Echoes of Power and Discontent: A Comparative Analysis of American Populism, Roman Oligarchy, and European Fascism

Introduction: The Populist Impulse in the 21st Century

The political landscape of the 21st century is increasingly defined by a profound public discontent with established economic and political orders. A 2025 survey conducted by Morning Consult for The Century Foundation reveals a stark portrait of contemporary American anxiety, providing a crucial starting point for a deeper historical analysis. The data indicates widespread financial precarity, with 48% of all Americans reporting they would have difficulty paying an unexpected \$500 bill without borrowing. This insecurity is not confined to the lowest earners; 36% of families with incomes over \$100,000 per year report the same vulnerability. This anxiety permeates daily life, with 83% of Americans concerned about the price of groceries and 64% worried about their ability to pay an unexpected medical expense.

Crucially, this discontent is not abstract; it is directed at specific actors. A significant majority of Americans believe the Trump administration had a negative impact on the cost of living (61%) and grocery prices (63%). Beyond government, blame is squarely placed on the wealthy and powerful. Over half of Americans (51%) believe corporations have made life harder for average people in the last quarter-century, and an almost identical number (52%) say the same of billionaires. This sentiment translates into a clear desire for state intervention: overwhelming majorities want the government to hold corporations accountable for price inflation (78%), increase taxes on the wealthy (76%), and break up monopolies (68%). This data crystallizes the core dynamic of populist movements: a clear division between a struggling populace and a perceived elite of corporate, financial, and political interests held responsible for their hardship. To understand the potential trajectories of this contemporary moment, it is essential to place it within a broader historical and theoretical context. This report will comparatively analyze four distinct but resonant historical periods, guided by several key concepts. Populism will be understood as a political approach that juxtaposes a virtuous "people" against a corrupt "elite," a "thin-centered ideology" that can attach itself to various political programs. Fascism will be treated as a distinct phenomenon, differentiated from populism by its fundamental rejection of democracy, its systemic use of violence to eliminate enemies, and its totalitarian goal of national rebirth through purging. The **Oligarchy** of the late Roman Republic will serve as the archetypal case study of a state governed by a wealthy few, where political power is concentrated in an aristocratic class. Finally, the concept of Elite Capture—the process by which movements or resources intended for the masses are co-opted by advantaged groups for their own benefit—will be used to analyze the often-unintended consequences of reform and rebellion. This report will argue that while contemporary American populism shares rhetorical strategies and arises from similar conditions of economic inequality as historical populist and even fascist movements, its trajectory is not predetermined. Its outcome will depend on the nature of the elite response and the resilience of democratic institutions—lessons made starkly clear by the

divergent paths of the American Progressive Era, the Roman Republic's collapse, and Weimar Germany's descent into fascism.

Part I: American Precedents – Cycles of Inequality and Reform

Section 1: The Gilded Age (c. 1870-1900) – The Robber Barons and the People's Uprising

The late 19th century in the United States was an era of profound contradiction, aptly captured by reformer Henry George in the title of his 1879 book, *Progress and Poverty*. On one hand, the nation experienced unprecedented economic growth fueled by industrialization and technological innovation in railroads, oil, and finance. On the other, this new wealth was concentrated in the hands of a few powerful industrialists and bankers, creating a visible and contentious chasm between an opulent elite and a working class mired in extreme poverty. Between 1860 and 1900, the wealthiest 10% of American households came to own approximately 75% of the nation's wealth. Figures like John D. Rockefeller, Andrew Carnegie, and J.P. Morgan, often dubbed "robber barons," amassed fortunes by forming monopolies and trusts through exploitative practices, including suppressing wages, imposing dangerous working conditions, and engaging in political corruption to secure favorable legislation. This created what one historian termed a time of "materialistic excesses marked by widespread political corruption".

This environment of stark inequality and perceived corruption gave rise to one of America's most powerful third-party movements: the People's Party, or Populists. Rooted in the agrarian distress of the Farmers' Alliance, the Populists sought to unite farmers and laborers against what they saw as the monopolistic power of corporate and financial interests. The movement's grievances and aspirations were codified in the **Omaha Platform of 1892**, a foundational document of American populism. Its preamble, penned by Ignatius Donnelly, painted a dramatic picture of a "nation brought to the verge of moral, political and material ruin," where the "fruits of the toil of millions are boldly stolen to build up colossal fortunes for a few". The platform's demands were radical for their time, calling for a graduated income tax, government ownership of railroads and communication lines, a more flexible national currency through the "free and unlimited coinage of silver" to combat deflation, the direct election of senators to curb the influence of corporate-controlled state legislatures, and a "sub-treasury" plan to provide federal loans to farmers.

The populist message was amplified and clarified through the era's mass media, particularly the political cartoons of satirical magazines like *Puck*. These cartoons translated complex economic arguments into visceral, emotionally resonant images. Joseph Keppler's 1889 cartoon, "The Bosses of the Senate," famously depicted giant, bloated monopolists looming over the desks of tiny, subservient senators, visually articulating the core populist belief that democratic institutions had been captured by corporate interests. Similarly, Bernhard Gillam's "Protectors of our Industries" showed wealthy industrialists resting on a platform held up by struggling workers, perfectly capturing the public's frustration with a parasitic power dynamic. This visual rhetoric was not merely a reflection of public opinion; it actively shaped it, creating a shared understanding of a common enemy and demonstrating a symbiotic relationship between populist movements and the media that could distill their message.

