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Note: If you have any ideas, links, hashtags, or resources to add, email me at rosemarydonahue@gmail.com or comment and I'll add them! This list is evolving and can only get better with your help. Thanks.

## OTHER MAJOR DOCS

## **Affordable Therapy Doc**

Resource doc for finding affordable therapy, no matter which US state you live in. Organized by state. Click <u>here to access</u>.

## **AHCA Accountability Doc**

These house members voted yes on the AHCA act. This doc tells you whether they have upcoming town halls. <u>Click here</u>.

# Concrete suggestions in preparation for January 2017 (including Spanish translation)

This list was created by a lawyer and has a lot of legal suggestions by demographic regarding civil rights issues, disability issues, immigration issues, trans issues, and more. <u>Click here.</u>

## False, Misleading, Clickbait-y, and Satirical "News" Sources

Look out for news that isn't. Here's <u>a list of places</u> you should ignore. <u>Here are some</u> <u>publications</u> you could read/donate to instead. <u>Here</u> is a website that specifically tracks Russian propaganda.

## Gender-inclusive Terms for Pregnancy, Birth, and Sexual Health

This is a list of helpful, non-gendered terms regarding birth, pregnancy, and sexual health for doctors, doulas, and nurses. <u>Click here</u>.

# #GrabYourWallet — Companies that both do and don't work with the Trumps

One page on this spreadsheet includes businesses that do businesses with and/or support the Trumps. Another page includes businesses that don't do business with than and/or have outright denounced them. Your money matters. Here are some other places you can spend it.

## **Harm Reduction Suggestions for DIY Venues**

This is a doc with suggestions and resources for people throwing shows or hosting at DIY venues. <u>Click here</u>.

## **Hate Crime/Harassment Map and Reporting Tool**

This is a project to map incidents of harassment and hate crimes across the country. Anyone can report an incident, even if not personally experienced. <u>Check it out here</u>.

## How to talk to your loved ones about a Trump presidency

This is a great doc full of suggestions for fostering conversations about a lot of relevant conversations over the next four years, from National Security, to Immigration, to Mental Health, to Energy/Climate. Read here.

## Indivisible: A Practical Guide for Resisting the Trump Agenda

Former congressional staffers reveal best practices for making congress listen. Click here.

## Laws and Regulations that Trump's Administration May Change

This is a list of laws and regulations that may change under the Trump presidency, especially those that may affect marginalized folks, also including suggestions for what to do to protect yourself in the meantime. Mostly translated to Spanish. <u>Click here</u>.

# Muslim individuals and organizations that have spoken out against terrorism

For next time someone tells you Muslims don't condemn violence, show them <u>this spreadsheet</u> containing massive evidence that says otherwise.

#### **National and Local Donation List**

Popular and especially well-known organizations like ACLU and Planned Parenthood seem to be drawing in the lion's share of donations. This is wonderful, but local and state organizations have a similar, if not greater need for funds as well, especially since they will be some of the first to deal with the fallout from Trump's policies by taking in and advocating for his victims. This is a comprehensive spreadsheet of local/state/regional/national organizations people can donate to or volunteer their time with. Click here.

#### **New Yorker Commute Assistance**

In light of recent harassment toward Muslim, LGBTQ folks, and people of color, we all need to look out for each other. If you have a semi-flexible commute in New York and are willing and able to accompany your neighbors, fill out <u>this form</u>.

## "Oh crap, now what?" Survival Guide

This guide started as a Google doc, and has turned into its own thing. There are resources for topics from queer family stabilization to digital security to trans health care to housing. Check it out here.

## **Organizations to Support**

Here's <u>a list of organizations</u> that could use your support right now, including the Sylvia Rivera Law Project, the Diverse City Fund, and the National Network of Abortion Funds.

## **Representative Contact Info**

- —<u>This spreadsheet</u> provides names, websites, addresses, and phone numbers of NY representatives for you to call and make your voice heard. <u>These Republicans</u> have spoken out against Trump and may be particularly effective to call.
- —Here's <u>an extensive sheet</u> that provides scripts for multiple reasons you might be calling representatives, and provides variations of those scripts dependent on whether the rep you're calling has a history of supporting or opposing that issue.
- —Info about Bannon, specifically, including a script, <u>can be found in this doc</u>. It even has different scripts depending on whether you're calling Dem or Republican representatives.
- -This post is a useful guide for calling your representative when you have social anxiety (or are just generally nervous about it)

#### **Resistance Manual**

There are more of us who believe in equity and justice than those who support Donald Trump's ideology of fear and hate. Together, we can harness the collective power of the people to resist the impact of a Trump presidency and to continue to make progress in our communities. This doc has multiple resources to push that action forward.

## **Resources for Humanity**

A list with <u>multiple resources</u>, organized by state, for issues from women's health to LGBTQ therapy to trans affirmative care and more.

