



**We Share
Everything
*but HIV***

To Help Everyone
Health and
Wellness Centers

PrEP is preventive medication that can help you stay negative, even if your partner is positive.

Happy Valentine's Day. Share everything but HIV. PrEP is preventive medication that can help you stay HIV negative. When taken as prescribed, PrEP is highly effective for preventing HIV.

PrEP is covered under almost all health insurance plans. That means you can't be charged for your PrEP medication or the clinic visits and lab tests you need to maintain your prescription. If you don't have insurance or Medicaid coverage, there are other programs that provide PrEP for free or at a reduced cost.

To learn more call 323-730-1920.

<https://www.tohelpeveryone.org/hiv-prep/>

2.14.2025



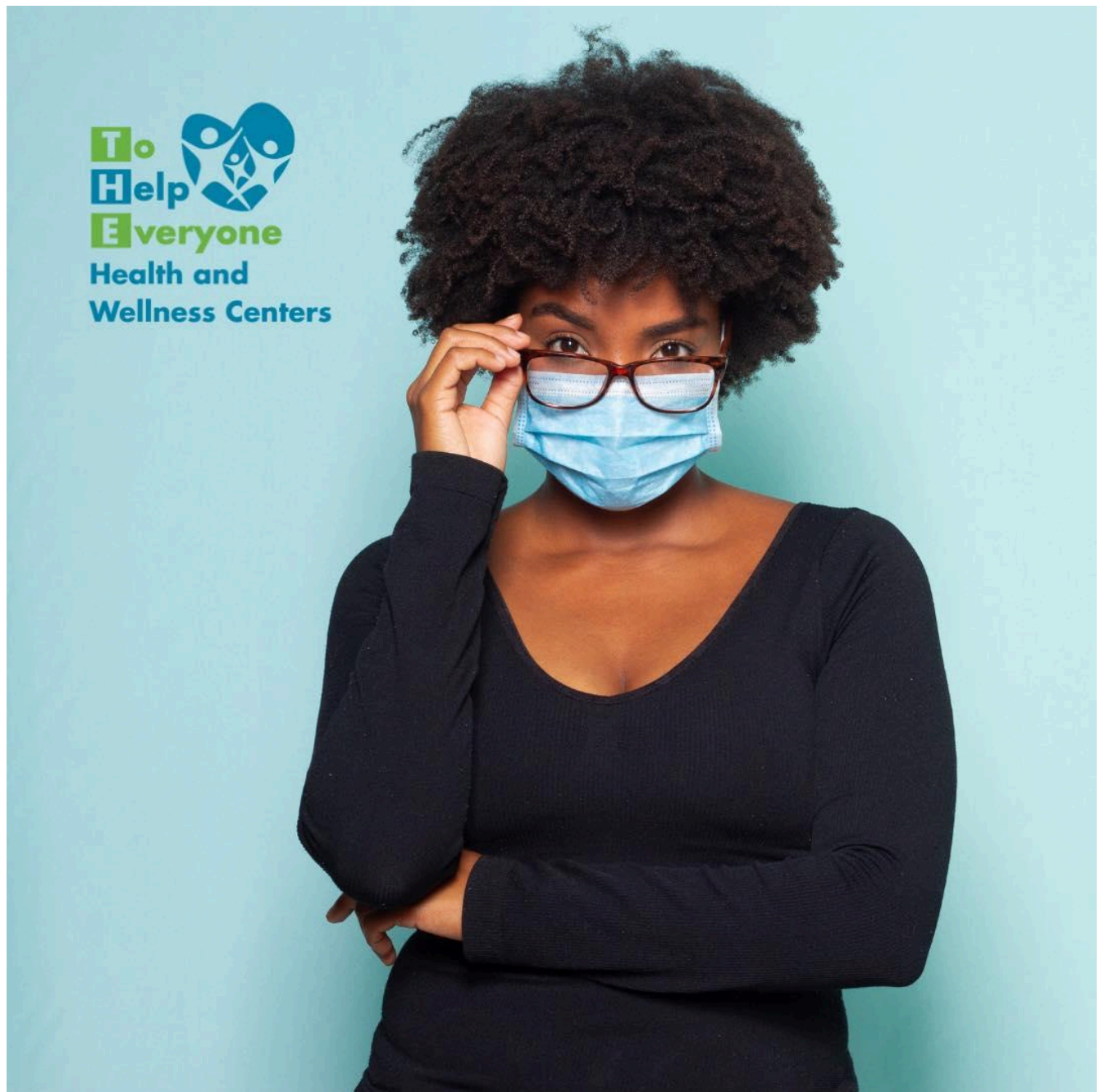
Caring Starts Here: At T.H.E. Health and Wellness Centers, we provide compassionate, high-quality healthcare services tailored to the unique needs of our community.

