



## **McKamy Middle School**

### **Girls Athletics Parent and Student Agreement**

#### **Girls Athletics Rules and Requirements**

Thank you for your interest in participating in Athletics for the 2025 - 2026 school year. Lewisville ISD recognizes the importance of Extra-Curricular participation as a key component of a student's overall experience and academic success. In an effort to allow middle school athletes to develop in their favorite sports and introduce our young athletes to many of the sports offered in middle school, the following participation requirements will be in effect for all middle school athletes beginning with the 2025 – 2026 school year:

- Athletics is a year-long course and active student participation is required throughout the year.
- All students participating in athletics will be expected to take part in physical conditioning and skill training specific to the sports offered during their season or in skill development (off season).
- Athletics is divided into five competition seasons: Volleyball, Basketball, Cross Country, Track & Field, and Soccer.

#### **Middle School Athletic Expectations**

Anyone who is interested in trying out for one of our teams in 7th Grade is allowed to sign up for the class. The purpose of this athletic class is to develop the character of the student, teach the fundamental skills needed to participate at a competitive level and encourage participation for all students.

**7<sup>th</sup> graders will play only on the 7<sup>th</sup> grade team, 8<sup>th</sup> graders will play only on 8<sup>th</sup> grade teams.**

**Middle school coaches will conduct practice everyday. This includes before or after school for the in-season sport.**

#### **8TH Grade Athletic Participation Criteria:**

- Be on at least 2 teams in 7<sup>th</sup> Grade Athletics
- Maintains good attitude and work ethic
- An athlete must have the Campus Coordinator's approval to be entered into this class.

New students to McKamy Middle School Athletics in the 8th Grade will need the approval of the coordinator to enroll in the athletic class.

\*If an athlete does NOT fulfill the above criteria: Principal and Parent Notification must be communicated

### **LISD Athletic Department Mission Statement**

“Our mission is to develop quality student/athletes and successful athletic programs by being the most professional, dedicated, and ethical staff in the State of Texas.”

### **McKamy Athletic Mission Statement**

McKamy Middle School Athletics is a developmental program that promotes the academic, physical, psychological and social growth of the student athlete.

### **GENERAL INFORMATION**

McKamy Middle School girls' athletic program offers competition in volleyball, basketball, cross country, track and field and soccer.

Due to the high number of students wanting to participate in Athletics, try outs and cuts will be necessary in certain sports, which includes volleyball, basketball, and soccer. Try out sessions will be announced by the coaching staff and will have a variation of before/after and during the athletic period times. Individuals wishing to try out for a team will be required to attend all sessions. Player selections will be made by the coaching staff based upon attendance, skill, effort, and attitude of each athlete. Students that do not make the team can request feedback on what they can do to improve on to become a better player in that specific sport and then they will participate in McKamy's Skill Development and Conditioning Program during athletic periods.

The purpose of McKamy's Skill Development and Conditioning Program is to prepare students for athletic competition and develop individual skills. Training will consist of activities focusing on speed, strength, stamina, flexibility, coordination, agility, teamwork, confidence, and pride.

All students enrolled in the athletic class will earn grades based on daily participation that includes appropriate dress, attitude, and effort.

Parents and participants should keep in mind this is an upper level class with high expectations in regards to participation, responsibility, cooperation, and improvement. Students will be expected to perform each day and make up any missed work due to absences, contest absences, or injury.

### **PARTICIPATION**

Membership in the athletic program is a privilege and students will be held accountable to a high level of expectation.

Participants are required to dress out daily in the required uniform and exert their best effort in all activities. Failure to do so may result in removal from the class/team, grade reduction, restricted playing time, or disciplinary action as deemed necessary by the coaching staff. If a student is a member of a sports team, they are expected to attend all practices and games as required by the coaching staff. Failure to do so will result in reduced playing time or removal from the team.

Volleyball, Basketball, Soccer teams will require the athletes to make up the missed time before they play in the next scheduled game.

Athletes are expected to arrive to class, practice, and games on time. Failure to do so will result in reduced playing time or other action(s) deemed appropriate by the coaching staff. **If an athlete misses a contest for club/select sports, they will sit out the next LISD contest.** Coaches will be flexible with practices, but all members are expected to be at every contest. When an individual is selected for a team, the student and their parents must make a commitment to attend all practices and contests.

If, for any reason a student is not able to participate fully due to an injury or illness, the parent should write a note that is good for up to 3 consecutive days to the designated coach explaining the situation. Modifications will be made accordingly. A doctor's note is required if the condition persists longer than three consecutive days.

