

PROFILE

"We need to be taught to study rather than to believe, to inquire rather than to affirm." - Septima Clark

Transdisciplinary clinical psychologist, trainer, researcher and community organizer with international expertise in mindfulness and trauma methodologies for psychosocial resilience in diverse settings (universities, INGO's, corporations, clinics, local communities). Focus on building safe and brave multi-level relational and organisational cultures supporting healing, learning, flourishing and performance. In-depth knowledge of individual and group therapy, training engineering, academic research and participatory evaluation.

EDUCATION

Doctor of Philosophy (PhD) - Cambridge University, Faculty of Education - UK 2025 - Exp 2028

Research Project: *Tech-supported and scalable Participatory Action Research for university-enrolled youth globally.*

Post-graduate Diploma (PgD) in Buddhist Studies - Universities of South Wales & Sunderland - Online 2023

First class honours. Buddhist psychology specialisation with Prof. Shaw (Oxford University) as personal tutor.

Master of Science (MSc) in Integrated Clinical Psychology - University of Geneva - Switzerland 2020

First class honours. Thesis: Randomized clinical trial comparing compassion meditation & cognitive reappraisal.

Bachelor of Science (BSc) in Psychology - University of Derby - UK 2016

First class honours. Specialisation in affective sciences, psychopathology & developmental trauma.

Post-graduate Diploma in Somatic Experiencing Trauma Counselling - Polarity Institute - Switzerland 2012

400-hour somatic-centred trauma healing training, supervision & personal therapy (80+ hours).

Bachelor of Business Administration (BBA) - Trent University - Canada 2006

First class honours. Academic scholarship. President's honour role. Chiang Mai University (Thailand) Erasmus.

ACADEMIC PAPERS

Feldman, B., Brion-Meisels, G., Santolini, M. (expected 2026). *Trauma-Sensitive Participatory Action Research: A Real-World Study to Reduce Gun Violence in Boston.* Working Paper.

Greenwald, G. & **Feldman, B.** & Engels, R. (expected 2026). *Flourishing in Higher Education.* Working Paper.

Feldman, B. & Santolini, M. (expected 2025). *Multi-Level Resilience: a Residential Pilot Study.* Working Paper.

Feldman, B. & Santolini, M. (expected 2025). *Multi-Level Inner Development.* In E. Egel & M. Suarez (Eds) *Inner Development Goals: Stories of Collective Leadership in Action.* De Gruyter Publishing. In Press.

Feldman, B., Tupikina, L., & Santolini, M. (2024). *From Self to Group to Community: Integrating Developmental and Multi-Level Approaches in Somatic Therapy.* [Pre-print.](#)

Feldman, B., Tran, C., McCarthy, M., Pollock, R. (2023). *Building the Field for Deliberately Developmental Spaces.* Life Itself Research Publishing. [Pre-Print.](#)

PROFESSIONAL EXPERIENCE (RECENT)

Co-Founder & Director - [Second Renaissance Conference Series](#) - Online & London Sept 2025 - Present

Empowering, organizing and cohering an emerging wisdom-led cultural movement responding to the Metacrisis.

Europe, Regional Director - [Harvard Alumni for Education](#) - Online & Cambridge &, USA Jan 2025 - Present

Leading a team of coordinators and volunteers to accelerate the scaling up of whole-person education.

Education Ambassador - [Harvard Clinical & Translational Science Center](#) - Cambridge, USA Sep 2024 - Present

Implementing the dissemination of world-class Harvard Catalyst education, digital learning and training programs.

Founding Partner - [Sense-Making Studio](#) - Online Aug 2024 - Present

Action-Researching in a multidisciplinary collective combining psycho-social & systems transformation.

Research Co-Lead - [Inner Development Goals](#) - Switzerland Sep 2023 - Present

Swiss team co-leading a Delphi assessment for IDG categories & competencies with over 6000 responses.

Neuro-Dharma Retreat Leader - [Terre d'Eveil](#) - France & Online June 2020 - Present

Teaching 1-2 week-long residential and online silent vipassana with neuroscientific approaches.

Founder, CEO & Lead Faculty - [NeuroSystemics](#) - Online & Istanbul, Turkey Sep 2019 - Present
Managing & training lead disseminating professional multi-level community-based clinical trainings, including clinical program & methodology engineering, team coordinating, training & supervising worldwide.

Mindfulness Trainer - [City of Geneva & Carouge](#), Switzerland Jan 2017 - Present
Training over 250 city staff, managers & officials in self-care, wisdom & mindful leadership skills.

Clinical Psychologist - [Private Clinic](#) - Geneva, Switzerland & International Sep 2012 - Present
Outpatient clinical care for hundreds of individual & group somatic psychotherapy treatments & supervision.

Private Research Assistant - [Prof. R. Henderson \(Harvard University\)](#) - Cambridge, USA Jan 2025 - Oct 2025
Leading pre-post course research & 10-person group facilitation for Kennedy School of Government Spring course.