## Safety and Wellness Guide for Trans and GNC Youth

This guide is for the people who love a Trans or GNC Youth and for Trans GNC Youth to have a proactive plan that is grounded in their self-determination and agency in how they want to address bullying, prevent harm, and also receive love and care. <u>Click here</u>.

## **Sanctuary Campus Petitions**

Here's a Google doc of current petitions urging universities to declare themselves sanctuary campuses for undocumented immigrants. Read (and see who can sign) here.

## Syllabus for white people to educate themselves

This doc is a HUGE resource for white people to start doing the work and learning about how we've created this situation. Learn about white supremacy and more <a href="here">here</a>. Alternatively, check out this guided collection of resources for understanding structural, anti-black racism.

## **Syria Resources**

A major doc with a ton of resources regarding the situation in Syria. Click here.

## **Technologists for Social Justice**

A doc that helps people in technology identify how they can use their skills and resources to help right now. <u>Click here</u>.

## **Town Hall Project**

Regularly updated list of Town Halls in the US so people can attend, voice concerns, protest, etc. <u>Click here</u>.

#### Where US Senators Stand on #NoBanNoWall and How to Contact

This doc tells you where all US Senators stand on the ban, as well as how to contact them. Click here.

## Work Opportunities

This is a list of work opportunities in media, a lot of which are specifically for people of color and LGBTQ folks. Take a peek here.

## INFO ABOUT PROTESTS AND ACTIONS

## **Healthcare Rally Map**

Use this map to locate national healthcare-related rallies. Click here.

#### **Next Protest**

A simple website with info about the next protests nationwide. Click here.

## Lawyer Assistance at Airports Re: Immigration Ban

If you're a lawyer, use this doc to sign up for RefugeeAssist Rapid Response team and add your efforts to representation at airports. Use this doc to sign up for airport triage to volunteer to be put on call for airport legal assistance for international airports this weekend.

## **Senate Outreach Tracking Log**

This is a form that can be used when making calls to our U.S. Senators. It can assist in tracking the effectiveness of these calls as it populates to a shared google sheet. Click here.

#### **Take Action NYC**

A calendar of protests and political actions in NYC. Click here.

## Things You Can Do to Help Charlottesville

This doc includes substantial suggestions for things you can do to help Charlottesville, including organizations to donate to, articles to read, and protests to join. Click here.

### We Are New York Values — Resource/Protest/Volunteer List for NYC

Choose a cause and volunteer, donate, or protest around the NYC area. Click here.

# **RESOURCES + NEWSLETTERS**

#### **ActionNow Newsletter**

A daily email of suggested actions to help others and reduce the impact of racism, sexism, class and income inequality, disability discrimination, and more. Sign up here.

## #BeyondtheBallot

A <u>campaign that aims</u> to remind young people about the importance of local government and sustained political participation in the aftermath of this historically vitriolic election season. The initiative aims to turn political frustration into meaningful participation by helping young people (and adults!) recognize the role of government in influencing their lives and communities, and their ability to influence government. Also includes <u>lesson plans</u> for teachers and a <u>6-part toolkit</u> for people to take action.

#### **Black Lives Matter**

Click here to find your local BLM Chapter.

## Climate and environment action guide

A doc full of resources for how we can make progresses on climate action now. Click here.

## **Don't Pay Trump Chrome Extension**

The simple Trump boycott extension that makes it easy to be a conscious consumer and keep your money out of Trump's hands. <u>Get it here.</u>

## **Getting Started with Digital Security**

Outlines steps to assess your risk and resources to protect yourself.

## Guide for intervening when you see Islamophobia

Here's <u>a guide for what to do</u> when you see Islamophobia (TL;DR, you should ignore the attacker and engage in conversation with the person they're attacking so they feel safe), including a video (there's also a <u>French version</u>).

## **#HereToStay Network**

The #HereToStay Network is a group of people ready to fight for immigrants at risk of deportation. When Trump agents show up to raid immigrants' homes and workplaces, we'll need you to show up. Click here to sign up.

## NYC emergency contraception finder

For those living in NYC and in need of emergency contraception, use this link to plug in your address, intersection, borough, or other location info to <u>find a hospital or clinic</u> that offers care.

## **Re:act Weekly Newsletter**

A weekly newsletter of a few things you can do to take action during the Trump presidency. <u>Sign up here</u>.

## **Refuge Restrooms**

A free and open source app that gives a map of gender neutral and/or handicap accessible public restrooms that anyone can add to, has a mobile app for Apple and Android.

## Southern Poverty Law Center on Responding to Everyday Bigotry

A pretty <u>comprehensive list</u> with tips on how to respond in different situations. Also includes a PDF.

#### **Trans Lifeline**

Trans Lifeline is a 501(c)3 non-profit dedicated to the well-being of transgender people. They run a hotline staffed by transgender people for transgender people. Learn <u>more here</u>.

#### **Trans Relief**

A group that aims to help trans people get their paperwork/legal documents in order ASAP. Here and on Twitter.

#### Wellness Resources

This is a wellness guide in the face of trauma and crisis situations.

