



We are on year 7 of Sunset Terrace being a Special Olympics Unified Champion School. We are the only elementary school a part of RPS that is. If you are ever in the school gym you will see our Unified banner on the gym wall. As a Unified School we make an effort to promote social inclusion through intentionally planned and implemented activities. Unified Schools gives our school community the power to create a more inclusive world and help end the stigma around intellectual disabilities. Activities utilized in our school include the inclusion of our students with intellectual disabilities into our classes as often as they are able, the use of Unified Adaptive PE partners, and Unified field trips. Our student council members have generally been our unified partners for our unified activities but this year we are ready to expand.



This year we plan to have bi-monthly Unified Breakfast Buddies. Students from classes in every grade will be given invites to join us in our classrooms in order to provide a structured setting in which students with and without disabilities can sit, eat and socialize together. It can help us continue to build an environment of inclusion, awareness, and friendships. At Breakfast Buddies there will be doughnuts, juice, music, games, friends, and fun!

Another big event we do as part of our school community is having a Polar Plunge team to help us raise money for Special Olympics of MN. 50% of the money our SST team raises comes directly back to our Unified programming and activities. The plunge team generally has included staff, but there has been a student that has joined the last couple of years as well. If you care to donate to this cause then please use this link:

<https://reg.plungemn.org/team/sunsetterracewildcats>. If you'd be interested in yourself or your child joining in on the school team to help us raise money and plunge, then you can reach out to me at alyssa.holmquist2@rochesterschools.org.

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