## **ELIGIBILITY**

Students that participate on a sports team are required to pass all classes at the end of the first six weeks of the school year and again at the end of each nine-week grading period. An athlete that fails a class will become ineligible to play in game competition for approximately three weeks.

During this time, they are expected to participate in all class time practices but can not participate in any games, sit on the bench, or ride the bus to/from contests. If an athlete is ineligible, she must attend tutoring before or after school. If, at the end of the three-week period **ALL CLASSES HAVE A PASSING GRADE**, they will be allowed to compete again in games according to the UIL calendar. The coaching staff, in accordance with the guidelines set forth by the University Interscholastic League, will determine specific day(s)/dates for eligibility. If a student requires tutoring services, they should communicate with the coaching staff their needs and arrange a suitable time, preferably opposite of the scheduled practice time, to attend these sessions with the appropriate teacher.

## **DRESS**

All athletes must dress out in the required uniform, McKamy logo shirt, shorts, sweatshirt, and sweatpants. Students need to place their last name or initials on each piece of clothing for identification purposes. Names may only be placed on the back of the t – shirt and sweatshirt and the front leg of shorts and sweatpants. (Nicknames are **NOT** allowed) **This dress is mandatory for those students enrolled in the athletic class.** All athletes are required to have a McKamy sweatshirt and sweatpants **IN HAND** by October 1st. Athletes are required to wear appropriate shoes with socks. This includes running shoes for track and soccer, court shoes for basketball and volleyball. All school issued uniforms and equipment must be returned at the end of each sport.

## **GROOMING**

Proper attire and grooming are essential for the safety of all participants in sporting activities. All types of jewelry are prohibited and will not be allowed. This includes stud earrings. Hair must be placed up and away from the participant's face with non-metallic or non-plastic bands.

## **BEHAVIOR**

McKamy athletes will be held to a high degree of appropriate behavior on the court, field, and in the classroom. Athletes' actions reflect directly on the integrity and pride of the athletic program. Improper behavior in the classroom could affect playing time. Students are expected to follow all rules and guidelines as set forth by UIL and LISD Student Code of Conduct. Athletes assigned to I.S.S. for a violation will have playing time reduced due to missing practice in the period. The missed practice time will need to be made up prior to the next contest.

## **TRANSPORTATION**

Parents are responsible for transporting athletes to and from all practices. Students should be picked up at the designated time. Parents will receive a practice schedule from each coach indicating dates and times. Parents are also responsible for picking up their child after each athletic contest and practice. Lewisville Independent School District provides bus transportation to all games away from McKamy MS. All athletes are required to ride the bus with other team members to the athletic contest; however, parents may pick up their child at the away site if they sign their student out with the coach at the game and have turned in the proper paperwork before the game. Athletes will not be allowed to ride home with anyone other than their parent unless approved by the principal 24 hours prior to game day. Failure to follow this rule may result in disciplinary action from school officials. A telephone will be available if needed. A parent not signing their athlete out at an away contest results in a consequence for the athlete by the coaching staff.

## **Placement of Athletes on a Team**

The McKamy coaching staff will have the discretion to what skill level, DI, DII, or DIII an athlete will be playing on for a particular sport. An athlete may be moved up or down during the season if the coaching staff feels she needs to be moved to a different level, depending on the athlete's progress or if UIL eligibility rules create a situation where players need to be moved. We will let the athletes choose what position they want to try out for but the coaches will have the

discretion to move the athlete to a position where they feel he or she can help the team more or to a position the athlete can be more successful at for that particular sport.

### **Parent/Coach Relationship**

#### **Appropriate concerns to discuss with a coach:**

1. What your child needs to do to improve.
2. Concerns about your child's behavior.

It can be difficult to accept that your child is not playing as much or playing the position you hoped that they would play. Coaches make decisions based on what they believe is the best interest of all students participating.

As you can see from the list above, certain things can and should be discussed with your child's coach. Other things, such as those listed next, must be left to the discretion of the coach.

#### **Issues NOT appropriate for discussion with your child's coach:**

1. How much playing time each athlete is getting during the game.
2. Team strategy.
3. Play calling.
4. Any situation that deals with other student-athletes

There are situations that may require a conference between the coach and parent. These are not discouraged, as it is important for each party to have a clear understanding of the other's position. When these conferences are necessary, the following procedure is suggested to help promote resolution to the issue.