The Populist Party achieved remarkable initial success, with its presidential candidate James B. Weaver winning over 8% of the popular vote and 22 electoral votes in 1892. However, the movement ultimately failed to build a durable coalition between rural farmers and urban laborers and was largely co-opted by the Democratic Party in the 1896 election, when William Jennings Bryan adopted their central plank of free silver. Despite this electoral failure, the Populists' legacy was profound. Many of their radical demands—the graduated income tax, direct election of senators, federal regulation of industry, and a shorter workday—were dismissed by the Gilded Age establishment but became the cornerstones of the subsequent Progressive Era and New Deal reforms. This demonstrates the long-term, agenda-setting power of populist movements; even when they fail to win power directly, they can introduce ideas so potent that they reshape the entire political landscape for generations to come, serving as the unacknowledged architects of the future state.

Section 2: The Progressive Era (c. 1900-1920) – Muckrakers, Regulation, and the Limits of Reform

The Progressive Era witnessed the populist anger of the Gilded Age being channeled into a powerful, mainstream movement for reform, largely propelled by a new form of investigative journalism. These journalists, famously dubbed "muckrakers" by President Theodore Roosevelt. used mass-circulation magazines like McClure's to expose corruption and social ills to a national audience. Their work created a direct link between public outrage and legislative action. Among the most influential was Ida Tarbell. Her meticulously researched 19-part series, later published as The History of the Standard Oil Company (1904), exposed the ruthless and often illegal methods John D. Rockefeller used to build his monopoly. Tarbell's exposé generated a wave of public anger that is credited with hastening the 1911 Supreme Court decision to break up the Standard Oil trust under the Sherman Antitrust Act. Another seminal work was Upton Sinclair's 1906 novel, *The Jungle*. While Sinclair, a socialist, intended to highlight the brutal exploitation of immigrant workers, the public was most horrified by his graphic descriptions of unsanitary conditions in Chicago's meatpacking plants—tales of rats, poison, and even human remains being ground into sausage. The public outcry was so immense that it led directly to the passage of the Meat Inspection Act and the Pure Food and Drug Act of 1906, establishing federal oversight of food safety. Concurrently, photojournalist Jacob Riis, in his book How the Other Half Lives, used stark images to reveal the squalid living conditions in New York City's tenements, inspiring housing reforms like the New York Tenement House Act of 1901. These reforms represented a landmark expansion of the federal government's regulatory power, directly addressing some of the most visible abuses of industrial capitalism. However, the era's progress had clear limits. Despite the trust-busting and new regulations, economic inequality did not decrease; in fact, the gap between rich and poor became more acute in the years leading up to the 1929 stock market crash. Furthermore, many Progressive efforts, particularly in the realms of philanthropy and social work, subtly reinforced class biases. These cross-class encounters often framed poverty not as a systemic failure but as a problem of individual character, reinforcing the notion that wealth derives from merit and poverty from a lack of initiative.

This reveals a more complex dynamic at play. The radical anger of the Gilded Age Populists posed a genuine threat to the foundations of the capitalist system. The Progressive movement, often led by members of the elite and middle classes like Theodore Roosevelt, effectively channeled this widespread anger into specific, manageable reforms. By addressing the most

egregious and publicly repulsive *symptoms* of the system—such as tainted meat and the overt arrogance of monopolies—without fundamentally altering the underlying distribution of wealth and power, these reforms served a dual purpose. They not only improved society but also preserved the economic system from a more revolutionary upheaval. In this sense, the Progressive Era can be understood as a successful act of elite co-option, where the very process of reform was captured to defuse radical energy and ensure the long-term stability of the existing order.

Section 3: The Great Depression (1929-1939) – Systemic Collapse and the Call for State Intervention

The economic disparities that widened during the Progressive Era culminated in the Great Crash of 1929 and the subsequent Great Depression, the most severe economic downturn in American history. The statistics paint a picture of near-total collapse. On the eve of the crash in 1928, the top 1% of American families received 23.9% of all pretax income, a peak of inequality. By 1933, the national unemployment rate had soared to 25%, over 9,000 banks had failed, and millions of Americans had lost their homes and life savings. Public anger was palpable and directed squarely at the perceived culprits: Wall Street speculators, bankers, and the seemingly inactive Hoover administration.

The voices of ordinary Americans during this period, captured in early public opinion polls, personal letters, and oral histories, reveal a complex mixture of desperation, shame, and a desperate hope for government intervention. The first national polls, which began in 1935, show a public supportive of an expanded government role, with 89% favoring old-age pensions, yet simultaneously wary of the cost, with 60% believing government spending on relief was already "too great". More poignantly, the millions of letters sent to President Franklin and Eleanor Roosevelt tell stories of profound personal hardship. People pleaded for basic necessities like a spring coat, recounted the humiliation of being unable to pay rent, and placed an almost sacred trust in the federal government as their last hope. Oral histories collected by figures like Studs Terkel reveal the deep psychological toll of the era—the "invisible scar" of long-term unemployment and the pervasive sense of personal failure and shame that many experienced, even as they witnessed the systemic nature of the collapse.

This widespread suffering fueled a surge in mass protest and a genuine interest in radical alternatives to capitalism. Hunger marches, violent labor strikes, and organized resistance to evictions became commonplace. The Communist Party, seizing the moment, organized massive "International Unemployment Day" demonstrations in cities across the country, drawing hundreds of thousands of participants with slogans like "Don't Starve – Fight!". For many intellectuals and ordinary citizens, Marxism seemed to offer the only persuasive explanation for capitalism's spectacular failure. At the same time, populist demagogues like Louisiana Senator Huey Long, with his "Share Our Wealth" program promising to "make every man a king," and the radio priest Father Charles Coughlin, who blamed international bankers, attracted millions of followers and posed a significant political threat to the established order.

