Muenster ISD

Student Health Advisory Council

Meeting Minutes - Monday, October 21, 2024 - 07:30 A.M.

1. **Meeting Called to Order** @ 07:32 A.M. by Brandi Richardson

2. **Sign-In/ Welcome & Thank You!** Members present as follows:

Staff:	Parents/ Community:
Brandi Richardson	Tiffany Lutkenhaus
Kourtney Vogel	Kay Schroeder
Monte Sewell	Shelley Wylie
Debra Sicking	Stevie Maas
Cassie Newton	Karime Graves
Matthew Quick	Jo Schilling
Jackie Reynolds	DJ Yarbrough

3. **Introduction of Members** - Members that were present introduced themselves to the group. Karime Graves is a new member to the group this year. She is an employee of Muenster Memorial Hospital, and she spoke to the group about the local hospital's desire to partner with Muenster ISD for student health education, mainly on the topic of the dangers of Fentanyl, etc. The hospital has applied for and received a grant and is in the planning phases right now, so the specifics of the education being offered will be discussed further at the next meeting.

4. **Approved minutes from the previous meeting on April 08, 2024** - Minutes from the previous meeting were approved with a correction made to add Kay Schroeder to the list of members present. Tiffany Lutkenhaus made a motion to approve the corrected minutes. Kay Schroeder seconded the motion. Minutes approved.

5. **Overview of the purpose/ role of the SHAC** - The purpose/ role of the SHAC was briefly discussed. All members were encouraged to look at the School Health Advisory Council guide for Texas School Districts, which can be found on the DSHS website. A printed version was offered to members upon request.

6. **Review of health related employee training held during inservice** - Nurse Richardson updated the council on the health related employee training that was completed during inservice. In addition to the required online compliance training, employees at Muenster ISD (31 employees) completed CPR/ AED & STOP the Bleed Certifications during inservice. All MISD staff members that are directly involved with students with food allergies, or other severe allergies, were trained to recognize the signs and symptoms of anaphylaxis and in EpiPen administration. Specified district employees were also trained in the administration of Narcan, in the event of an opioid overdose.

7. **Review of current and upcoming student/ employee health related programs planned for this semester** - Nurse Richardson informed the council that there is an upcoming Flu Vaccination Clinic for any interested students and staff members on October 23, 2024. This flu clinic is being made possible by collaborating with the Muenster Memorial Hospital Family Health Clinic. Jackie Reynolds, the HS Counselor, informed the council about the work of Abigail's Arms in the district. The school also hosted an event put on by Measured by Character for 7th-12th grade students on October 16, 2024. Cassie Newton, Elementary Counselor, stated that elementary students are benefiting from education from CASA. There are also plans for education for elementary students from NED's Resiliency Ride in the near future. Character lessons for all grade levels are ongoing.

8. **Future goals and objectives of the SHAC; Suggestions from members on ways to improve overall school health** - Many educational topics for students were brought up by council members, including drunk driving education, more education on drugs and vaping, & reckless/ distracted driving education. The Shattered Dreams program was discussed and will be revisited at a later date. There was also discussion of hosting an evening for parent education in regards to drugs, mainly Fentanyl, and vaping. The members agreed to think about future educational opportunities for further discussion at the next meeting. A question was brought up about the possibility of offering healthier options in the cafeteria and also the possibility of offering higher protein meals/ snacks for student athletes who have to be at school for early morning workouts, etc.; all while complying with all state guidelines. Kourtney Vogel spoke to what is already being offered and states that she is open to discussions and suggestions from members of the council.

9. **Open Forum/ Discussion** - There were no further questions or discussions at this time.

10. **Meeting Schedule/ Dates for the 2024-2025 School Year** - the following meeting dates were approved. No changes were made at this time. If the members feel that additional meetings are needed, those dates and times will be discussed at that time.
    - **December 9, 2024**
    - **February 10, 2025**
    - **April 14, 2025**

11. **ADJOURN** - A motion was made by Shelley Wylie to adjourn the meeting. DJ Yarbrough seconded the motion. Meeting adjourned at 08:09 A.M.

Posted to Website: October 31, 2024

Co-Chair _____