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**ABSTRACT**

Please write the abstract in English or Bahasa Indonesia 150-250 words. Abstract contains about: the purpose and scope of the study; the method used; a summary of results; conclusion. These instructions give you guidelines for preparing papers for Journal of Counseling & Psychotherapy Research (JCPR). Use this document as a template.

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**Introduction → Heading Level 1 (11 pts)**

The introduction includes background your research, previous literature review, research novelty, and why your research is so important in this context. Keep your introduction to be very concise, well-structured, and inclusive of all the information needed to follow the development of your finding. The purpose of the research should be written at the end of introduction.

This document is a template. Electronic copy which can be downloaded from the website of Journal of Counseling & Psychotherapy Research (JCPR). Easy tips for writing in research format is to use this document as a template. Then type the text, the paper size must match the A4 page size, top: 30 mm, bottom: 30 mm, and left and right: 28 mm. All documents must use Cambria font. Font size 11pt. The manuscript is 13-20 pages. Writing citations in articles uses the body note style using reference tools such as Mendeley and Zotero. Maximum plagiarism test result is 20%.

Writing your introduction section, you must do; (1) begin the introduction by providing a concise background account of the problem studied; (2) state the objective of the investigation. Your research objective is the most important part of the introduction; (3) establish the significance of your work: why was there a need to conduct the study?: (4) clearly state your hypothesis, the variables investigated, and concisely summarize the methods used.; (5) define any abbreviations or specialized/regional terms; (6) provide a concise discussion of the result and findings of other studies so the reader understands the big picture; (7) describe some of the major findings presented in your manuscript and explain how they contribute to the larger field of research: and (10) identify any question left unanswered and any new questions generated by your study.

## **Method → Heading Level 1 (11 pts)**

The method section includes research design, research subjects, instruments, data collection procedures, and data analysis in paragraph format. Paragraphs must be organized. All paragraphs must be written using justified alignment, both left and right justified.

In this section, you must describe exactly what you did: what and how experiments were run, what, how, much, how often, where, when, and why equipment and materials were used. Work in this section, you have to do; (1) define the population and the method of sampling; (2) describe the instrumentation; (3) describe the procedures and if relevant, the time frame; (4) describe the analysis plan; (5) describe any approaches to ensure validity and reliability; (6) describe statistical test and the comparisons made; ordinary statistical methods should be used without comment; advanced or unusual methods may require a literature citation, and; (8) describe the scope and/or limitations of the methodology you used.

## **Result → Heading Level 1 (11 pts)**

The results section includes research findings from research data, related hypotheses, make interpretations and/or opinions, explain the implications of your finding, and make suggestions for future research. Its main function is to answer the questions posed in the introduction, explain how the result support the answers and, how the answer fit in with existing knowledge on the topic.

Figures and tables are the most effective way to present result. Caption should be able to stand alone, such that the figures and tables are understandable without the need to read the entire manuscript. Besides that, the data represented should be easy to interpret.

Work with graphic you have to do; (1) the graphic should be simple, but informative; (2) the use of color is encouraged; (3) the graphic should uphold the standards of a scholarly, professional publication; (4) the graphic must be entirely original, unpublished artwork created by one of the co-authors; (5) the graphic should not include a photograph, drawing, or caricature of any person, living or deceased; (6) do not include postage stamps or currency from any country, or trademarked items (company logos, images, and products); and (7) avoid choosing a graphic

## **Discussion → Heading Level 1 (11 pts)**

In discussion section includes discussion of research results and comparisons with theories and/or similar research. You can include a critical review if there is a discrepancy between the findings and previous theory or research.

The discussion will always connect to the introduction by way of the research questions or hypotheses you posed and the literature you reviewed, but it does not simply repeat or rearrange the introduction; the discussion should always explain how your study has moved the reader's understanding of the research problem forward from where you left them at the end of the introduction. To make your discussion, you have to do (1) state the major findings of the study; (2) explain the meaning of the findings and why the findings are important; (3) relate the findings to those of similar studies; (4) consider alternative explanations of the findings; (5) state the clinical relevance of the findings; and (6) acknowledge the study's limitations.

## **Conclusion → Heading Level 1 (11 pts)**

In conclusion section for answer to the hypotheses, research objectives and research findings and suggestions about idea for the next research. Conclusions are presented in the form paragraphs. Do not use bulleting and numbering in this section.

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Berry, J. W. (2017). Theories and models of acculturation. Dalam S. J. Schwartz & J. Unger (Eds.), *The oxford handbook of acculturation and health* (2nd ed., pp. 15-28). <https://doi.org/10.1093/oxfordhb/9780190215217.013.2> → **Book Chapter**

Notonegoro, K. (2023, Januari 1). Fluktuasi harga BBM dan faktor penyebabnya. *Jawa Pos*. <https://www.jawapos.com/opini/31/01/2023/fluktuasi-harga-bbm-dan-faktor-penyebabnya/> → **Newspaper**