It was in this climate of revolutionary potential that the Roosevelt administration enacted the New Deal. This raft of programs—including Social Security, massive federal work-relief projects like the WPA, and strict financial regulations—fundamentally reshaped the role of the American government and its relationship with its citizens. The New Deal directly addressed the core grievances of the populace, providing a safety net and restoring a degree of economic security. Its impact on inequality was dramatic, ushering in a multi-decade period of income compression

known as the "Great Compression". While viewed as radical by conservatives, the New Deal was, in a deeper sense, a counter-revolutionary force. By responding to the crisis with decisive government action, Roosevelt's policies effectively absorbed, channeled, and ultimately neutralized the energy of the more radical socialist, communist, and populist movements. By demonstrating that the existing system could be reformed to serve the people, the New Deal saved American capitalism from itself, preventing a more fundamental political rupture and illustrating that a sufficiently responsive state can co-opt revolutionary anger to ensure its own preservation.

Part II: Global Parallels – Oligarchy and Fascism

Section 4: The Late Roman Republic (c. 133-44 BCE) – An Oligarchy's Demise

The late Roman Republic provides a powerful historical case study of an oligarchic system collapsing under the weight of extreme inequality and political polarization. In practice, the Republic was not a democracy but an elected oligarchy, dominated by a small circle of wealthy, land-owning aristocratic families known as the *optimates*. This elite controlled the Senate, which held sway over finances and foreign policy, and monopolized the highest elected offices. As Rome's empire expanded, unprecedented wealth from conquered territories flowed into the hands of this elite. They used this capital to create vast, slave-run agricultural estates called *latifundia*, which drove small, independent citizen-farmers off their land. These dispossessed citizens flocked to the city of Rome, forming a large, impoverished, and politically volatile urban proletariat. The scale of this inequality was immense; modern estimates place the Gini coefficient of the Roman Empire at 0.43, a level of disparity comparable to or exceeding that of many modern nations.

This deep social and economic cleavage fueled the rise of the *populares*, a political faction of aristocrats who challenged the Senate's dominance by appealing directly to the popular assemblies and championing the cause of the common people (plebs). The conflict between the conservative optimates and the reformist populares would define the Republic's final century. A pivotal moment came with the political careers of the Gracchi brothers. In 133 BCE, the tribune Tiberius Gracchus proposed a land reform law (lex agraria) to redistribute public land from the wealthy to the landless poor. He bypassed the Senate and took his proposal directly to the Plebeian Assembly, a radical break from political tradition. A decade later, his brother Gaius Gracchus, also as tribune, pushed for even broader reforms, including state-subsidized grain for the urban poor (lex frumentaria). The response of the oligarchic elite was not political compromise but brutal violence. Both brothers, along with thousands of their supporters, were murdered by mobs instigated by their senatorial opponents. This act shattered the unwritten rules of Roman politics. By resorting to murder to resolve a political dispute, the optimates demonstrated that violence was now a legitimate political tool, setting a direct and bloody precedent for the civil wars that would ultimately destroy the Republic. The fall of the Republic was therefore not precipitated by the populist reformers, but by the elite's violent, extra-constitutional reaction to them, which annihilated the shared political norms essential for republican governance.

The brutal reality of the Roman economic system also manifested in the Spartacus Revolt (73-71 BCE). This uprising, the last and largest of the Servile Wars, was a direct consequence of the system of mass slavery that powered the *latifundia*. An army of as many as 100,000

escaped slaves and gladiators, led by Spartacus, repeatedly defeated Roman legions and threatened the Italian heartland. The rebellion was eventually crushed with extreme prejudice by the legions of Marcus Licinius Crassus; 6,000 captured survivors were crucified along the Appian Way, a horrific warning against future uprisings. While the revolt was a terrifying existential threat to the Roman elite, it was ultimately a rebellion, not a revolution. Historical sources suggest the rebels' primary goal was escape and freedom for themselves, not the abolition of the institution of slavery. Lacking a coherent political ideology or a plan for a new social order, the movement was a military problem that, once defeated, did not fundamentally alter Rome's socio-economic structure. This illustrates a crucial historical lesson: mass discontent, even when expressed through widespread violence, often fails to produce lasting structural change if it is not guided by a unifying political vision.

Section 5: The Weimar Republic and the Rise of Nazism (1919-1933) – Fascism's Appeal in an Age of Anxiety

The collapse of Germany's Weimar Republic into Nazism stands as the quintessential example of a democracy's failure in an era of extreme crisis. The new republic was born in defeat and burdened from the outset by the national humiliation of the Treaty of Versailles, chronic political instability, and devastating economic shocks, from the hyperinflation of the early 1920s to the mass unemployment of the Great Depression after 1929. This climate of pervasive economic anxiety, social turmoil, and wounded national pride created fertile ground for political extremism, driving millions of Germans away from democratic parties and toward radical alternatives. The Nazi Party, under Adolf Hitler, masterfully exploited these conditions through a sophisticated and relentless propaganda campaign. Overseen by Joseph Goebbels at the Ministry of Public Enlightenment and Propaganda, the Nazi message permeated every aspect of German life. The rhetoric was intentionally simple, emotional, and repetitive, designed to appeal not to reason but to feeling, and based on what Hitler described as the "positive and negative notions of love and hatred, right and wrong, truth and falsehood". The Nazis employed classic populist appeals, using slogans like "Work and Bread" to address the immediate economic fears of the unemployed masses.

