

Kerstin Kirchsteiger, Ph.D. is an Executive and Career Coach passionate about helping ambitious professionals build impactful, fulfilling careers, without burning out. With certifications in Emotional Intelligence (GENOS) and Executive Coaching (ICF-ACC), she brings a research-driven, human-centered approach to leadership development.

She specializes in coaching emerging and established women leaders—particularly in STEM and male-dominated industries—to unlock their full potential and confidently navigate the next steps in their careers. Her work integrates leadership science, emotional intelligence, and practical strategies to help clients lead with clarity, resilience, and authenticity.



Whether her clients seek to elevate their leadership, pivot in their scientific careers, or explore new professional directions, Kerstin provides personalized, evidence-based coaching aligned with their values and ambitions. Her clients frequently report greater job satisfaction, stronger influence, and improved team retention. She has had the privilege of working with global organizations such as Boeing, Thermo Fisher, Quidel, Exelixis, Aprio, Elemis, and Leaders Lounge Australia.

When she's not coaching, she can often be found mountain biking or enjoying the outdoors with her family.

## **SPEAKING & WORKSHOP TOPICS**

- Embrace Your Potential: Unleash Confidence, Seize Opportunities, and Lead with Purpose
- The Corporate Athlete Brain Science for High Performance
- Thriving Through Turbulence Navigating Ups and Downs in Your Career
- Stop Managing, Start Leading Instead!
- Career Catalyst: Building Your Own Board of Directors

## **LEADERSHIP DEVELOPMENT COURSES**

- Take the Lead The Science of Leadership (4x 90min sessions, two assessments + coaching)
- Thriving through Turbulence The Resilient Leader

## **EXECUTIVE COACHING PACKAGES UPON REQUEST**

## **PODCAST FEATURE HIGHLIGHTS**

Thriving in Intersectionality - <u>On Building Your Network and Career Change</u>
Stable Mama Podcast - <u>Motherhood has prepared you to be a great leader</u>
Love Your Life Show Podcast - Emotional Intelligence with Kerstin Kirchsteiger

Schedule a Discovery Call <u>HERE</u>

**HEADSHOTS** 







