

008.8 Gastroenteritis, viral -- OUTPATIENT ADULTS

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Teaching Notecuts

NOTE

Teaching Outpatient Adults

Suggested File Name: na.gi.gastroenteritis.viral

Suggested File Description: Gastroenteritis¹ Viral GI Adult Note

Subjective:

Vomiting

Pt with vomiting / diarrhea for _____. Vomiting ____ times per day.

Vomit consists of food eaten. NB / NB.

Diarrhea with NO blood.

Pt also with c/o abdominal pain. Pain located primarily in epigastrium and pt. has NO pain in the RUQ or RLQ.

Pt states pain is PERIODIC; DULL and somewhat crampy in character. Pain does NOT radiate to the back.

Intensity of the pain is MODERATE .

¹ Bishop, RuthF et al. "Virus particles in epithelial cells of duodenal mucosa from children with acute non-bacterial gastroenteritis." *The Lancet* 302.7841 (1973): 1281-1283.

Pain is slightly relieved slightly by vomiting or diarrhea.

Pt states NO f/c, ha, wt loss/ gain, cp, sob, urinary symptoms, constipation, blood in urine, blood in stool, pain in legs, pains in joints, rash.

Recent diet consists of _____ .

No sick contacts.

PMH reviewed

PSH reviewed

Meds reviewed

All reviewed

Exam:

Vitals: Reviewed

General A&Ox3. NAD. Congenial, Conversant

Mood and Affect: appropriate

HEENT:

Neck- no LAD, thyroid nonpalpable

Cardio RRR, nl S1S2, no M/R/G

Lungs: CTAB, no w/r/c

Abd: S/ND, NABS, no guarding, no rebound, no HSM, no masses appreciated, slight epigastric tenderness, NO RLQ or RUQ tenderness

Ext: no c/c/e

A/P

VIRAL GASTROENTERITIS 008.8

DDx: Hepatitis, Pancreatitis, Appendicitis

Counselled and discussed medical decision making and recommendations

Advised Conservative Management

- recommended BRAT diet

- recommended stay hydrated

Educated and discussed warning signs

- red flags discussed

- to go to ER if high fever or RLQ pain or blood in stool or large amounts of blood in vomit

Recommend Follow-Up PRN

PATIENT EDUCATION

Education Instructions given to: Patient

NO Barriers to Learning Identified

Patient states understanding of verbal instructions / plan.

Patient / Family agrees with plan and questions were answered.

SUBJECTIVE

Teaching Outpatient Adults

Suggested File Name: sa.gi.gastroenteritis.viral

Suggested File Description: Gastroenteritis Viral GI Adult Subjective

Vomiting

Pt with vomiting / diarrhea for _____. Vomiting ____ times per day.

Vomit consists of food eaten. NB / NB.

Diarrhea with NO blood.

Pt also with c/o abdominal pain. Pain located primarily in epigastrium and pt. has NO pain in the RUQ or RLQ.

Pt states pain is PERIODIC; DULL and somewhat crampy in character. Pain does NOT radiate to the back.

Intensity of the pain is MODERATE .

Pain is slightly relieved slightly by vomiting or diarrhea.

Pt states NO f/c, ha, wt loss/ gain, cp, sob, urinary symptoms, constipation, blood in urine, blood in stool, pain in legs, pains in joints, rash.

Recent diet consists of _____ .

No sick contacts.

EXAM

Teaching Outpatient Adults

Suggested File Name: ex.gi.gastroenteritis.viral

Suggested File Description: Gastroenteritis Viral GI Adult Exam

Abd: S/ND, NABS, no guarding, no rebound, no HSM, no masses appreciated, slight epigastric tenderness, NO RLQ or RUQ tenderness

PLAN

Teaching Outpatient Adults

Suggested File Name: pa.gi.gastroenteritis.viral

Suggested File Description: Gastroenteritis Viral GI Adult Plan

VIRAL GASTROENTERITIS 008.8

DDx: Hepatitis, Pancreatitis, Appendicitis

Counselled and discussed medical decision making and recommendations

Advised Conservative Management

- recommended BRAT diet

- recommended stay hydrated

Educated and discussed warning signs

- red flags discussed
 - to go to ER if high fever or RLQ pain or blood in stool or large amounts of blood in vomit
- Recommend Follow-Up PRN

Brief Notecuts

NOTE

Brief Outpatient Adults

Suggested File Name:

Suggested File Description:

SUBJECTIVE

Brief Outpatient Adults

Suggested File Name:

Suggested File Description:

EXAM

Brief Outpatient Adults

Suggested File Name:

Suggested File Description:

PLAN

Brief Outpatient Adults

Suggested File Name:

Suggested File Description:

References

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Links

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