However, the Nazis went far beyond a simple "people vs. elite" narrative. They fused this economic grievance with a pre-existing, violent ideology of racial purity and antisemitism. In this worldview, the enemy was not merely a corrupt political class but a biological and ideological threat—the Jew, the Communist, the liberal "November criminals" who had supposedly stabbed Germany in the back—that needed to be eliminated, not just defeated electorally. This synthesis is the crucial step that transforms a populist movement into a fascist one: it redefines "the people" (*Volk*) in exclusionary, racial terms and shifts the political goal from reform to national purification and violent purging.

Nazi power was also built on the aestheticization of politics—a "performance of the extraordinary" designed to create a powerful emotional experience. The massive, torchlit Nuremberg rallies, the uniforms, the banners, and the carefully choreographed speeches were not just political events; they were quasi-religious spectacles that fostered a sense of overwhelming unity and purpose, offering a feeling of transcendence to individuals who felt alienated and powerless.

It is critical to note that the Nazis never won an outright majority in a free and fair election; their highest share of the vote was 43.9% in the semi-coerced election of March 1933. Hitler was appointed Chancellor through a backroom political deal by conservative elites who wrongly

believed they could control him. Popular support grew after the Nazis took power, as the economy recovered and a sense of national pride was restored, leading many Germans to become enthusiastic supporters or, at the very least, passive bystanders to the regime's crimes. Organized resistance was the province of a tiny, fragmented minority, aptly described by historian Hans Mommsen as "resistance without the people".

Part III: Synthesis and Extrapolation

Section 6: Trumpism in Historical Context – A Comparative Analysis

An analysis of Trumpism reveals a political phenomenon that draws from deep historical currents while being uniquely shaped by the contemporary media and social landscape. Academics and journalists broadly define Trumpism as a form of right-wing populism characterized by neo-nationalism, anti-elitism, nativism, and distinct authoritarian leanings. Its emotional core is a sense of "aggrieved entitlement"—a potent feeling among its base that their rightful status, benefits, and cultural dominance have been unjustly taken from them by "unseen forces" like globalism and demographic change. The movement is centered on a charismatic leader who bypasses traditional media gatekeepers to communicate directly with his followers, primarily through social media and mass rallies.

When compared to Gilded Age Populism, both movements channel the anger of those who feel economically and culturally left behind by a corrupt establishment. The rhetoric of "the plain people" versus the robber barons finds a clear echo in "the forgotten man and woman" versus "the swamp" or "the globalist elite." However, their proposed economic solutions are diametrically opposed. The 1892 Populists demanded a radical expansion of government power to tax the wealthy, nationalize key industries, and aid farmers. In contrast, Trumpism, while protectionist on trade, has largely enacted traditional Republican policies of deregulation and tax cuts that primarily benefit corporations and the wealthy, suggesting a different approach to redressing economic grievance.

The parallels with the Roman *populares* are primarily stylistic and strategic. The rhetorical attacks on a corrupt, self-serving Senate find a modern analogue in attacks on the "deep state." Charismatic leaders like Julius Caesar or Clodius Pulcher, who cultivated intense personal loyalty and challenged political norms to achieve their aims, offer a striking historical precedent for the contemporary populist playbook. The mobilization of the crowd at rallies to create a sense of power and intimidate opponents is another shared tactic. The crucial difference lies in the institutional context; the Roman Republic's political norms were far more fragile and its conflicts escalated to open civil war between generals commanding personally loyal armies, a threshold not crossed in the modern United States.

The most contentious and critical comparison is with historical fascism. The rhetorical similarities are undeniable: the narrative of national humiliation and promised restoration ("Make America Great Again"); the cult of the strongman leader; the demonization of the press as the "enemy of the people"; the scapegoating of minorities, particularly immigrants; and the propagation of a "stab-in-the-back" myth to explain electoral losses as "stolen". Despite these echoes, key distinctions, based on scholarly definitions of fascism, remain. First, fascism is explicitly anti-democratic, seeking to abolish elections, whereas populism, including Trumpism, still operates within a democratic framework and uses elections as its primary source of legitimacy, even while attacking its norms. Second, fascism employs organized, systematic state violence as a core political tool to eliminate opposition. While Trumpism is associated with

political violence, it has not become a formalized instrument of state policy in the same manner. Third, classical fascism was rooted in a more coherent totalitarian ideology, whereas Trumpism is often described as a more personality-driven, "thin-centered ideology" or political style. The enduring appeal of these movements can be understood through several psychological frameworks. The power of **charismatic leadership** is central; in times of uncertainty and crisis, a leader who projects confidence and offers a simple, compelling vision can forge a powerful emotional bond with followers who feel seen and empowered. These movements are also masterclasses in **social identity theory**, creating a powerful in-group ("the real people," "patriots," the *Volk*) defined against a threatening out-group (the "elite," "globalists," immigrants). This dynamic makes political affiliation central to a follower's self-concept, driving intense loyalty and affective polarization. Finally, the promise of a strong leader who will crush enemies and restore "law and order" resonates deeply with individuals possessing an **authoritarian personality**, a psychological predisposition toward rigid hierarchies and submission to authority that is often activated by perceptions of social threat and anxiety.

The following tables provide a structured comparison of populist demands over time and the rhetorical strategies of the movements discussed.