1. Call the coach to set up an appointment
2. Think about what you expect to accomplish as a result of the meeting.
3. Stick to discussing the facts, as you understand them.
4. **DO NOT** confront a coach before, during, or after a practice or contest. These can be emotional times for both the parent and coach. A meeting of this nature does not promote resolution of the situation, but often escalates it.

We prefer to talk to the athlete before any Parent meetings are set up. We feel like this is a very important age for them to learn to be a self-advocate.

Please follow the proper Chain of Command:

1. Specific Sport Coach (Coach Nelson, Coach Manning, Coach Crayton, Coach Stopper)
2. McKamy Athletic Girls Coordinator (Coach Nelson)
3. Principal (Mrs. Tufnell)
4. High School Athletic Coordinator (Coach Nelson - Girls)
5. LISD Middle School Athletic Coordinator (Coach Ford and/or Coach Davis)
6. LISD Athletic Director (Coach Liles)

## **SPORTS**

**All athletes in athletics MUST have completed paperwork, including an up-to-date physical on Rank One.**

### **Volleyball:**

Athletes participating in volleyball will participate in a tryout process. At the conclusion of this process, the teams will practice before and/or after school as well as in the period in order to participate in a full schedule of games and tournaments if applicable. Students not selected for a volleyball team will participate in the skill development program to improve overall athletic development.

- 7th grade volleyball will have a DI, DII, and DIII teams
- 8th grade volleyball will have a DI and DII teams

### **Basketball:**

Athletes participating in basketball will participate in a tryout process. At the conclusion of this process, the teams will practice before and/or after school as well as in the period in order to participate in a full schedule of games and tournaments if applicable.

- 7th grade basketball will have a DI, DII, and DIII teams
- 8th grade basketball will have a DI and DII teams

### **Cross Country:**

Athletes not in basketball will go through cross country workouts before/after school and during athletic period. Participation in cross country meets will require practicing outside the school day. Athletes must participate in all practices and meets unless otherwise determined by the coaching staff. For the district meet there will be a qualifying time that needs to be met in order to attend. Basketball players can also run cross country. Practices will be determined by the coaching staff. Basketball contests and cross country meets are not on the same day.

### **Track and Field:**

All athletes are required to participate in track and field workouts during the period. There is a tryout process for each event determined by the coaching staff. Athletes must qualify each week in order to attend the track meet. Athletes are not guaranteed an entry to attend each track meet. Some events will require practice before or after school, beyond the school day. Attendance will be taken daily for each event. Athletes must participate in all practices and meets unless otherwise determined by the coaching staff. Participation in track meets is a coach's decision.

### **Soccer:**

Athletes participating in soccer will participate in a tryout process. At the conclusion of this process, the team will practice before and/or after school as well as in the period in order to participate in a full schedule of games and district tournaments. Students not selected for the soccer team will participate in the skill development program to improve overall athletic development.

- 7th grade soccer will have one team.
- 8th grade soccer will have one team.



## **LISD Fan Behavior Guidelines**

APPLAUD FOR YOUR TEAM AND CHEER FOR YOUR TEAM SUPPORT COACHES,  
PLAYERS, OFFICIALS, AND ADMINISTRATORS NO PROFANITY

NO INDIVIDUAL TAUNTING OF PLAYERS NO THROWING OF OBJECTS

NO TAUNTING OF OFFICIALS

NO PETS ALLOWED (SERVICE ANIMALS ARE PERMITTED)

Failing to abide by these guidelines will not be tolerated. Individuals WILL be asked to leave or will be escorted by appropriate school designee or law enforcement



### Receipt of Parent & Student Agreement

**We have read and understand the rules and requirements that have been set forth by McKamy Middle School Athletic Program and agree to abide by these policies for the duration of the 2025-26 school year.**

Printed Parent / Guardian Name: \_\_\_\_\_

Parent / Guardian Signature: \_\_\_\_\_

Printed Student Name: \_\_\_\_\_

Student Signature: \_\_\_\_\_

Date: \_\_\_\_\_

### PERMISSION TO VIDEO

**I give permission for my daughter to be recorded by video or camera while attending an athletic function or performing sports activity for McKamy Middle School.**

**Note:** The coaching staff uses video and pictures to record sports activities, make presentations, and motivate athletes to excel. These are often displayed in the locker room, the cafeteria during lunch, or to professional coaching organizations/publications.

Printed Parent / Guardian Name: \_\_\_\_\_

Parent / Guardian Signature: \_\_\_\_\_

### Parent Contact Email(s):

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Name: \_\_\_\_\_ Email: \_\_\_\_\_

