



M A N N A

"we're in this together"

Manna Rowing Instructor

Manna is a growing, boutique indoor rowing club in Hermosa Beach, CA. Manna Rowing empowers youth to be the best reflection of themselves one stroke at a time. The experience is centered around high quality education and training of concepts on rowing, breath control, and movement. This builds resilience, mental fortitude, and physical grit. We pride ourselves in delivering a completely unique class experience. We empower our athletes through a fun and challenging workout.

Through this hands-on immersion program, you will gain experience leading Manna class formats, become familiar with the Manna coaching method, and take your training skills to the next level.

We are looking for outstanding individuals with a creative passion for fitness and rowing who are interested in joining our team! Serving as a leader in our community, you'll have potential to keep moving up! We are looking for someone to grow with Manna and help scale our operations to beyond Hermosa Beach. Eligible candidates will have the opportunity to be part of a new fitness startup looking to expand rapidly in the coming year. There will be a potential partnership opportunity contingent upon a 3-month review.

The program starts promptly March 1st, 2017 and onwards.

TO APPLY, please submit the following via email info@mannerowing.com:

- Your resume
- Links to any online presence that may support your candidacy (Facebook, Instagram, Snapchat, Twitter, LinkedIn, YouTube)
- ACE, ACSM, AFAA Group Fitness Certification major plus, but we will consider outstanding candidates
- Previous rowing athletic or coaching experience is a major plus

***To apply, please send resume and a cover letter stating what you love about rowing, why you want to work with a new type of fitness, how long you have been teaching, and your experience with youth aged 9-18 years old**