Table 1: Populist Demands Across a Century

People's Party Omaha Platform (1892)	Public Policy Demands (TCF Survey, 2025)
Graduated Income Tax	Increase Taxes on Wealthy/Corporations (76%)
Public Ownership of Railroads	Break Up Monopolies (68%)
Free Coinage of Silver (Expansionary Monetary	Prosecute Companies for Price Gouging (78%)
Policy)	
Direct Election of Senators	Reduce Influence of Money in Politics (60%)
Sub-Treasury System (Government aid to	Strengthen Consumer Protection Rules (~80%)
farmers)	
8-Hour Workday	No direct parallel in survey

Table 2: Comparative Analysis of Political Rhetoric

Movement	Definition of "The People"	Definition of "The Elite/Enemy"	Core Grievance	Proposed Solution
Gilded Age Populism	The virtuous, hardworking, forgotten producers (farmers, laborers); the "plain people"	Railroad barons, Wall Street bankers, corrupt politicians	Economic exploitation, debt, political corruption	Government ownership, currency reform, direct democracy
Roman <i>Populares</i>	The Roman plebs, the urban poor, the disenfranchised		Disenfranchiseme nt, loss of land, elite corruption	Land reform, grain dole, empowerment of popular assemblies
Nazism	The racially pure Aryan <i>Volk</i>	Jewish financiers, Bolsheviks, "November criminals," international conspirators	National humiliation (Versailles), economic ruin, racial pollution	National rebirth, racial purification, totalitarian control, <i>Lebensraum</i>

Movement	Definition of "The	Definition of "The	Core Grievance	Proposed Solution
	People"	Elite/Enemy"		
Trumpism	"The forgotten	"The Swamp,"	Economic decline,	"Make America
	man and woman,"	"globalists," "fake	loss of national	Great Again,"
	"the silent	news media," "the	identity/culture,	trade
	majority," "real	deep state,"	corrupt	protectionism,
	Americans"	immigrants	establishment	immigration
				restrictions

Section 7: Potential Trajectories and Concluding Insights

History does not offer predictions, but it does provide a spectrum of potential outcomes based on the interplay between populist challenges and elite responses. The case studies analyzed in this report illuminate three distinct paths.

First is the path of **co-option and reform**, exemplified by the New Deal. Faced with a genuine revolutionary ferment fueled by the Great Depression, the Roosevelt administration enacted sweeping structural reforms that addressed the core economic grievances of the populace. This proactive response successfully defused the populist surge, neutralized more radical movements, and ushered in a decades-long period of reduced inequality and relative social stability. This path demonstrates that a political establishment willing to engage in significant, substantive reform can preserve the system by making it more equitable.

Second is the path of **suppression and polarization**, the tragic lesson of the late Roman Republic. There, the oligarchic elite responded to the populist reforms of the Gracchi brothers not with compromise but with violence and extra-constitutional suppression. This shattered the shared political norms, normalized violence as a political tool, and initiated a century of escalating civil strife that culminated in the Republic's total collapse. This serves as a stark warning that an elite response focused on crushing a populist movement, rather than addressing its root causes, can destroy the very foundations of the political order it seeks to protect.

Third is the path of **acquiescence and takeover**, as seen in Weimar Germany. A divided, weak, and complacent conservative establishment, fearing the political left more than the far-right, underestimated Adolf Hitler. They entered into a political alliance with him, believing they could control and use him for their own ends. This fatal miscalculation led not to control but to a complete takeover by a totalitarian movement that destroyed democracy from within. A critical variable that distinguishes the current moment from all historical precedents is the modern media environment. The rise of social media has created a new ecosystem for political communication, one that can accelerate radicalization and foster intensely polarized echo chambers with unprecedented speed and scale. The ability of charismatic leaders to bypass all traditional media gatekeepers and cultivate a direct, unmediated relationship with millions of followers creates a more potent and volatile form of political power than was previously possible.

In conclusion, the profound link between high levels of wealth inequality, the perception of elite corruption, and the rise of anti-democratic political movements is a consistent and powerful force throughout history. The contemporary discontent documented in the 2025 survey is not an aberration but the latest manifestation of this enduring dynamic. The historical precedents do not foretell a single, inevitable future for the American republic. Instead, they present a range of possibilities whose outcome will be determined not by the populist challenge alone, but by the wisdom, foresight, and actions of its institutions and elites. Whether the response is one of

meaningful reform, violent suppression, or misguided acquiescence will shape the trajectory of the nation. The ultimate lesson from Rome, Weimar, and America's own past is a sobering one, echoing Benjamin Franklin's caution: a republic is not a birthright, but a fragile construct that mu no st be actively maintained by every generation.

Works cited

University Press,

1. The Hidden Costs of Trump's Economy: Skipped Meals, Rising Debt ..., https://tcf.org/content/report/the-hidden-costs-of-trumps-economy-skipped-meals-rising-debt-an d-the-impossible-choices-facing-american-families/ 2. Populism | EBSCO Research Starters, https://www.ebsco.com/research-starters/political-science/populism 3. Populism - ECPS, https://www.populismstudies.org/Vocabulary/populism/ 4. Right-wing populism - Wikipedia, https://en.wikipedia.org/wiki/Right-wing populism 5. Populism and Fascism - Cambridge

https://www.cambridge.org/core/elements/populism-and-fascism/9E4DB77FA75066877DAF7CC 59E7F8B0D 6. Covering authoritarianism, populism and fascism - Democracy Toolkit, https://democracytoolkit.press/resources/covering-authoritarianism-populism-fascism/ 7. Roman Republic | Encyclopedia.com,

https://www.encyclopedia.com/history/encyclopedias-almanacs-transcripts-and-maps/roman-republic 8. The Roman Republic: People vs. the Aristocracy - TheCollector,

