repertoire
- Passionate about exploring Utah's scenic outdoors
- **Earned over \$30,000 in scholarship assistance through Miss Utah**

### About Jordyn

Jordyn Bristol, originally from La Verne, California, holds a B.S. in Public Relations and Strategic Communications from Utah Valley University. She works as a social media manager at Avalaunch Media and is currently pursuing an M.B.A. through Western Governors University. Jordyn's service initiative, "Food Insecurity: Outnumber Hunger," focuses on partnering with nonprofit organizations and legislators to develop long-term solutions to address food insecurity across the state. Inspired by her late father's passion for serving others, Jordyn advocates for the 1 in 6 Utah children who face meal uncertainty.

### Presentation Topics

- Healthy Lifestyles
- Resilience/Goal Setting
- Cyberbullying Prevention
- Safe Social Media Habits
- Leadership
- Food Insecurity



@missamericaut



bookings@missutah.org



www.missutah.org

### About Miss Utah

The Miss Utah Scholarship Organization (MUSO), a 501(c)(3), is an official state preliminary of Miss America. The MUSO promotes academics, community service, and communication skills and is considered a launching pad for Utah's women to further their academic and career goals. In 2024, the MUSO and its local licenses are projected to award over \$250,000 in scholarship funds statewide to local and state contestants.

# ♥ FCCLA Foster Care Awareness Special



## Bring Ryan Stream to Your School!

Because I was once a foster kid myself, I believe deeply in helping students find a home, a family, an Ohana. That's why I am partnering with FCCLA in your schools, towns, and cities to raise awareness and support this cause while bringing powerful assemblies to your students.

✓ **Normal Rate: \$5,000**

**FCCLA Special: \$2,500 (50% off) + Your School Gets a FREE 2-Hour Training**

### What You Get



A high-energy school assembly that inspires resilience, leadership, Mental health & confidence.



A FREE 2-hour leadership training for your FCCLA, Hope Squad, or student leaders (up to 50 students)

### Why the Discount?

I want your school to use the rest of the money you would have given to me to donate, we can help other students find a home, a family, an Ohana.

And if we need to throw a nighttime concert in your area to make some noise Let's make it happen together.

**Offer valid only for events booked in October & November 2025**

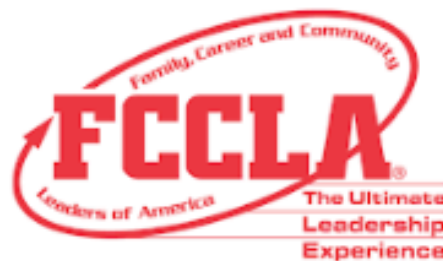
✉ [ryanstreamspeaks@gmail.com](mailto:ryanstreamspeaks@gmail.com) ☎ 435-253-1868



2025 - 2026  
UTAH FCCLA  
MEMBERSHIP CAMPAIGN

GET YOUR CHAPTER  
**BURSTING**  
WITH MEMBERS!

INCREASE YOUR CHAPTER'S  
MEMBERSHIP BY 10%





# Teaching Starts With *You!*



## National Be a Teacher Day™

Thinking about a future in teaching? Be a Teacher Day™ is your chance to explore the world of education and discover what it takes to inspire the next generation. Held annually on the second Thursday of October, this event gives students hands-on experiences, career insights, and a glimpse into the impact of becoming a teacher. Take the first step toward a rewarding career—access the toolkit and register your event at [BeATeacherDay.org](https://BeATeacherDay.org)!

### **Specialized Toolkit**

Use the Be a Teacher Day™ Toolkit to access everything you need to host a well-organized, impactful event that highlights the rewards of a career in education.

#### What's Included in the Toolkit?

- Ready-to-use Templates
- Student Engagement Ideas
- Educational Pathways Information



Scan to access  
the toolkit!

### **Editable Resources**

Visit [BeATeacherDay.org](https://BeATeacherDay.org) to access a range of editable resources in Canva, Microsoft Word, and Excel, allowing you to customize event materials to fit your school or community's unique needs.