From primary care, pediatrics, and women's health to mental health services, chronic disease management, and preventive care, we're here for you at every stage of life.

Our experienced medical team is dedicated to ensuring everyone has access to the care they deserve—regardless of ability to pay. Start your journey to better health with us today!

[#CaringStartsHere](#) [#CommunityHealth](#) [#WellnessForAll](#)

09.16.2024



👁️ See the world with clarity! Our vision care services offer everything from eye exams to updated prescriptions. Prioritize your eye health and call today for an appointment with our optometrist.

☎️ 323-730-1920

[#ToHelpEveryone](#) [#caringstartshere](#)

10.25.2024



To Help Everyone Health and Wellness Centers

Published by Loomly

October 28, 2023

Patient Portal is where you can go online and order prescription refills, check on lab results, make appointments, check on referrals, and send questions to your provider -- all from the convenience of your phone or personal computer. Download the healow app and sign up today.

#yourhealthinyourhands #patientportal #healow #tohelpeveryone

<https://loom.ly/7qWFmSY>



MYCW28.ECLINICALWEB.COM

Patient Portal Login Page

Copyright ©2023 eClinicalWorks. All rights reserved. version Portal9.22. Use of ...

Sign up

2

Like

Comment

Share



HERE IS WHAT YOU CAN DO WITH
PATIENT PORTAL

-  **PRESCRIPTION REFILLS**
-  **REVIEW LAB RESULTS**
-  **MAKE AN APPOINTMENT**
-  **VIEW REFERRALS**
-  **SEND QUESTIONS TO YOUR PROVIDER**

your health in your hands

ACCESS YOUR PATIENT PORTAL
CONVENIENTLY ON YOUR PHONE!
DOWNLOAD THE HEALOW APP TODAY



scan here

scan here

DOWNLOAD THE HEALOW APP TODAY



healow
Health and online Wellness

ACCESS YOUR MEDICAL RECORDS, LABS, AND
APPOINTMENTS ANYTIME, ANYWHERE!
DOWNLOAD THE HEALOW APP TODAY



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SCAN HERE

Practice Code

EAEJAA



Share the night, not HIV. PrEP is preventive medication that can help you stay negative, even if your partner may be positive. For more information about PrEP, call Susan Rouillon at 323-730-1920 ext. 3107.

Did you know that PrEP can stop HIV from taking hold and spreading throughout your body? Currently, there are two FDA-approved daily oral medications for PrEP. A long-acting injectable form of PrEP has also been approved by the FDA.

Why Take PrEP?

PrEP is highly effective at preventing HIV when taken as indicated.

PrEP reduces the risk of getting HIV from sex by about 99% when taken as prescribed. Among people who inject drugs, it reduces the risk by at least 74% when taken as prescribed. PrEP is much less effective when it isn't taken consistently.

[#PrEP](#) [#PEP](#) [#HIVprevention](#) [#medication](#)

10.18.2022



Caring Starts Here: from primary medical care to dental to behavioral health to prevention and all kinds of other care, we have you covered at T.H.E. Get quality evaluations and treatments from providers who listen. To learn more or to schedule an appointment call 323-730-1920. [#womenshealth](#) [#prenatal](#) [#pediatrics](#) [#menshealth](#) [#dental](#) [#medicationmanagment](#) [#diabetes](#) [#vision](#) [#behavioralhealth](#) [#chiropractic](#) [#acupuncture](#) [#substanceuse](#) [#treatment](#) [#referrals](#) [#stipreventiontreatment](#) [#hiv](#) [#PrEPtalk](#) [#covid19vaccinations](#) [#telehealth](#) <https://www.tohelpeveryone.org/>

10.12.2022

**RECOVERY IS A PROCESS.
YOU JUST HAVE TO
START.**



GET THE HELP YOU NEED.

T.H.E. PROVIDES SUPPORT AND REFERRALS FOR SUBSTANCE USE DISORDERS.

September is National Recovery Month. T.H.E. provides substance use disorder services, including case management, counseling, and medication-assisted treatment (MAT). For more information, call Nina at (323) 730-1920, ext. 3123.

<https://www.tohelpeveryone.org/substance-use-disorder-services/>

#mat #recoverymonth #casemanagement #substanceusedisorder #counseling
#treatment

9.22.2022



When it comes to women's health care, caring starts here at T.H.E. Sensitive, culturally appropriate women's health care is a hallmark of the services we provide. We have been providing quality care to women of all ages since we opened our doors in 1974. Our complete OB/GYN services include reproductive health, gynecological care, prenatal and post-natal care, family planning and STI screening/treatment delivered confidentially.

We also support mothers-to-be by providing the most current education and resources through our perinatal education program and making sure you can be the best possible parent to your baby.

