



Community Resources for LCPS Families

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1. MENTAL HEALTH and EMERGENCY PROVIDERS

- Providers listed below accept **most** major insurances and Medicaid.

A. Crisis/Emergency Resources

Always call 911 if you or someone else are at immediate risk of harm

**LUNENBURG COUNTY CROSSROADS COMMUNITY SERVICES BOARD
1-800-548-1688 (EMERGENCY 24 hours a day)**

NATIONAL SUICIDE PREVENTION HOTLINE - 988

The Federal Communications Commission (FCC) has adopted “988” as a new 3-digit number to be used nationwide to reach the National Suicide Prevention and Mental Health Crisis Lifeline

***Lifeline Chat <https://suicidepreventionlifeline.org/chat/>**

Crisis Text Line (text “HOME” to 741741) 1-800-799-4889 (for Deaf/Hearing Impaired)

VETERANS CRISIS HOTLINE

1-800-273-TALK (8255)

-suicide prevention hotline, text, and chat for all veterans, service members, national guard, and their family members and friends

NATIONAL HOPELINE NETWORK

1-800-784-2433 (suicide and crisis hotline)

LYNCHBURG GENERAL and VA BAPTIST HOSPITAL (available 24 hours a day)

434-200-4145 3300 Rivermont Avenue, Lynchburg

CRISIS TEXT LINE

By Phone: **Text HOME to 741741**

<https://www.crisistextline.org>

24/7 Texts are answered by crisis counselors who are trained to provide support and help restore calm. Messaging is also available through Facebook Messenger.

VIRGINIA TREATMENT CENTER FOR CHILDREN (Children’s Hospital of Richmond at VCU)

1-804-828-2000 Option 2 Outpatient Option 3 Inpatient

POPLAR SPRINGS HOSPITAL

1-804-733-6874 Petersburg (24-hour referral)

TUCKER PAVILION, HCA Virginia’s Chippenham Hospital, 7101 Jahnke Road, Richmond

1-804-483-0050 Behavioral Health Access Line (24-hour assessment and referral)

1-804-323-8282 Outpatient Services

TUCKER PSYCHIATRIC CLINIC, 1000 Boulders Parkway, Richmond

1-804-320-7881

B. Outpatient Counseling Providers

Types of services provided by listed resources include but are not limited to:

- Mental health
- Behavioral health
- Trauma
- Self-esteem
- Anxiety
- Depression

- Grief and loss
- Social skill building
- Peer issues
- Family concerns (to include substance abuse, domestic violence, abuse and neglect, etc)

❖ **LUNENBURG COUNTY**

SDHS Counseling and Behavioral Services

(Southern Dominion Health System, Inc) 1685 K-V Road, Victoria VA

434-696-2319

**Sliding scale payments are available

Crossroads Community Services Board

434-696-3747 Lunenburg Office

❖ **BLACKSTONE**

Jennifer Bunn, LPC, 609 Church St, Blackstone

434-885-1398

**Sliding scale payments are available

Jeanene Fisher, LPC, 920 S. Maint St Unit 1, Blackstone

434-264-3209

Starke Behavioral Health, 116-120 W. Broad St, Blackstone

434-292-1104

❖ **FARMVILLE**

CMG Piedmont Psychiatric Center (ADULT ONLY), 935 S. Maint St, Farmville

434-200-5999

Crossroads Community Services Board

434-392-3187 Farmville Office

**Sliding scale payments are available

Clearview Counseling (Jason French, LPC), 502 Beech St, Farmville

434-391-4306

Piedmont Psychological Services, 935 S. Main St., Farmville

434-315-8813

Safe Harbor Counseling (Teresa George, MS, LPC, CSOTP), 800 Buffalo St, Farmville

434-414-8308

**sliding scale payments are available

STEPS, Inc. 56 SMI Way, Farmville **434-315-5909**

Whole Family Program

❖ **South Hill**

Lake Country Counseling, LLC (Tessie Smith Sadler, LCSW)

516 E. Atlantic Street, South Hill, VA 23970

434-584-9660; 434-774-7559

❖ **Greater Richmond Area**

Virginia Treatment Center for Children (Children's Hospital of Richmond at VCU)