Co-Chair - [School Founders of the World Club @ Harvard Grad. Sch. of Ed.](#) - Cambridge, USA Nov 2024 - May 2025
Team leading the "Education for Flourishing" conference, with Prof. Kabat-Zinn keynote and over 230 participants.

Research Consultant - [Springboard](#) - Cambridge, USA & Online Sep 2024 - Dec 2024
Advising on funding application for participatory action-research as formative education & human flourishing.

Research Scholar - [Harvard University, Graduate School of Education](#) - USA Aug 2024 - May 2025
*Research Project: **Youth IMPACT: Interdisciplinary Methods for Psychosocial Agency & Civic Transformation.***

Founder & Chair - [Compassion Collective @ Harvard Hillel](#) - Cambridge, USA Nov 2024 - May 2025
Organizer and facilitator of 4-part workshop series: "From Conflict to Connection: Let's Talk Israel".

Research Lead - [Life Itself Research](#) - France & Online May 2023 - Oct 2025
Mapping the emerging "Developmental Spaces" field: 70 partners engaged, [1 report](#) and [1 white paper](#) co-written.

Mindful Lawyer Trainer - [Geneva & Vaud Law Barristers](#) - Switzerland Sep 2016 - Oct 2023
Annual resilience & integrative mental health training for 100+ lawyers & judges with Prof. Chappuis.

Community-Based Resiliency & Empowerment Trainer - [Sanchild](#) - Bosnia & Switz. Jan - Dec 2020
Co-Leading Training of Trainers (ToT) incubator programs, keynote speaker & eco-protection policy developer.

Group Somatic Psychotherapist - [Otium Center](#) - Geneva, Switzerland & Online Jun 2018 - Sep 2023
Facilitating weekly psychosocial support groups for 80+ cancer-affected patients in an integrative care centre.

Emergency Clinical Expert - [Médecins Sans Frontières](#) - Burkina Faso & international Mar - Jun 2019
Readily providing psychosocial support systems for 150 staff in 3 different cities in conflict-affected regions.

Mindful Child-Protection Program Lead - [Caritas Austria](#) - Ukraine, Romania & Moldova Jan 2017 - Jun 2019
Project engineering & supervising a team of 120 trainers in a 2.5-year community-based child-protection training.

Trauma Clinical Trainer - [Organic Intelligence Training Institute](#) - Turkey & Switzerland Oct 2016 - Sep 2019
Lead European faculty delivering 400h professional clinical trauma healing trainings for 50+ individuals.

Visiting Lecturer - [Trinity College University](#) - Dublin, Ireland Sep 2016 - Jun 2019
Teaching Mindful Leadership (resilience, socio-emotional skills & agency) for 120+ MBA candidates.

Co-Lead Clinical Trainer - [Ulex](#) - Eroles, Spain Dec 2017
Training a global cohort of 15 activists in resiliency, nervous system regulation and burnout prevention.

Somatic Experiencing Assistant - [Ireland Somatic Experiencing](#) - Belfast, Ireland Sep 2015 - Feb 2017
Facilitating 3-year SE trainings, supporting practice groups & giving individual SE sessions.

Trauma Counselling Trainer - [International Medical Corps](#) - Kabul, Afghanistan Jan - Apr 2015
Self-care systems, 1:1 & group therapy capacity-building for Kabul MH hospital psychiatrists & psychologists.

Expert Reviewer - [World Health Organisation](#) - Geneva, Switzerland Sep - Oct 2014
Self-help Mindful Psychological First Aid protocol development & evaluation for humanitarian emergencies.

Mental Health & Psychosocial Support (MHPSS) Trainer - [InterSOS](#) - Myitkyina, Myanmar May - Oct 2014
Training of Trainers for psychologists working in IDP camps for assessments, intervention & impact evaluation.

Staff Welfare Trainer - [United Nations OCHA](#) - Geneva, Switzerland Apr - Aug 2014
Mindful self-care & burnout prevention training presentations for 1000+ UNOCHA field officers and psychologists.

Project Lead, Trainer & Researcher - [AHEAD](#) - Online & Kabul, Afghanistan Nov 2013 - Apr 2015
AHEAD: Afghanistan Health & Education for Autonomous Development - Psychosocial Training of Trainers.

