

Component	Initiative	Date(s)	Budget
Ongoing activities	Example: Squat challenge	01/01/24 - 31/01/24	\$1000 (for rewards)
Expert's sessions	Example: Squat challenge	Feb 15th, 12pm	\$500
Key date	Internation Women's Day workshop	March 8th - 5pm	\$950
	Total budget required - Q1		

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