1308 Sherwood Ave, Richmond

804-828-3137 (for outpatient appointments) **855-546-7792** (for inpatient admissions)

Adolescent and Family Health Care, 13821 Village Mill Dr. #B, Midlothian

804-794-8900

Dominion Behavioral Healthcare of Chesterfield

804-639-1136 5931 Harbour Park Drive, Midlothian

804-794-4482 703 N. Courthouse Road #101, Richmond (near Chesterfield Town Center Mall)

The Westwood Group, Richmond Southside Office (1-804-264-0966 Staples Mill Road)

1-804-794-5928

VCU Center for Psychological Services and Development, 612 N. Lombardy St. Richmond

804-828-8069

Commonwealth Autism, 4108 E. Parham Road, Richmond, VA 23228

www.autismva.org

804-355-0300

Virginia South Psychiatric & Family Services (3 locations)

207 N. 4th Avenue Hopewell, VA 23860 **804-541-0918 FAX 804-541-7924**

269 Medical Park Blvd. Petersburg, VA 23805 **804-861-0700 FAX 804-863-4626**

13901 Coalfield Commons PI Midlothian, VA 23114 **804.378.0800 FAX 804.378.0900**

www.vasouth.com

Virginia Center for Autism and Related Developmental Disorders

2114 Dabney Rd Suite E, Richmond **804-673-9600**

CENTRA MENTAL HEALTH INTAKE AND RESOURCE CENTER

434-200-4444 (24-hr information and referral services)

Mental Health of America Warm Line (not crisis)

<https://mhav.org/warm-line> **1-866-400-MHAV (6428)**

Open Mon-Fri, 9am-5pm. This is a peer support line, instead of a crisis line.

C. Online Counseling Services

TalkSpace (typically does not accept insurance. Cost ranges from \$60-\$80 per week)
www.talkspace.com

BetterHelp (typically does not accept insurance. Cost ranges from \$60-\$90 per week)
www.betterhelp.com

TeenCounseling (typically does not accept insurance. Cost ranges from \$60-\$80 per week)
www.teencounseling.com

Compass Point eTherapy 434-446-1416 (accepts many major insurances and private pay options are available)
www.compasspointetherapy.com

D. Substance Abuse and Addiction Services

Crossroads Community Services Board (offers multiple service options and supports)
434-696-3747 Lunenburg Office
434-392-3187 Farmville Office
**Sliding scale payments are available

Centra Addiction and Recovery Services
1-434-200-4455

SAMHSA National Helpline
1-800-662-4357

Thriveworks Chesterfield (accepts most insurances)
9846 Lori Road 201, Chesterfield 1-804-505-0113

E. Need Specific Hotlines

Self-Harm Hotline 1-800-366-8288

Planned Parenthood Hotline 1-800-230-7526

American Association of Poison Control Centers 1-800-222-1222

Alcoholism and Drug Dependency Hope Line 1-800-622-2255

National Crisis Line for Anorexia and Bulimia 1-800-622-2255

AIDS Crisis Line 1-800-221-7044

The Virginia Family Violence and Sexual Assault Hotline 1-800-838-8238

**National Domestic Violence Hotline 1-800-799-SAFE or 1-800-799-7233
TTY 800-787-3224**

National Call Center for Homeless Veterans 1-877-4AID-VET (1-877-424-3838)

Child Protective Services Hotline for Virginia (for child abuse and neglect) 1-800-552-7096

**Adult Protective Service (for elder and disabled adult abuse and neglect) 1-888-83-ADULT
(3858)**

National Runaway Safeline 1-800-RUNAWAY Text 66008

National Human Trafficking Hotline 1-888-373-7888 (TTY: 711) Text 233733

Family Violence Helpline (National) 1-800-996-6228

**Southside Center for Violence Prevention (Domestic Violence and Sexual Assault)
1-888-819-2926**

Childhelp National Child Abuse Hotline 1-800-422-4453

GLBT Hotline 1-888-843-4564

TREVOR (LGBTQ+) Crisis Hotline 1-866-488-7386

The Trans Lifeline 1-877-565-8860

**Boys Town National Hotline 800-448-3000 or text VOICE 20121 (24/7 crisis, resource, and
referral services for children, teens, and parents)**

2. COMMUNITY/FINANCIAL RESOURCES

Piedmont Senior Resources, Inc.