https://www.thecollector.com/roman-republic-people-aristocracy-gracchi-brothers/ 9. The Outlines of a Theory of Power: A Review of Olúfemi O. Táíwò's Elite Capture – CJLC, https://c-j-l-c.org/portfolio/the-outlines-of-a-theory-of-power-a-review-of-olufemi-o-taiwos-elite-capture/ 10. Elite capture - Wikipedia, https://en.wikipedia.org/wiki/Elite_capture 11. Wealth and Poverty in the Gilded Age | Gilder Lehrman Institute of ...,

https://www.gilderlehrman.org/sites/default/files/GLI_GildedAge_sm.pdf 12. Wealth Inequality: The Gilded Age 2.0 - Beutel, Goodman & Company Ltd.,

https://www.beutelgoodman.com/wealth-inequality-the-gilded-age-2-0/ 13. The Gilded Age Explained: An Era of Wealth and Inequality - Investopedia,

https://www.investopedia.com/gilded-age-7692919 14. The Gilded Age, Then and Now - Labor Guild, https://laborguild.com/the-gilded-age-then-and-now/ 15. The Trust Giants' Grasp: Corporate Power and Political Influence in the Gilded Age,

https://www.researchgate.net/publication/383848213_The_Trust_Giants'_Grasp_Corporate_Power_and_Political_Influence_in_the_Gilded_Age 16. Gilded Age - Wikipedia,

https://en.wikipedia.org/wiki/Gilded_Age 17. Populist Party (United States) - Wikipedia, https://en.wikipedia.org/wiki/Populist_Party (United States) 18. Ignatius Doppelly and the

https://en.wikipedia.org/wiki/Populist_Party_(United_States) 18. Ignatius Donnelly and the 1892 Populist Platform - Bill of Rights Institute,

https://billofrightsinstitute.org/essays/ignatius-donnelly-and-the-1892-populist-platform 19. Populist Party Platform of 1892 - The American Presidency Project - UC Santa Barbara, https://www.presidency.ucsb.edu/documents/populist-party-platform-1892 20. en.wikipedia.org, https://en.wikipedia.org/wiki/Nazi_Party#:~:text=The%20party%20had%20little%20popular,drov e%20Germans%20into%20political%20extremism.&text=Deutschland%20erwache!&text=Centr al%20to%20Nazism%20were%20themes,people's%20community%22%20(Volksgemeinschaft). 21. Populist Party Platform - Hanover College History Department,

https://history.hanover.edu/courses/excerpts/111pop.html 22. Gilded Age Political Cartoons – The Johnstown Flood,

https://courses.bowdoin.edu/history-2203-fall-2020-cgoldber/gilded-age-cartoons/ 23. Populist movement | EBSCO Research Starters,

https://www.ebsco.com/research-starters/political-science/populist-movement 24. Muckrakers - (AP US Government) - Vocab, Definition, Explanations | Fiveable,

https://library.fiveable.me/key-terms/ap-gov/muckrakers 25. Muckraker - Wikipedia,

https://en.wikipedia.org/wiki/Muckraker 26. Muckrakers (article) | The Progressive Era | Khan Academy,

https://www.khanacademy.org/humanities/us-history/rise-to-world-power/age-of-empire/a/muckr akers 27. www.britannica.com,

https://www.britannica.com/topic/The-History-of-the-Standard-Oil-Company#:~:text=her%20in% 201894.-,The%20History%20of%20the%20Standard%20Oil%20Company%2C%20originally%2 0a%20serial,violation%20of%20the%20Sherman%20Antitrust 28. The History of the Standard Oil Company - Wikipedia,

https://en.wikipedia.org/wiki/The_History_of_the_Standard_Oil_Company 29. The Jungle by Upton Sinclair | In-Depth Summary And Analysis - YouTube,

https://www.youtube.com/watch?v=Tu69o9z4OvU 30. The Jungle | Summary, Characters, & Facts - Britannica, https://www.britannica.com/topic/The-Jungle-novel-by-Sinclair 31. Analyze the role of muckrakers in the Progressive Era and their influence on social reforms. - OpenClass,

https://open.openclass.ai/resource/assignment-66aed7d4e61efd35a0eef90b/question-66aed82 361e79ba3ff0ed0de/feedback/share 32. Investigative Journalists: The Muckrakers - Journalism in Action, https://www.journalisminaction.org/case/ida-tarbell-muckraker 33. Investigative Journalists: The Muckrakers - PBS Newshour Extra,

https://www.journalisminaction.org/case/ida-tarbell-muckraker/primary-source/5 34. Progressive Inequality - Harvard University Press, https://www.hup.harvard.edu/books/9780674281400 35. Learning from the Progressive Era - Harvard University Press Blog,

https://harvardpress.typepad.com/hup_publicity/2014/06/learning-from-the-progressive-era-davi d-huyssen.html 36. U.S. income inequality, on rise for decades, is now highest since 1928, https://www.pewresearch.org/short-reads/2013/12/05/u-s-income-inequality-on-rise-for-decades-is-now-highest-since-1928/ 37. Great Depression - Wikipedia,

https://en.wikipedia.org/wiki/Great_Depression 38. Americans React to the Great Depression | Great Depression and ...,

https://www.loc.gov/classroom-materials/united-states-history-primary-source-timeline/great-dep ression-and-world-war-ii-1929-1945/americans-react-to-great-depression/ 39. How a Different America Responded to the Great Depression | Pew Research Center,

https://www.pewresearch.org/2010/12/14/how-a-different-america-responded-to-the-great-depression/40. The First Measured Century: Program: Segment 7 - The Gallup Poll - PBS,

https://www.pbs.org/fmc/segments/progseg7.htm 41. Typical Letter to President Roosevelt, Appealing for Old-Age ... - SSA, https://www.ssa.gov/history/lettertoFDR.html 42. Letters to the Roosevelts during the Depression, 1935-36 - River City High School,

https://rivercity.wusd.k12.ca.us/documents/Academics/Social-Science/GRADE-11-US-HISTORY /PRIMARY-SOURCE-DOCUMENTS/2893404158412765693.pdf 43. Hard Times: An Oral History of the Great Depression - Wikipedia,

https://en.wikipedia.org/wiki/Hard_Times:_An_Oral_History_of_the_Great_Depression 44. Firsthand Accounts of the Great Depression | Facing History & Ourselves,

https://www.facinghistory.org/resource-library/firsthand-accounts-great-depression 45.

