HIST 276: The Study of History Abroad: Ancient Greece
CLST 271: Creative Expressions in Ancient Greece

Ancient Greece: From Athens to Macedonia

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The Study of History Abroad: Ancient Greece / Creative Expressions in Ancient Greece is a three-credit CNU summer program in Greece taught as a cross-listed course in History or Classical Studies by two CNU professors. The program initiates in Virginia and takes place over seventeen days (inclusive of cross-Atlantic flights). The course introduces students to ancient Greek history, mythology, and art in their physical and cultural contexts. Highlights include archaeological / historical sites and museums in Athens and its larger region of Attica plus two islands: Delos and Naxos. Students will spend at least 2,400 contact minutes with professors at museums, historic and cultural heritage sites, and classrooms. The course partners with *College Year in Athens* (CYA), a private American university in central Athens.

You may participate in the program by registering for one of the two cross-listed courses:

HIST 276 > elective credit towards major or minor in History

CLST 271 > credit towards Liberal Learning Core's Area of Inquiry in Creative Expressions
*AICE courses focus on the human drive for creativity and self-expression in a wide range of forms and over a wide variety of cultures. Students examine creative works both structurally and within a larger context; they may also produce works of creative expression. **AICE Course Learning Outcomes:** Students who successfully complete CLST 271 should be able to create or describe stylistic elements associated with a selected work or artistic genre. (CLO-1) and express or identify the socio-political, historical, cultural, or economic context with which a selected work or artistic genre is commonly associated. (CLO-2).

PROGRAM SCOPE
The Ancient Greeks have had a profound and lasting impact on world history, art, literature, philosophy, and science. From the 19th to the 21st century, this legacy has played a critical role in the development of the modern country of Greece (Hellas), and its relations with Middle Eastern and European neighbors and the United States of America. The study of the ancient Greek legacy, and its place in the identities of modern Greeks and the concept of Western Civilization, offers an exceptional learning experience. The instructors will provide an overview of Greek history, mythology, and art, guiding students through World Heritage archaeological sites and jaw-dropping museums, and exposing them to the rich tapestry of Hellas' ancient past. Highlights include the following:

- The historic sites of Athens, including the Acropolis (with its famous Parthenon), the Agora, and the National Archaeological Museum, speak to the maturation of artistic and archaeological styles in the Classical period, the connections between cultural creativity, religion and myth, and the dramatic rise and fall of Athens' direct democracy and overseas empire. We will reside in Athens' urban center, nested near a tranquil garden complex.

From our hotel rooms or residential apartments near College Year in Athens, we will have easy access to sites in central Athens to reflect upon Greece's ancient, medieval, and modern histories.

- Two nights in Delphi will provide the opportunity to experience the beauty of Greece's mountain landscape and visit a critical location for ancient Greek culture, religion, and myth.
- Four nights in Thessaloniki, the second-largest city in Greece, will provide opportunities to experience the diverse culture and history of Greek Macedonia.

ACCOMMODATIONS AND MEALS

Residence in Athens is facilitated by College Year in Athens (CYA), in city apartments within walking distance to CYA itself. Rooms accommodate two to three students. Stays outside of Athens will be in quality hotels, with all accommodations arranged in advance by CYA. Students are responsible for their own meals, except as specified in the itinerary. The safe neighborhood of Pangrati in Athens, and the locations of our hotels in Delphi and Thessaloniki, offer many nearby cafés, markets, and restaurants, with ample opportunity to interact with locals. It is expected that all hotels will provide free buffet breakfasts so that we can be sure to start our days with the proper fuel. CYA will provide several meals including a farewell dinner.

REQUIRED READINGS

Required/recommended readings will be provided through Scholar and/or What's App communications.

ASSESSMENT:

Exam 1 (pre-trip) 15%

Students will be tested on material presented in introductory lectures before leaving CNU. The exam will require students to demonstrate competence with assigned material. The exam will consist of multiple choice questions.

Exam 2 (on site) 20%

In essay format, students will demonstrate knowledge of historic sites and museums. The essays will directly follow from the course experiences.

Journal Writing 20%

Students will write regularly in a travel journal, which will be collected by the instructors as requested. Journal entries will show that students are engaged in reflective observations of the presented material and visited sites. Students will structure their journal entries according to provided guidelines.

Worksheets 15%

The worksheets completed at three museums will facilitate engagement and provide notes for the exams.

Final Exam (end of course/before departure) 25%

Students will demonstrate competence in understanding the major sites and material presented during the study trip in Greece. Competence will be demonstrated through writing short essays.

Participation and Attendance (at CNU and abroad) (5%)

Students are required to attend all planned meetings, lectures, excursions, and group meals. Failure to do so will count against the final grade. In addition, active and intelligent participation is an important part of this course, and student involvement in discussions and activities is expected.