1413 S. Main St, Farmville **434-767-5588**

Services include nutritional services, in-home services, and health insurance assistance programs.

STEPS, Inc. 56 SMI Way, Farmville **434-315-5909**

Whole Family Program, Rental and Mortgage Assistance, Heating and Cooling Assistance, VA Homeless Solutions Program, etc.

<https://www.steps-inc.org/>

**VA National Guard Family Assistance Centers
(for Veterans, Service members (and their families), and Civilian Employees)**

Fort Pickett 472 Military Road

Blackstone, VA 23824

Mobile : **434-294-5764**

24 HOUR HOTLINE 1-800-542-4028

Lunenburg County Ministries (Food Bank)

207 S. Broad St, Kenbridge **434-676-6515**

People's Community Center (Food Bank)

1021 Tidewater Ave, Victoria **434-696-3437**

Cornerstone Deliverance Church (Food Bank)

3416 Blackstone Rd, Kenbridge **434-676-6199**

Lunenburg County Department of Social Services

11387 Courthouse Rd, Lunenburg **434-696-2134**

FACES Food Pantry 434-392-6277

483 Commerce Rd, Farmville

-open Saturdays 8AM-10:30 AM (must be in line by 10:30AM)

3. EARLY CHILDHOOD INTERVENTION RESOURCES

Infant and Toddler Connection of the Heartland

315 West Third St, Farmville **434-395-2967**

Cost of services range and are available to children birth to 3-years-old. Please contact the provider for more information.

-services include but are not limited to:

- **Vision services**
- **Psychological**

- Physical and occupational therapy
- Speech
- Audiology
- Nursing
- Nutrition
- Developmental services
- Family Training/ Counseling/ Home visits

Lunenburg County Public Schools VPI Pre-K Program (4 year olds)
Dawn Bacon, Director of Instruction and VPI Coordinator, 434-676-2467, ext. 2145
 215 Nottoway Falls Rd, Kenbridge **Kenbridge Elementary 434-676-2491**
 1521 8th St, Victoria **Victoria Elementary School 434-696-2163**

[Early Childhood Resources for Families](#)

Lunenburg County Public Schools Early Childhood Program (ages 2-5)
Dr. Andrea Shell, Coordinator of Elementary Special Education, 434-676-2467, ext. 2525
 215 Nottoway Falls Rd, Kenbridge **Kenbridge Elementary 434-676-2491**
 1521 8th St, Victoria **Victoria Elementary School 434-696-2163**

STEPS Lunenburg Head Start
 2401 Nottoway Blvd, Victoria **434-696-1139**
Child Day Center providing services from 1 month to 5 years 11 months

4. SUPPORTIVE GROUP SERVICES

Comfort Zone Camp
 6606 West Broad St, Suite 401, Richmond **804-377-3433**
Free resources for grieving children ages 7-17 and adults ages 18-25 (virtual and in-person weekend camps)
www.comfortzonecamp.com/calendar

Southside Center for Violence Prevention (Domestic Violence and Sexual Assault)
 Confidential address

Counseling and therapy support groups (trauma, substance abuse, grief, anger management, domestic and sexual violence) Call **434-394-3505** for more information on group topics and locations

Also offer advocacy and court, medical, and social services accompaniment when appropriate

NAMI Parenting/Family Support Groups

-Parenting and family support services.

-90 minute sessions offered at **no cost**.

-Offered through Zoom on www.namivirginia.org/family-support-groups-for-parents/

-Sessions are available on the 1st and 3rd Wednesdays of each month from 7PM-8:30PM or on the last Thursday of each month from 6PM-7:30PM

**Additional support group sessions and time options are available on

<https://namivirginia.org/support-groups/>

Some Group Sessions include:

- Youth Meetup Group
- Young Adult Group
- People of Color Group
- Parents and Caregivers of Children under 17
- Spanish Speaking Families and Loved Ones
- Groups for individuals 18 and over

5. HOMELESS RESOURCES

- If you and your family are experiencing homelessness and need resources in the area, please contact:

Stacey Newton

Coordinator of Administrative Services with Lunenburg County Public Schools

stacey.newton@k12lcps.org

(434) 696-3036

[LCPS Notification Form for Homeless Student](#)

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