

Meal Planner

Day	Meal	Option A	Option B	Option C
Fri	Welcome	Beverages only.	Beverages only.	Beverages only.
Fri	Snack	Snacks & beverages.	Snacks, sweets & beverages.	Snacks, sweets & beverages.
Sat	Breakfast	Donuts, bagels, fruit (apples, bananas, oranges), & beverages.	Muffins, bagels, fruit (apples, bananas, oranges) & beverages.	Muffins, bagels, fruit (apples, bananas, oranges) fresh fruit salad & beverages.
Sat	AM Snack	Leftover breakfast.	Leftover breakfast.	Leftover breakfast.
Sat	Lunch	Deli tray for sandwiches, chips, salad, dessert and beverages.	Pre-made sandwiches (pre-made subs), chips, salad, dessert and beverages.	Italian beef sandwiches, pasta salad, cheese, fresh fruit, desserts & beverages.
Sat	Afternoon Snack	Snacks (chips, pretzels, etc.), fruit (apples, bananas, oranges), candy, beverages.	Snacks (chips, pretzels, etc.), fruit (apples, bananas, oranges), candy, beverages.	Snacks (chips, pretzels, etc.), fruit (apples, bananas, oranges), candy, beverages.
Sat	Dinner	Lasagna (meat & meatless), salad, rolls, dessert.	Chicken (fried or rotisserie), potato salad, pasta salad, coleslaw, beverages, desserts.	Chicken (fried or rotisserie), potato salad, pasta salad, coleslaw, beverages, desserts.
Sun	Breakfast	Beverages only.	Beverages only.	Beverages only.
Sun	Morning Snack	Muffins, bagels, fruit (apples, bananas, oranges) fresh fruit salad & beverages.	Muffins, bagels, fruit (apples, bananas, oranges) fresh fruit salad & beverages.	Muffins, bagels, fruit (apples, bananas, oranges) fresh fruit salad & beverages.
Sun	Lunch	Chicken (fried or	Lasagna/Mostaccioli	Deli tray for

		rotisserie), potato salad, pasta salad, coleslaw, beverages, desserts.	(meat and meatless), salad, bread, dessert & beverages.	sandwiches, chips, salad, dessert and beverages.
Sun	Afternoon Snack	Snacks (chips, pretzels, etc.), fruit (apples, bananas, oranges), candy, beverages.	Snacks (chips, pretzels, etc.), fruit (apples, bananas, oranges), candy, beverages.	Snacks (chips, pretzels, etc.), fruit (apples, bananas, oranges), candy, beverages.
Sun	Dinner	All leftovers (sandwiches, lasagna, fried chicken) snacks, fruit, beverages and cake.	All leftovers (sandwiches, chicken, lasagna) snacks, fruit, beverages and cake.	All leftovers (Italian beef, chicken, sandwiches) snacks, fruit, beverages and cake.
Mon	Welcome	All remaining leftovers, snacks, cake & beverages.	All remaining leftovers, snacks, cake & beverages.	All remaining leftovers, snacks, cake & beverages.
Mon	Snack	All remaining leftovers, snacks, cake & beverages.	All remaining leftovers, snacks, cake & beverages.	All remaining leftovers, snacks, cake & beverages.