Conversations with America - Studs Terkel, https://studsterkel.matrix.msu.edu/htimes.php.html 46. Labor strikes in the 1930s | EBSCO Research Starters,

https://www.ebsco.com/research-starters/history/labor-strikes-1930s 47. The Chicago Unemployed Movement's Protests for Food and Housing,

https://sites.evergreen.edu/ccc/foodhousing/the-chicago-unemployed-movements-protests-for-food-and-housing/48. International Unemployment Day - Wikipedia,

https://en.wikipedia.org/wiki/International_Unemployment_Day 49. Great Depression - Social Impact, Unemployment, Poverty | Britannica,

https://www.britannica.com/event/Great-Depression/Political-movements-and-social-change 50. Roosevelt's Critics - Digital History,

https://www.digitalhistory.uh.edu/disp_textbook.cfm?smtid=2&psid=3444 51. A History of Income Inequality in the United States - Investopedia,

https://www.investopedia.com/articles/investing/110215/brief-history-income-inequality-united-st ates.asp 52. Roman Republic - Wikipedia, https://en.wikipedia.org/wiki/Roman Republic 53.

Social and economic problems of the late Republic | Intro to Ancient Rome Class Notes,

https://library.fiveable.me/introduction-ancient-rome/unit-7/social-economic-problems-late-republic/study-guide/IHlhnOS2g18eYHTQ 54. Before the Fall of the Roman Republic, Income Inequality and Xenophobia Threatened Its Foundations - Smithsonian Magazine,

https://www.smithsonianmag.com/history/fall-roman-republic-income-inequality-and-xenophobia-threatened-its-foundations-180967249/ 55. The decline of the Roman Republic -

SelfAwarePatterns, https://selfawarepatterns.com/2021/01/23/the-decline-of-the-roman-republic/56. How Social/Income Inequality and the Fall of Rome is Relevant Today,

https://pages.vassar.edu/how-socialincome-inequality-and-the-fall-of-rome-is-relevant-today/ 57. 5 Populists of the Late Roman Republic | TheCollector,

https://www.thecollector.com/populists-late-roman-republic/ 58. Crises of the Republic | Western Civilization - Lumen Learning,

https://courses.lumenlearning.com/atd-herkimer-westerncivilization/chapter/crises-of-the-republi c/ 59. Gracchi Brothers - World History Encyclopedia,

https://www.worldhistory.org/Gracchi_Brothers/ 60. Lessons in the Decline of Democracy From the Ruined Roman Republic - Smithsonian Magazine,

https://www.smithsonianmag.com/history/lessons-decline-democracy-from-ruined-roman-republi c-180970711/ 61. Gracchi Reforms - (Ancient Mediterranean) - Vocab, Definition, Explanations | Fiveable, https://library.fiveable.me/key-terms/ancient-mediterranean/gracchi-reforms 62. Gracchi reforms - IMPERIUM ROMANUM,

https://imperiumromanum.pl/en/article/gracchi-reforms/ 63. Crisis of the Roman Republic - Wikipedia, https://en.wikipedia.org/wiki/Crisis_of_the_Roman_Republic 64. Spartacus Leads Slave Revolt | EBSCO Research Starters,

https://www.ebsco.com/research-starters/history/spartacus-leads-slave-revolt 65. The Spartacus Revolt - World History Encyclopedia,

https://www.worldhistory.org/article/871/the-spartacus-revolt/ 66. Spartacus - Wikipedia,

https://en.wikipedia.org/wiki/Spartacus 67. Third Servile War - Wikipedia,

https://en.wikipedia.org/wiki/Third_Servile_War 68. Selling Nazism in a Democracy - State of Deception: The Power of Nazi Propaganda,

https://exhibitions.ushmm.org/propaganda/1918-1933/selling-nazism-in-a-democracy 69.

Germany 1933: from democracy to dictatorship | Anne Frank House,

https://www.annefrank.org/en/anne-frank/go-in-depth/germany-1933-democracy-dictatorship/70. Nazi Party - Wikipedia, https://en.wikipedia.org/wiki/Nazi_Party 71. Nazi Propaganda Visual Essay - Facing History & Ourselves,

https://www.facinghistory.org/resource-library/visual-essay-impact-propaganda 72. Nazi Propaganda | Holocaust Encyclopedia,

https://encyclopedia.ushmm.org/content/en/article/nazi-propaganda 73. Propaganda in Nazi Germany - Wikipedia, https://en.wikipedia.org/wiki/Propaganda_in_Nazi_Germany 74. Selling

