



Tioga Emergency Food Pantries & Meal Sites

Subject to change - last updated 08/28/2025

Agency Name	Hours of Operation	Type	Address	City	Phone	Service Area	Deliveries Offered	Drive-thru Service
Allied Christians of Tioga	Thursday 5:00pm-6:00pm	Community Meal	228 Main Street	Owego, NY	(607)657-8072	All Welcome	No	No
C.C.Tioga/Community Kitchen	Tuesday - Friday 11:00am-1:30pm	Community Meal	932 W. River Rd.	Nichols, NY	(607)272-5062	Tioga County	No	No
Bread of Life Food Pantry	Wednesday 3:00pm-5:30pm	Food Pantry	1 Water Street PO Box 94	Candor, NY	(607)354-1174	All Welcome	Yes - 10 to 12 miles on State Highways within the village or Town of Candor	Curbside Service

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C.C.Tioga/Tioga Outreach	Tuesday-Friday 9:00am-12:15pm, 1:00pm-3:15pm	Food Pantry	932 W. River Rd	Nichols, NY	(607)414-1023 Ext 307	All Welcome	No	No
Helping Hands Food Pantry	Monday 6:30pm-7:30pm Thursday 2:00pm-4:00pm Saturdays(Once a month for seniors. Call for details)	Food Pantry	11 Jewett Hill Road	Berkshire, NY	(607)657-2501	Berkshire, Richford & Speedsville	No	No
Open Door Mission- Pantry	Monday-Wednesday 10:00am-12:00pm/1:00pm-4: 30pm Saturday 10:00am-12:00pm	Food Pantry	425 North Avenue	Owego, NY	(607)687-1121	Tioga County	No	No
Park Terrace Food Pantry	Saturday 11am-1pm	Food Pantry	30 Glann Road	Apalachin, NY	(607)625-4134	Eastern Owego, Western Vestal, Apalachin and Campville	No	No
Project Neighbor of Newark Valley	Tuesday and Thursday 3:00-4:00pm Wednesday 6:00-7:00pm	Food Pantry	79 Whig St	Newark Valley, NY	(607)778-0992	All Welcome	Yes	Curbside Service
Spencer VanEtten Community Food Cupboard	2nd/4th Thursday 9:00am-10:30am 2nd/4th Friday	Food Pantry	91 Orchard Street	Spencer, NY	(607)738-6437	Spencer Van Etten	Yes	Curbside Service

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	4:00pm-5:30pm					School District - Either living or working in		
Tioga County Rural Ministry	Monday - Thursday 10am-4pm Friday 10am-1pm	Food Pantry	146 Central Avenue, Suite 2	Owego, NY	(607)687-3021	All Welcome	Yes	No
Valley Food Pantry	Monday, Tuesday, Thursday, Friday 10am-12pm Tuesday, Wednesday 2-4pm 3rd Saturday 10am-12pm	Food Pantry	418 Waverly St	Waverly, NY	(607)565-8718	Waverly, Athens or Sayre School Districts or live in Tioga County	No	No
Apalachin Mobile Food Pantry	4th Wednesday of the month Schedule here	Mobile Food Pantry	1110 Pennsylvania Ave	Apalachin, NY		Anyone Pre-registration required	No	No
Richford Mobile Food Pantry	3rd Wednesday of the month Schedule here	Mobile Food Pantry	13 Town Barn Rd	Richford, NY		Anyone Pre-registration required	No	Yes

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Waverly Mobile Food Pantry	3rd Thursday of the month Schedule here	Mobile Food Pantry	40 NY-34	Waverly, NY		Anyone Pre-registra tion required	No	Yes