GRADING POLICY

The course grade will be based on a 100-point scale:

A = 93-100 points, A- = 90-92, B+ = 87-89, B = 83-86, B- = 80-82, C+ = 77-79, C = 73-76, C- = 70-72, D+ = 67-69, D = 63-66, D- = 60-62, and F = below 60.

Pre-trip Study

Topics and Readings (from course packet): three pre-trip lectures/discussions (total of 3 contact hours)
Study of Ancient and Modern Greece

Introduction (January 2026): Modern Greece and Ancient Legacies

Lecture #1 (February 2026): The Ancient Greeks: a Historical Overview
- Reading: Johanna Hanink, "Champions of the West" (*The Classical Debt*, Introduction)

*Recommended additional reading: E. Cline & M. Graham, "The Crucible of History: East Meets West", and "Democracy and Empire from Athens to Alexander" (from *Ancient Empires*, Chs. 5-6)

Lecture #2 (March 2026): Introduction to Ancient Greek Art and Architecture and Religion
- Reading: Pedley, Introduction, pp. 1-29.

Exam 1: multiple choice test via the Scholar shell before departure for Greece

Day	Schedule Note: All specified times are approximate and will be adjusted due to circumstances.	Further Details
1. Thursday 5/14 Flight to Greece Night on airplane	Dulles International Airport (IAD)	Initiate trip @ IAD Students arrive on their own and gather at the established United ticket counter at the specified time before going as a group through TSA and arriving at the gate. Check a bag not weighing over 50 pounds; added weight or bags will require a fee. Students who expect to be late, perhaps due to traffic conditions, MUST inform the instructors by cell phone. Depart from Dulles airport in an overnight flight landing the next morning. Video options at each seat; dinner and breakfast service expected. Try and sleep as much as possible on the flight.
2. Friday 5/15 Arrival in Greece Night in Athens	Am: Arrival at Athens International Airport PM: check-in and welcome activities in Athens. Welcome Dinner hosted by CYA.	Arrive Athens airport; customs; bus transfer and check-in to CYA apartments in central Athens. Attain local WiFi passwords. Orientation session and neighborhood walk with CYA Staff for those students not opting for early sleep after the overnight trip. Visit ATMS to withdraw euros and pick a few groceries for three breakfasts in apartments. The faculty will be on hand for orientation advice throughout the trip.
3. Saturday 5/16 Day Trip to the Peloponnese (Mycenae and	Athens Breakfast on own. 8:00 am: Leave Athens on CYA bus to Mycenae	Mycenae: most famous of the early Greek palace centers, which gave its name to the Late Bronze Age Greek civilization Nemea: sanctuary of Zeus and beautifully preserved stadium, site of famous athletic games

Nemea) Night in Athens (CYA-owned apartments in Pangrati neighborhood)	10:00 am: Site visit and lecture at Mycenae (by CYA faculty) followed by picnic lunch 1:00 pm: Site visit and CNU faculty lecture at Nemea 2:30 pm: Return on CYA bus to Athens, arriving about 4:30 pm Dinner on own	
4. Sunday 5/17 Athens Agora & NAM Night in Athens (CYA-owned apartments in Pangrati neighborhood)	Athens Breakfast on own. Meet at CYA and walk 1 mile to entrance of ancient Agora. 10:00 am: Site visit and CNU faculty lecture at the ancient Agora. Group lunch in Thiseio and travel by metro to National Archaeological Museum. Afternoon: return from NAM to CYA by taxi. Dinner on your own	The Athenian Agora: visit the civic center of the ancient Athenian democracy, adjacent to the historic Acropolis National Archaeological Museum (NAM): visit the most expansive collection of artwork and cultural artifacts from ancient Greece *Extensive walking is necessary to fully appreciate these exceptional sites.
5. Monday 5/18 Athens Acropolis! Night in Athens (CYA-owned apartments in Pangrati neighborhood)	Athens AM: breakfast on own Meet at CYA and walk to the Acropolis area. Visit the Areopagus hill, the Acropolis, and the Theater of Dionysus, with CNU faculty lectures on site. Late morning: visit the Acropolis Museum. 12:30-3: lunch at CYA cafeteria Late afternoon and dinner on your own	Acropolis: site of the Parthenon, temple to the virgin Athena and most famous monumental sanctuary of the Athenian city-state. Theater of Dionysos: the original theater and epicenter of ancient drama. Areopagus: Athenian civic site most famous as location of St. Paul's early Christian mission activities. The beautiful Acropolis Museum houses the artifacts and temple art associated with the buildings and the Greeks' long occupation of the Acropolis, including the important metope and pediment statuary of the Parthenon. *This is a big walking day - bring comfortable shoes! The sites are truly exceptional and well worth your effort!