Nazism in a Democracy 1918–1933: Democracy | State of Deception: The Power of Nazi Propaganda, https://exhibitions.ushmm.org/propaganda/1918-1933/weimar-democracy-in-crisis 75. Nazi propaganda | EBSCO Research Starters,

https://www.ebsco.com/research-starters/history/nazi-propaganda 76. Shaping Public Opinion - Facing History & Ourselves,

https://www.facinghistory.org/resource-library/shaping-public-opinion 77. How did the Nazi consolidate their power? - The Holocaust Explained,

https://www.theholocaustexplained.org/the-nazi-rise-to-power/how-did-the-nazi-gain-power/ 78. Was there any kind of opposition movement against Nazism during Hitler's rise to power?, https://www.reddit.com/r/AskHistory/comments/1eb59d0/was_there_any_kind_of_opposition_m ovement_against/ 79. How Did Adolf Hitler Happen? | The National WWII Museum | New Orleans, https://www.nationalww2museum.org/war/articles/how-did-adolf-hitler-happen 80. Building a National Community, 1933–1936 - United States Holocaust Memorial Museum, https://www.ushmm.org/learn/holocaust/building-a-national-community-1933-1936 81. The German Resistance | Documentation Center Nazi Party Rally Grounds,

https://museums.nuernberg.de/documentation-center/topics/national-socialism/resistance/the-g erman-resistance 82. German resistance to Nazism - Wikipedia,

https://en.wikipedia.org/wiki/German_resistance_to_Nazism 83. Trumpism - Wikipedia, https://en.wikipedia.org/wiki/Trumpism 84. How Trump Shaped the Media | Rutgers University, https://www.rutgers.edu/news/how-trump-shaped-media 85. "I AM A POPULARIST": A CRITICAL DISCOURSE ANALYSIS OF THE POPULIST RHETORIC OF DONALD TRUMP'S PRESIDENTIAL CAMPAIGN A DISS - ScholarSpace,

https://scholarspace.manoa.hawaii.edu/bitstreams/9fd3739d-a18c-405f-b3bd-12219a7a5380/do wnload 86. Trumpism is US | WZB, https://www.wzb.eu/en/news/trumpism-is-us 87. Opinion: Perils and Parallels: The demise of the Roman Republic and the United States,

https://highschool.latimes.com/opinion/opinion-perils-parallels-rome-us/ 88. The U.S. Faces the Same Risks Ancient Rome Faced in Caesar's Day - Time Magazine,

https://time.com/6695931/ancient-rome-fall-2024-biden-trump/ 89. Full article: Trumpism, fascism and neoliberalism - Taylor & Francis Online,

https://www.tandfonline.com/doi/full/10.1080/1600910X.2025.2481159 90. The press versus the president, part one - Columbia Journalism Review,

https://www.cjr.org/special_report/trumped-up-press-versus-president-part-1.php 91. Rhetorical Demagoguery: An Exploration of Trump's and Hitler's Rise to Power - Digital Commons @ Gardner-Webb University,

https://digitalcommons.gardner-webb.edu/cgi/viewcontent.cgi?article=1061&context=undergrad-honors 92. Why Populism Isn't a Gateway Drug to Fascism | Los Angeles Review of Books, https://lareviewofbooks.org/article/why-populism-isnt-a-gateway-drug-to-fascism/ 93. From Populism to Fascism? - Cornell University,

https://cornelluniversity.imodules.com/?sid=1717&gid=2&pgid=24703&content_id=22022 94. FASCISM AND RIGHT-WING POPULISM - Brill,

https://brill.com/downloadpdf/display/book/9789004424531/BP000008.pdf 95. (PDF) 2 Social Psychology and Charismatic Leadership - ResearchGate,

https://www.researchgate.net/publication/303046743_2_Social_Psychology_and_Charismatic_L eadership 96. How charismatic leaders gain commitment to their vision and the mission of the organization,

https://www.ckju.net/en/dossier/how-charismatic-leaders-gain-commitment-their-vision-and-miss ion-organization 97. The Power of Social Identity in Politics - Number Analytics,

https://www.numberanalytics.com/blog/power-of-social-identity-in-politics 98. How Social Identity

Theory Explains Political Polarization | Psychology Today,

https://www.psychologytoday.com/us/blog/beyond-school-walls/202408/how-social-identity-theory-explains-political-polarization 99. Social Identity Theory In Psychology (Tajfel & Turner, 1979), https://www.simplypsychology.org/social-identity-theory.html 100. Authoritarian personality-theory | EBSCO Research Starters,

https://www.ebsco.com/research-starters/social-sciences-and-humanities/authoritarian-personality-theory 101. Authoritarianism Beyond Disposition: A Literature Review of Research on Contextual Antecedents - Frontiers,

https://www.frontiersin.org/journals/psychology/articles/10.3389/fpsyg.2021.676093/full 102. The Psychology of Political Polarization: Why We're So Divided | by Dr. David Ragland, DBA, MS | Medium.

https://medium.com/@david.a.ragland/the-psychology-of-political-polarization-why-were-so-divid ed-28143d2b2d11 103. down the alt-right rabbit hole: the role of social media platforms in the radicalization of domestic right-wing terrorists - USC Gould School of Law,

https://gould.usc.edu/why/students/orgs/ilj/assets/docs/33-1-hoye.pdf 104. How Misinformation and Disinformation Fuel Online Radicalization | Quinnipiac University,

https://iq.qu.edu/experiential-learning/course-projects-and-capstones/student-projects/political-extremism-and-online-radicalization/ 105. Full article: Closer to the people: A comparative content analysis of populist communication on social networking sites in pre- and post-Election periods, https://www.tandfonline.com/doi/full/10.1080/1369118X.2019.1588909 106. The Fall of Rome and the Lessons for America Today | TIME,

https://time.com/5478197/the-fall-of-rome-and-the-lessons-for-america/