

Garlic Chicken (Serves 4)

Recipe courtesy my friend, Julie

Ingredients:

4 boneless skinless chicken breasts
16-20 garlic cloves, peeled and sliced
4 Tbsp unsalted butter
Salt & Pepper to taste

Directions:

Preheat oven to 350 degrees.

Cut pockets in each chicken breast and stuff with sliced garlic. Lightly spray a baking dish with cooking spray and place the stuffed chicken in the dish. Put a tablespoon of butter on each piece of chicken and salt and pepper to taste.

Bake for 35-45 minutes. Broil for the last few minutes at the end to brown the chicken.

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