6. Tuesday 5/19 Day trip to Faliro and Sounio (Athens and the Sea) Night in Athens (CYA-owned apartments in Pangrati neighborhood)	Athens Breakfast on your own. AM: Bus from CYA to the Stavros Niarchos Cultural Foundation near Piraeus, the harbor of Athens Bus to Trireme Olympias at Faliro Naval Heritage Park (access pending) PM: Bus trip to Sounio in southern Attica; lecture on site by CNU faculty Dinner at Sounio beach restaurant arranged by CYA, with possibility of beach wading/swimming, followed by return to Athens	Stavros Niarchos Foundation Cultural Center https://www.snfcc.org/en (see the facility and observation deck with view of the sea) Trireme Olympias (if accessible): visit a full-scale replica of an ancient Athenian warship Sounio, Temple of Poseidon: famous cape sanctuary overlooking the Aegean Sea, at the southernmost tip of the Athenian city-state's territory.
7. Wednesday 5/20 Athens Night in Athens (CYA-owned apartments in Pangrati neighborhood)	Breakfast on your own 10 AM: Take Midterm Exam in CYA classroom Lunch provided in CYA cafeteria Free afternoon and dinner on your own	**MIDTERM EXAM** Afternoon free time for exploration, shopping, and packing. This is a good time to wash clothes at CYA before the trip to Delphi and Thessaloniki.
8. Thursday 5/21 Travel from Athens to Thebes and Delphi (beginning 7-day trip to historic sites in central and northern Greece) Night in Delphi	8:00: breakfast in hotel Meet at CYA to initiate bus trip to Delphi Late morning, visit Thebes Museum; lunch on your own in Thebes or picnic lunch arranged by CYA (Possible short stops at historic sites such as Plataea, Chaeronea, or Distomo WWII memorial) PM: Arrive Delphi mid-afternoon, check into hotel Dinner on your own in Delphi	Thebes: small-town site of famous ancient Greek city-state, competitor of Athens and Sparta, important for Greek mythology, and home to an exceptional museum of Bronze Age through Medieval Greek history and art.

9. Friday 5/22 Night in Delphi	AM: Breakfast in hotel Visit Delphi site & Museum; onsite lecture by CNU faculty Lunch on your own in Delphi Afternoon free time and dinner on own in Delphi	Delphi, sanctuary of Apollo: visit one of the most sacred oracle and sanctuary sites of ancient Greece *Built into the side of a mountain - bring comfortable shoes and be prepared for a good uphill climb! Good memento shopping in the picturesque modern town of Delphi.
10. Saturday 5/23 Travel from Delphi to Thessaloniki Night in Thessaloniki	8:00: breakfast in hotel, followed by check out of hotel and bus departure for drive to Thessaloniki. Lunch stop at Thermopylae battlefield site & CNU faculty lecture on Persian-Greek wars Afternoon: rest stop in vicinity of Mount Olympus and discussion of mythological significance Late afternoon: arrive in Thessaloniki and check into hotel Dinner on your own in Thessaloniki.	Thermopylae: site of famous battle in the Persian-Greek Wars and last stand of the 300 Spartans, as well as later battles in the Roman conquest of Greece and the Second World War. Mount Olympus: mythological home of the Greek gods.
11. Sunday 5/24 Day trips to Vergina and Pella Night in Thessaloniki	8:00: Breakfast in hotel AM: board bus for archaeological site visits & museums in Vergina and Pella, with lectures on site by CNU faculty. Late afternoon: return to Thessaloniki and dinner on your own.	Pella: Capital city of the Ancient Macedonian Kingdom, home to Philip II and Alexander the Great. Vergina: Ancient Aegae, ancient Macedonian royal center with the famous underground burial vaults of the Macedonian royal family.
12. Monday 5/25 Day trips to Amphipolis and Philippi Night in Thessaloniki	8:00: Breakfast in hotel AM: board bus for archaeological site visits & museums in Amphipolis and Philippi, with lectures on site by CNU faculty.	Amphipolis: Athenian colony in northern Greece, key strategic site in the Peloponnesian War, and location of important Macedonian tomb with late Classical/early Hellenistic art. Philippi: site of Octavian and Mark Antony's victory over the assassins of Julius Caesar and key location for the history of Roman Greece and early Christianity.
13. Tuesday 5/26 Night in Thessaloniki	8:00: breakfast in hotel Thessaloniki – city tour and museums	Thessaloniki: Greece's second-largest city, key center of the region of Macedonia, with a diverse multicultural history from the Roman through Modern Periods, including important sites and museums for the history of Greek Judaism and Ottoman culture.

