

Tioga Emergency Food Pantries & Meal Sites

Subject to change - last updated 08/28/2025

| Agency Name | Hours of Operation | Туре | Address | City | Phone | Service Area | Deliveries Offered | Drive-thru Service |
|---------------------------------|------------------------------------|----------------|-----------------------------------|----------------|---------------|-----------------|--|-----------------------|
| Allied Christians of Tioga | Thursday 5:00pm-6:00pm | Community Meal | 228 Main Street | Owego, NY | (607)657-8072 | All Welcome | No | No |
| C.C.Tioga/Comm unity Kitchen | Tuesday - Friday 11:00am-1:30pm | Community Meal | 932 W. River Rd. | Nichols, NY | (607)272-5062 | Tioga County | No | No |
| Bread of Life Food Pantry | Wednesday 3:00pm-5:30pm | Food Pantry | 1 Water Street PO Box 94 | Candor, NY | (607)354-1174 | All Welcome | Yes - 10 to 12 miles on State Highways within the village or Town of Candor | Curbside Service |

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| C.C.Tioga/Tioga Outreach | Tuesday-Friday 9:00am-12:15pm, 1:00pm-3:15pm | Food Pantry | 932 W. River Rd | Nichols, NY | (607)414-1023 Ext 307 | All Welcome | No | No |
| Helping Hands Food Pantry | Monday 6:30pm-7:30pm Thursday 2:00pm-4:00pm Saturdays(Once a month for seniors. Call for details) | Food Pantry | 11 Jewett Hill Road | Berkshire, NY | (607)657-2501 | Berkshire, Richford & Speedsville | No | No |
| Open Door Mission- Pantry | Monday-Wednesday 10:00am-12:00pm/1:00pm-4: 30pm Saturday 10:00am-12:00pm | Food Pantry | 425 North Avenue | Owego, NY | (607)687-1121 | Tioga County | No | No |
| Park Terrace Food Pantry | Saturday 11am-1pm | Food Pantry | 30 Glann Road | Apalachin, NY | (607)625-4134 | Eastern Owego, Western Vestal, Apalachin and Campville | No | No |
| Project Neighbor of Newark Valley | Tuesday and Thursday 3:00-4:00pm Wednesday 6:00-7:00pm | Food Pantry | 79 Whig St | Newark Valley, NY | (607)778-0992 | All Welcome | Yes | Curbside Service |
| Spencer VanEtten Community Food Cupboard | 2nd/4th Thursday 9:00am-10:30am 2nd/4th Friday | Food Pantry | 91 Orchard Street | Spencer, NY | (607)738-6437 | Spencer Van Etten | Yes | Curbside Service |

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| | 4:00pm-5:30pm | | | | | School District - Either living or working in | | |
| Tioga County Rural Ministry | Monday - Thursday 10am-4pm Friday 10am-1pm | Food Pantry | 146 Central Avenue, Suite 2 | Owego, NY | (607)687-3021 | All Welcome | Yes (to the elderly or medically homebound and within the city of Owego) | No |
| Valley Food Pantry | Monday, Tuesday, Thursday, Friday 10am-12pm Tuesday, Wednesday 2-4pm 3rd Saturday 10am-12pm | Food Pantry | 418 Waverly St | Waverly, NY | (607)565-8718 | Waverly, Athens or Sayre Scool Districts or live in Tioga County | No | No |
| Apalachin Mobile Food Pantry | 4th Wednesday of the month Schedule here | Mobile Food Pantry | 1110 Pennsyl vania Ave | Apalachi n, NY | | Anyone Pre-registra tion required | No | No |

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| Richford Mobile Food Pantry | 3rd Wednesday of the month Schedule here | Mobile Food Pantry | 13 Town Barn Rd | Richford, NY | | Anyone Pre-registra tion required | No | Yes |
| Waverly Mobile Food Pantry | 3rd Thursday of the month Schedule here | Mobile Food Pantry | 40 NY-34 | Waverly, NY | | Anyone Pre-registra tion required | No | Yes |