

Organization: Waltham Boys & Girls Club

Mission: At the Waltham Boys & Girls Club, we create a haven where young minds can learn, grow, and thrive—all while having a blast. Every day, we ignite the spark that launches great futures. Through our diverse programs and services, we empower youth by nurturing a sense of competence, usefulness, belonging, and influence, ensuring they feel seen, heard, and valued.

Internship Focus: This internship offers a unique chance to support the transformative Summer Eats Program. You'll be at the heart of connecting kids in need with nutritious meals, ensuring that children in Waltham receive healthy food where they live, learn, and play. By joining us, you'll help create a nurturing environment that fuels their potential and brightens their futures.

As a participant in the Community Health Internship Program (CHIP), you'll dive into weekly meetings with your peers and esteemed Professors Sara Shostak and Darren Zinner. Together, you'll explore and reflect on your experiences, uncovering valuable insights and lessons about population health in Waltham. Get ready to engage, learn, and make an impact!

Engaging and Life-Changing Projects/Tasks:

This internship offers a transformative experience with three main focuses:

1. **Community Engagement:** Dive into the heart of Waltham by being on-site at local schools, playgrounds, and housing developments. You'll participate in organized activities with children, ensuring they have positive, impactful experiences with the program. It's all about service and having fun!
2. **Raising Awareness:** Become a voice for the Summer Eats Program by designing and launching a social media campaign. Your creativity will help spread the word and make a real difference in connecting kids with nutritious meals.
3. **Data Collection and Storytelling:** Play a crucial role in gathering and evaluating data about the program's impact. You'll collect stories from families facing barriers to food access, giving a voice to their experiences and contributing to meaningful change in the community.

This internship is more than just a role—it's an opportunity to make a lasting impact. Are you ready to help create a brighter future for the children of Waltham?

Product(s):

- 1) Social media campaign, with weekly posts that generate awareness of the Summer Eats Program.
- 2) A policy brief (or report) that synthesizes lessons learned about food insecurity in Waltham.

Skills We Hope You Will Bring:

- An active driver's license
- CORI
- Passionate about improving food access/security
- Develop meaningful mentoring relationships with teen interns
- Commitment to working with diverse communities
- Good interpersonal and communication skills
- Ability to work independently

Skills You Will Develop:

- Insight about local barriers to healthy food access
- Program implementation
- Story telling, including via social media
- Data analysis, including program evaluation

Also important: This position will begin with a week of training, June 17-20.

NOTE: All CHIP Internships are 8 weeks long, and include 200 hours of engagement. This includes a CHIP Team meeting, one morning/week at COMPACT.