For an appointment call: (323) 730-1920

<https://www.tohelpeveryone.org/womens-health/>

7.18.2022



SATURDAYS ARE BACK! Our Western clinic is now open six days a week, providing care to pediatric and adult patients including women's health services. Please come see us at our newly re-opened Saturday clinic. Same-day appointments are available. Hours are 9 am to 1 pm. Call 323-730-1920 to make an appointment. For a list of all our locations and hours, please visit <https://www.tohelpeveryone.org/locations/>

3.12.2022



To
Help
Everyone
Health & Wellness Centers

IS ACUPUNCTURE FOR YOU?



Call 323-730-1920 to learn
more.

See if acupuncture might help you. Now covered by many insurance plans, including Medi-Cal, it just might be your ticket to feeling better. Call (323) 730-1920 to make an appointment. <https://loom.ly/2Eo0DiM>

2.2.2022

EVERYONE DESERVES TO SMILE

Excellent dental care
starts
here



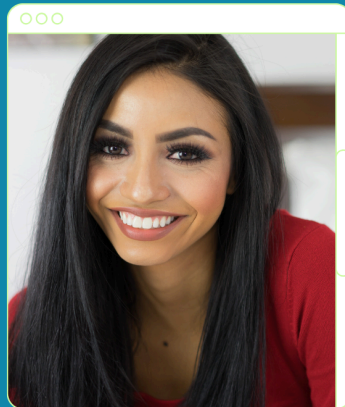
EVERYONE DESERVES TO SMILE

Excellent dental care
starts
here



EVERYONE DESERVES TO SMILE

Excellent dental care
starts
here



EVERYONE DESERVES TO SMILE

Excellent dental care
starts
here



T.H.E. believes everyone deserves to smile with confidence. Our dental team is here to provide dental exams, X-rays, cleanings, sealants, fillings, and more! Denti-Cal, Self-Pay and some HMOs are accepted. Ask us about our sliding-fee discount scale. Call 323-730-1920 to schedule an appointment.

<https://loom.ly/5hm2s4A>

2022 series



A HEALTHIER YOU STARTS HERE

CONTROL CLUB

FREE DIABETES MANAGEMENT CLASSES



Check out our free online classes with registered dietitians who share tools to lead a healthier life. Register for Control Club to gain diabetes self-management skills where you can:

- Get tips on how to manage and monitor blood sugar levels.
- Review how to eat healthy with nutrition experts.
- Connect with others to share experiences for added support.
- Increase understanding of diabetes basics.
- Earn rewards to stay motivated.

RSVP online at <https://loom.ly/IICl16w> for classes in English.

For classes in Spanish, register at <https://loom.ly/bOnm4t0>

Questions? Call (323) 730-1920, ext. 3102 or email hello@tohelpeveryone.org for more information.

WHEN: Wednesdays

TIME: 10 am – 10:45 am

WHERE: Online via ZOOM (join by phone or tablet or computer)

6.21.2021

Let's get vaccinated.



Vacunémonos.



New! The CDC has approved the Pfizer vaccine for individuals who are 12 years of age or older. Protect yourself, your family, and your community from COVID-19 by getting your vaccinated. T.H.E. is providing FREE vaccines at Crenshaw High School. To learn more or to schedule your appointment, call 323-730-1920, option 3.

[#LetsGetVaccinated](#) [#TogetherWeCanEndThisPandemic](#)

<https://loom.ly/cGpYwHQ>

5.17.2021



NEXT WEEK! Take control of your diabetes!! Would you like to know how to improve your blood glucose? Join our FREE monthly diabetes classes.

LEARN ABOUT

- Diabetes 101
- My Plate and Portion Sizes
- How to Read the Food Label

BONUS! Get a healthy snack and free gift!! For more info and to sign- up please contact: Diana (Nutritionist) (323) 730-1920

When:

WEDNESDAY - October 23 and THURSDAY - November 14

Time: 10-12pm

Where: T.H.E. Western (Conference Room 2nd floor), 3834 S Western Ave, L.A..90062

10.16.2019



Getting a flu shot at T.H.E. is fast and convenient with no appointment necessary. Stop by and protect yourself and your loved ones now.

For hours and locations of clinics near you, visit
<https://tohelpeveryone.org/locations/>

[#flufighters](#)

10.17.2018



We're all smiles...



(Donor Acknowledgment)

T.H.E. Health and Wellness Centers thanks [L.A. Care Health Plan](#) for its generous support of our Oral Health Program. Now children in South Los Angeles will have easier access to fluoride treatments and oral health education. Building stronger communities through access, education and support.

9.21.2018



**caring
starts
here**



Caring starts here at T.H.E. with a full range of health services for men. Connect with your care providers now to learn what you need to do to take the best care of yourself. Call us today at (323) 730-1920 to make an appointment.

Men's Health Services:

- Prostate Health Screening
- Physical Exams
- Family Planning
- Sexually Transmitted Infection Treatment

Learn more at <http://tohelpeveryone.org/>

6.18.2018