## PLACES TO DONATE MONEY TO

#### **American Civil Liberties Union**

The ACLU has pledged to take Donald Trump to court if he implements any of the policies he proposed that blatantly violate people's civil liberties, including mass deportation of undocumented immigrants, punishing women for getting abortions, changing the country's libel laws, and many more. <u>Donate to them here</u>.

## **Anti-Violence Project**

AVP empowers lesbian, gay, bisexual, transgender, queer, and HIV-affected communities and allies to end all forms of violence through organizing and education, and supports survivors through counseling and advocacy. Find out more and <u>donate here.</u>

## **Border Angels**

A San Diego-based nonprofit that advocates for human rights, humane immigration reform, and social justice with a special focus on issues related to issues related to the US-Mexican border. Learn how to show your support here.

## Campaign Zero

Police reform in association with Black Lives Matter. Get involved here.

#### **Council on American-Islamic Relations**

CAIR is the largest Islamic civil rights and advocacy group in the U.S. and has urged Trump to stand up for the rights of Muslim-Americans. The group has also pledged to defend those in the community who fear for their rights and safety during this time. Click here to donate.

## **Immigration Ban Response Organizations**

These groups have organized actions in response to the immigration ban, provide legal services, provide ongoing advocacy, and do community organizing. <u>Click here</u> for more info.

## **Immigration Works USA**

An organization dedicated to advancing immigration reform and educating the public about the benefits of immigration. Learn <u>more here</u>.

## **Mexican American Legal Defense Fund**

Legal defense and Latino civil rights organization promoting social change in areas of education, employment, immigrant rights and political access. Donate and learn more <a href="here">here</a>.

#### Muslim Advocates

Muslim Advocates is a national legal advocacy and educational organization that works on the frontlines of civil rights to guarantee freedom and justice for Americans of all faiths. <u>Click here to learn more and donate.</u>

## **National and Local Donation List (a doc)**

Popular and especially well-known organizations like ACLU and Planned Parenthood seem to be drawing in the lion's share of donations. This is wonderful, but local and state organizations have a similar, if not greater need for funds as well, especially since they will be some of the first to deal with the fallout from Trump's policies by taking in and advocating for his victims. This is a comprehensive spreadsheet of local/state/regional/national organizations people can donate to or volunteer their time with. Click here.

#### **NARAL Pro-Choice America**

NARAL fights for women's reproductive rights, which is particularly important given the President-elect has an aggressive pro-life platform and also doesn't understand what a late-term abortion actually entails. Donate to them here.

## **National Immigration Law Center**

The NILC provides legal support and defends the rights of low-income immigrants who live in the United States. Their work is perhaps more vital than ever, given that Trump has vowed to deport undocumented immigrants and wants to build a wall between the U.S. and Mexico. Click here to donate.

## **National Lawyers Guild (Mass Defense Fund)**

The NLG provides legal support for political activists, protesters, and movements for social change, including #BlackLivesMatter and #NoDAPL. Click here to donate.

#### **Planned Parenthood**

As an organization that provides vital reproductive-health care, Planned Parenthood recently celebrated its 100th anniversary in October. However, women's reproductive rights are currently at risk, and the organization has vowed to keep its doors open regardless of what happens. Donate here.

## Smaller orgs that need help (a doc)

This is a doc of smaller orgs that need help, other than Planned Parenthood and the ACLU, which are already very well funded at this moment in time. <u>Check it out here</u>.

## **Solidarity Charlottesville**

Multiple suggestions for places to donate if you'd like your money to go to solidarity in anti-racist efforts in Charlottesville. Click here.

## **Southern Poverty Law Center**

The SPLC fights hate and bigotry through legislation, education and advocacy, which is particularly vital after a campaign marked by racism, misogyny, hate, and misinformation. Donate to this important group here.

## **Standing Rock Sioux Tribe Donation Fund**

This is the official Standing Rock Sioux Tribe Donation Fund through Paypal. <u>Donate here.</u> In light of what happened on 11/21, here is <u>the link to an article</u> which gives a list of supplies the camp needs and a link to donate to, as well as an address.

## **Trans Assistance Project**

TAP will operate a permanent fund that accepts ongoing donations to be used to support trans folks. Because of the enduring nature of the program, we can ensure that recipients' specific needs, which may arise at random times, are met without them having to go through the hassle of managing their own personal crowdfunding campaign. Click here to donate.

## **Trevor Project**

The Trevor Project provides suicide prevention services to LGBTQ youth between the ages of 13 and 24. Given the reports that several young transgender people have already taken their lives since the election results were announced, the group's support resources are absolutely vital. Donate here.

## The Center for Reproductive Rights

They promote and defends the reproductive rights of women worldwide. Donate here.

## The Young Center for Immigrant Children's Rights

They promote the best interests — safety and well-being — of unaccompanied and separated immigrant children in the United States. Learn more here.

## Women's Refugee Commission

They focus on helping ensure lasting, measurable change for displaced and asylum-seeking women, children, and young people. Learn more <u>here</u>.