

1. **DUE TO SIZE of the 3200** we will run in NORMAL ORDER but START **4x800 at 3:45 PM & 4x100 at 4:00 PM**
2. Field events will begin **AS SOON AS YOU ARRIVE LJ/TJ/SP?**
3. PV/HJ/LJ & TJ **all indoors** we will use the SOUTH GARAGE DOOR FOR ENTRY EXIT INTO FIELD HOUSE
4. WE WILL ANNOUNCE WHAT'S HAPPENING OUTSIDE OVER LOUD SPEAKERS- BUT WE WILL NOT WAIT
5. BETTER FLIGHTS OF PV/HJ FIRST VERY AGGRESSIVE STARTING and BAR MOVEMENTS for LESSER FLIGHTS
6. THROWS BY SCHOOL- COACHES ARE COMMUNICATING
7. LJ/TJ ATHLETES SHOULD WARMUP AND CAN START IMMEDIATELY!!!
7. Large heats of 1600, 800
8. 400 METERS was difficult to set up 2 ways so will leave it for now.

**ORDER OF EVENTS HOPEFUL TIME SCHEDULE- GETS VERY COLD AFTER 7 PM**

**3:45 PM 4x800 1 HEAT**

**4:00 PM 4x100 3 HEATS**

**4:15 PM 3200 1 HEAT (28 mega heat)**

**4:30 PM 110 HURDLES 5 HEATS**

**4:45 PM 100 14 HEATS**

**5:15 PM 800 4 HEATS (15 per)**

**5:30 PM 4x2 3 HEATS**

**5:40 PM 400 9 HEATS (*can not combine on system*)**

**6:00 PM 300 H 6 HEATS**

**6:20 PM 1600 4 HEATS (16 per)**

**6:40 PM 200 6 HEATS**

**6:55 PM 4x400 3 HEATS**