14. Wednesday 5/27 Return from Thessaloniki to Athens (travel day); Night in Athens (Delice Hotel?)	AM: Check out of Hotel Return drive by bus from Thessaloniki to Athens, with rest stops in Thessaly and Boiotia	Travel day with possible stops at sites of religious/historic significance
15. Thursday 5/28 Night in Athens (Delice Hotel?)	AM: Byzantine Museum and/or National Historical Museum Rest, explore, and review notes for the Final Exam Dinner on own in Athens	Study Byzantine Greek culture and art and the development of modern Greece Some afternoon free time
16. Friday 5/29 Final Exam and Preparations for Return Trip to US Night in Athens (Delice Hotel?)	Breakfast in hotel and walk to CYA **10:00: final exam at CYA classroom** 12:00 lunch at CYA cafeteria 1:30 to 6:00: Pack, rest, or do last day shopping Farewell Dinner arranged by CYA	**FINAL EXAM** Lunch courtesy of CYA at its student cafeteria next door to the classroom building Afternoon: free time for final shopping and packing Farewell dinner near hotel courtesy of CYA
17. Saturday 5/30 Homeward Bound! Athens to USA	AM: breakfast in hotel and check out. Transfer by bus to Athens Airport Return flight to USA (United Airlines) Afternoon US East Coast time: Trip completion at Dulles International Airport	Return to Virginia from Athens Hopefully the positive memories of the trip will last a lifetime!

ADDITIONAL INFORMATION

<u>Overseas Travel</u>
Overseas travel typically demands a lot of physical activity, including walking, climbing, and standing for long periods of time; closed-toe shoes often required. It also requires students to participate in all planned events and to avoid delaying the group. Please be mindful of these facts when deciding whether to undertake this trip.

<u>CNU Community</u>
We will be travelling Greece as a group representing CNU and the United States, which means that we should be helpful to and supportive of one another from beginning to end as members of the community. We are all informal

ambassadors and, therefore, should act appropriately at all times, lest our behavior reflect poorly on ourselves, as wells as on our university and country.

Health, Safety, & Personal Responsibility Statement

Upon arrival in Greece, students must maintain awareness of their surroundings and take appropriate cautions as international travelers. As of January 2023, the US State Department lists Greece as a "Level 1: Exercise Normal Precautions." CYA maintains its own policy of health and safety protocols which must be adhered to by all attendees of the program. Students who fail to follow established health standards and program protocols risk returning home early at their own expense.

Academic Honesty

Violations of Academic Honesty include using unauthorized "cheat sheets" during an in-class quiz or exam; copying from another student during an in-class quiz or exam; or, in general, presenting the work of others as your own. The penalty for cheating on any assignment given in this class is a grade of zero for that assignment; make-up assignments will not be permitted. In addition, the instructor will follow the policies and procedures for violations of Academic Honesty outlined in the CNU Student Handbook.

Disabilities

In order for a student to receive an accommodation for a disability, that disability must be on record in the Office of Student Affairs, 3rd Floor, David Student Union (DSU). If you believe that you have a disability, please contact Jacquelyn Barnes, Student Disability Support Specialist in Student Affairs (594-7160) to discuss your needs.

Students with documented disabilities are to notify the instructor at least seven days prior to the point at which they require an accommodation (the first day of class is recommended), in private, if accommodation is needed. The instructor will provide students with disabilities with all reasonable accommodations, but students are not exempted from fulfilling the normal requirements of the course. Work completed before the student notifies the instructor of his/her disability may be counted toward the final grade at the sole discretion of the instructor.

Success

I want you to succeed in this course and at Christopher Newport. I encourage you to come see me during office hours or to schedule an appointment to discuss course content or to answer questions you have. If I become concerned about your course performance, attendance, engagement, or well-being, I will speak with you first. I also may submit a referral through our Captains Care Program. The referral will be received by the Center for Academic Success as well as other departments when appropriate (Counseling Services, Office of Student Engagement). If you are an athlete, the Athletic Academic Support Coordinator will be notified. Someone will contact you to help determine what will help you succeed. Please remember that this is a means for me to support you and help foster your success at Christopher Newport.

Academic Support

The Center for Academic Success offers free tutoring assistance for Christopher Newport students in several academic areas. Staff in the center offer individual assistance and/or workshops on various study strategies to help you perform your best in your courses. The center also houses the Alice F. Randall Writing Center. Writing consultants can help you at any stage of the writing process, from invention, to development of ideas, to polishing a final draft. The Center is not a proofreading service, but consultants can help you to recognize and find grammar and punctuation errors in your work as well as provide assistance with global tasks. Go as early in the writing process as you can, and go often!

You may visit the Center for Academic Success to request a tutor, meet with a writing consultant, pick up a schedule of workshops, or make an appointment to talk one-on-one with a University Fellow for Student Success. The Center is located in Christopher Newport Hall, first floor, room 123.

Use of AI

Students are not allowed to use AI for the preparation of any assigned materials or tests.