

Day 7/15 - \$0/\$10K Client Revenue

? Who You Are Now vs Who You Want to Be ?

- Now:
 - Adham a 15 year old man living in egypt in an house that has ugly drawings drawn in each wall, with broken yellow lights, and old broken wooden furniture, feeling broke and like sh*t, like a dumpster , he is studying in high school as a slave for the system who is forced to study random BS and is perceived as a student (slave) by everyone and surrounded by weak minded slaves feeling controlled, slaved, conquered, his body is weak feeling weak, he is broke, he doesnt have food feeling hungry, he is ugly, bad haircut with pimples across all of his face with braces in his yellow unstructured teeth feeling like a geek, he is lonely, with a neck hump and arched lower back, he daydreams a lot throughout the day feeling undisciplined , he is nothing (hasn't achieved anything yet) AVERAGE feeling worthless, everyones says he will fail feeling hated.
- Who You Want to Be:
 - Lord Empirus, a man in a tall circle shaped glass tower combined with 4 circled shaped shorter glass towers at each side of the main tower topped with a circled shaped object and between each glass of the tower, with 4 quarter circle corner circles at the edges of each tower, with 4 similar shorter towers next to each attached tower and 4 similar looking towers in the corner between the side towers, with a decreased back ground at the end of the before the middle tower and an elevator door with a long decreasing cylinders at the circle of the middle/main tower ,standing at the top widnow of the tower in his office/ bedroom infront Of the tower's window, he is wearing leather black shoes, gray pants, gray closed business suit with a white shirt and a black neck tie, he has a rolex 1908 attached to his

wrist, his muscles are visible through the suit, he has a neatly styled crew cut with a boxed beard wearing terminator sunglasses with a furious look in his face, he is the emperor of a great empire, an business organization of jacked, furious, professional gangsters all focused together on becoming the most powerful business organization in the planet, that man is focused on becoming the stronger most powerful man in the planet , that man is connected with god, feels prescence of god next to him giving him confidence, feels grounded while praying, feeling grateful for what he have, that man is calm even under the most pressures situations stays non-reactive, with straight neck posture, that man is a great leader his eye contact is intimidating, his body language is open, deliberate, his voice is deep and commanding, that man is a terminator who preforms endless raw action

🔥 Your Reason *Why* 🔥

- To get my mother to a chiropractor and fix her back so she can move freely again without feeling torturing pain and that she can go to the gym, lose her weight and get physically fit and join my empire .
- To replace my fathers kidney with a fixed kidney so he is able to go to the gym and become a jacked tough minded father, and so that he stays alive and join my empire
- To get My family out of egypt into dubai before israel comes and harm any of us
- To become the most powerful being in the universe.

A man with hugely muscular shoulders, hugely muscular biceps and triceps, muscular forearms, with iron fists , hugely muscular chest, tremendous abs, shredded back, big muscular quads and legs, each one of these muscle is veined out to the max feeling huge, tough , powerful

Spears enters that man's body as he bleeds feeling high burning intensive pain in gratitude while resisting the pain and moving regardless feeling unstoppable

A man who runs like a horse jump running with each feet hitting the ground from one another to the other relentlessly fast towards his enemies feeling his blood moving fast in his body, feeling the air blowing against his face as he transports fast from one place to another like a bullet shoot at an enemy, feeling energetic, feeling a surge of electricity spiking through his body, feeling speed

A man who attacks like a bear, throws fast continued tough jabs on his enemies faces delivering the impact of a sledge hammer causing their faces to explode blood, until they drop on the ground bleeding, feeling dangerous

Dodges relentlessly quick, crouching down, jumping up, weaving left and right, blocking with his arms, feeling untouchable.

A man that sits at the chess table looking at the pieces processing his next moves quickly like a computer, as he evaluates his target, position , moves available , decides the best move and moves the piece restlessly and continues going through the process repeatedly until he drop the enemy's king, feeling intelligent

A man who controls persuasion across the entire planet, the purchasing of people products from the business, who business walk to him asking for help persuading people to sell their products, he only shakes hands with the hardest working businesses, as he sits on his keyboard and write's inspiring copy as quickly as possible in which when the target market read, they get inspired to get what they want , as the businesses becomes millionaires, as the target market gets what they want, he feels like the controller, he feels like a hero, someone who gives people what they want.

The emperor of his empire in which consists of a group of hard working, jacked, persuasive, fast , tough, dangerous, defensive gangsters leading them into becoming the most powerful organization on the planet, feeling powerful

a man who generates billions of dollars a year listed as one of the top billionaires in the planet feeling on top of the world

a man who walks down the street with everybody staring at him demanding high levels of respect and admiration to him feeling like the king walking through his kingdom people

That man walks through his empire shirtless, pantless, wearing shorts, with his muscles standing out, as his empire members stands there saluting as they shout out loud while he is walking "LORD EMPIRUS" feeling like a king, the more he walks towards the big door

the more the shout sounds higher, as the big door opens with smoke coming out of it and closing in its own, he approaches the stacks of money in the room holding a dollar in his finger as he smells the smell of the money, a screen opens showing "leaderboard: Lord Empirus, Top 1", as he walks towards the hologram creator, a hologram of earth spawns earth spinning there getting redder, with the words persuasion up of it, and a text "conquered: 100%", a grey chair spawned from the ground with smoke coming out of it, he approaches the chair and sits comfortably on it with his legs wide opened, his arms settled on the handles, a table spawned from the ground, with a crown, he holds the crown and places it upon his head, as his eyes fire blue, his veins shine in blue, feeling an overwhelming sense of power and fire, as he becomes and feels like the most powerful creature on earth, the top billionaire, the controller of persuasion, the emperor of his empire, the king of the world

[PS: Get 100 % vivid e.g. enemies, his look, etc, describe what feeling powerful is like (get detailed), create a scenario in which he looks at the hologram of the galaxy]

- To make my creator, Allah, who gave me everything proud
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G Work Checklist

- ☐ Set a binary, tangible goal
 - ☐ Pick an attitude
 - ☐ Hydrate, Caffeinate, Get the blood flowing
 - ☐ Remove distractions
 - ☐ Set a challenging timer and try to beat it
 - ☐ Get started
 - ☐ Evaluate afterwards
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Day - 11/7

GWS Reflection:

What tasks/objectives did I demolish?

- Solved the science h.w and studied lesson 8 (school stuff)
- Analyzed top player profile

Problems/mistakes encountered?

- Daydreaming in the session again
 - ROOT CAUSE ANALYSIS
 - What is my problem:
 - I can't stop daydreaming throughout my day
 - Why do I daydream?
 - To replace the feeling of boredom with cheap dopamine e.g daydreaming
 - Why do I feel bored?
 - I'm not doing anything exciting at all to feel good
 - What is the solution to my problem
 - Do the work at your highest capacity as quickly as effie only as possible and you won't daydream because then it will be hard therefore it isn't boring

- I shouldn't have analyzed the new top player's profile that was a waste of time because I already analyzed 2 profiles I should've straight up analyzed their posts instead of a profile

Solutions to each mistake/problem?

- Mentioned in the root cause analysis
 - Mentioned
-

End day review:

Overall problems/mistakes throughout the day?

- DAYDREAMING

Solutions to each mistake/problem?

- You know it