













Outline for HeartCode ACLS Hands-on Skills (Option 2)

Approximate course duration: 4.75 to 5.75 hours (without breaks);
student-to-instructor ratio for learning stations is 6:1

Lesson number	Course event	Duration (minutes)	Type of lesson
ACLS START	Welcome, Introductions, and Course Administration	15	
ACLS 1	ACLS Course Overview and Organization	10	
ACLS 2	Learning/Testing Station: High-Quality BLS	45	 
ACLS 3	Learning/Testing Station: Airway Management	45	 
ACLS 4	Technology Review	15	 
ACLS 5	Learning Station: High-Performance Teams: Megacode Practice (Lesson 9 in ACLS Lesson Plans)	138	  
ACLS T2-T4	High-Performance Teams: Megacode Testing and Megacode Testing Details	12–75	
ACLS REM	Remediation	Variable	