

(TAJUK – Bold and Uppercase - Times New Roman – 12 poin – Centred)

Title in English (Italic – 12 poin - Centred)

Nama penulis (Italic – Centered – 11 poin)

Nama institusi (Title Case – 11 poin - Italic- Centered)

E-mel (Italic – 11 poin - Centered)

ABSTRAK

Kajian ini dijalankan.....

Kata Kunci: 3 -5 kata kunci

ABSTRACT

This study aims

Keywords:

PENGENALAN

Perenggan pertama

Perenggan kedua

Perenggan ketiga.....

PERNYATAAN MASALAH

Bermula di sini.....

Perenggan kedua...

Perenggan ketiga

KAJIAN LITERATUR

Bermula di sini

Perenggan kedua

Perenggan ketiga.....

METODOLOGI

Bermula di sini.....

ANALISIS DATA

Bermula di sini

Jadual 1

Tajuk jadual

XXX	XXX	XXX

Penerangan bermula di sini

Jadual 2

Tajuk Jadual

Rajah 1

Tajuk rajah

PERBINCANGAN DAPATAN KAJIAN

Bermula di sini.....

RUMUSAN DAN CADANGAN

Bermula di sini.....

Perenggan 2

Perenggan 3.....

Penghargaan

Terima kasih diucapkan.....

Kenyataan konflik kepentingan

Tiada potensi konflik kepentingan dilaporkan oleh penulis.

RUJUKAN

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- Engle, E. K., Cash, T. F., & Jarry, J. L. (2009, November). The Body Image Behaviours Inventory-3: Development and validation of the Body Image Compulsive Actions and Body Image Avoidance Scales. Poster session presentation at the meeting of the Association for Behavioural and Cognitive Therapies, New York, NYHijk.

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