COMPLEMENTARY TRAINING (RECENT)

- Masters & Doctoral Classes (Auditor)** - Harvard Kennedy School, Law School & Grad Sch. of Ed. - USA 2024-25
6-week and 12-week in-person classes: [Schools in Action](#), [Urban Education](#), [Negotiation](#), [Participatory Action Research for Educational Justice](#), [The Art and Practice of Brave Communication](#), [On Meaning and Purpose](#), [Being Human](#), [Human Flourishing Fellowship](#), [The Immunity-to-Change Approach](#), [Organizing: People, Power Change](#).
- Mindfulness-Based Cognitive Therapy (MBCT-MBSR) Training** - [Bangor University](#) - UK 2012 - Present
Multi-year experiential Teacher-Training Pathway & supervision for MBSR-MBCT protocols.
- Vipassana Retreats** - [Insight Meditation Society \(USA\)](#), [Gaia House \(UK\)](#), [Shwe-oo \(Myanmar\)](#) 2006 - Present
Over 7 years of compounded silent retreat experience, including as a formally ordained Buddhist monk in Thailand.
- Mentalization: From Theory to Clinical Practice** - [University of Geneva](#) - Online 2022
6-week clinical intervention training combining psychodynamics, mindfulness, theory of mind & compassion.
- Buddhist Meditation Teacher Training** - [Bodhi College](#) - UK 2022
4-year experiential Teacher-Training Pathway and supervision to lead Buddhist meditation retreats & courses.
- Theatre of the Oppressed** - [Théâtre de l'Opprimé](#) & [Haute Ecole de Travail Social](#) - France & Switz. 2019-21
Participatory theatrical training including somatic, systemic & structural dynamics with humor & playfulness.
- Group Psychotherapy Supervision** - Private sessions with Prof. Irvin Yalom - Online 2018-2019
Personal clinical case consultations & study with author & world-renowned group psychotherapy expert & leader.
- Specific Affect Coding System (SPAFF)** - [University of Geneva](#) - Switzerland 2018-2020
80-hour multimodal training to code multicultural affective responses in dyadic conversation.
- Facial Action Coding System (FACS)** - [Paul Ekman Institute](#) - Online 2015
1-year experiential modules to identify emotional facial expressions & non-verbal cues.

CONFERENCES (RECENT)

- Nervous System Regulation for Group Psychotherapy** - [American Group Psychoth. Assoc. \(AGPA\)](#) - Online 2025
- Nervous System Approaches for Resilient Community Living** - [Community Studies Assoc. \(CSA\)](#) - Online 2024
- Somatics for Resilient Group Psychotherapy** - [US Ass. for Body Psych. \(USABP\)](#) - Online 2024
- Somatic Practices for Group Psychotherapy** - [American Group Psychotherapy Ass. \(AGPA\)](#) - Online 2024
- Somatic-Relational Practices for Difficult Climate Conversations** - [Inner Development Goals](#) - Caux, Swit. 2024
- Rediscovering Urban Resilience** - [Amsterdam Institute for Adv. Metropolitan Solutions](#) - Amst., Netherl. 2024
- Cultivating Meaningful Collaboration** - [Lemanic Hub, Inner Development Goals](#) - Lausanne, Switz. 2024
- Nervous System Approaches for Resilient Community Living** - [Int. Communal Studies Ass.](#) - Online 2024
- Relational Alliance-Building through Somatic Attunement** - [US Ass. for Body Psych. \(USABP\)](#) - Online 2023
- Contemplation: Meditation for Lawyers** - [Geneva Bar Association](#) - Geneva, Switzerland 2023
- Meditation & Action** - [Swiss Lawyers' Federation Annual Conference](#) - Lucern, Switzerland 2023
- Somatic Embodiment in Group Psychotherapy** - [American Group Psychotherapy Ass. \(AGPA\)](#) - Online 2023
- Somatic Dharma: Nervous System Science for Spiritual Insight** - [US Ass. for Body Psych. \(USABP\)](#) - Online 2022
- Empowering Gender Expression** - [Helena Walsh Empowerment Studios](#) - Online 2021
- Social Somatics: Group Psychotherapy as Collective Embodiment** - [Somatic Experiencing Int.](#) - Online 2021
- From Neurons to Nations: Regulation for the Benefit of All Beings** - [Psych Live Podcast](#) - Online 2021
- Evolutionary Clinical Science for Integrative Mental Health Care** - [Koç University](#) - Online 2021
- How to Strengthen Your Nervous System & Build Resilience** - [US Ass. for Body Psych. \(USABP\)](#) - Online 2020
- Systemic Somatics for Individuals, Groups & Communities** - [US Ass. for Body Psych. \(USABP\)](#) - Online 2021
- Trauma & Community-Building Processes** - [Helena Walsh Empowerment Studios](#) - Dublin, Ireland 2019
- Meditation & Mediation** - [Swiss Chamber for Commercial Mediation](#) - Geneva, Switzerland 2018
- Compassion for Conflict Resolution** - [Univ. of Geneva Compassion & Conflict Lab](#) - Geneva, Switzerland 2018
- Trauma First Aid in Emergency Response** - [Geneva Police Psychological Response Unit](#) - Geneva, Switz. 2017
- Mindfulness-Based Burnout Prevention** - [Geneva University Hospital \(HUG\)](#) - Geneva, Switzerland 2016

LANGUAGES & PROFESSIONAL AFFILIATIONS

French & English: Fluent (mother tongues); **Portuguese:** Advanced (C1); **German & Thai:** Intermediate (B1).
American Group Psychotherapy Association (AGPA) - **United States Ass. For Body Psychotherapy (USABP)**