

INDUSTRIAL-ORGANIZATIONAL PSYCHOLOGY

Frequently Asked Questions & Answers

What is Industrial-Organizational (I-O) Psychology?

I-O is the scientific study of human behavior in organizations and the workplace. Some key topic areas include employee recruitment, selection, training and development, performance measurement, leadership, workplace motivation, teams, job satisfaction and turnover, quality of work life, work stress and health, structure of work, ethical and legal issues, organizational culture, and organizational development.

- Watch the [Five Minute Career Preview: I-O Psychology](#) video
- Learn about the [Current Top 10 Trends in I-O Psychology](#), or watch the video about the [Top 10 Trends from 2019](#)
- Listen to the podcast episode [What is I-O Psychology?](#), you can also listen to I-O specific podcasts like the [Healthy Work Podcast](#), [WorkLife with Adam Grant](#), or [The I-O Podcast](#)
- Take a [free online intro to I-O Psychology mini course](#)
- Read [I-O blogs](#) on APA's Psych Learning Curve series (e.g., [The I-O Playbook: Bringing Psychological Assessments to the NFL](#) and [Can AI Predict Your Personality in a Job Interview?](#))
- Browse the [Society for Industrial and Organizational Psychology](#) (SIOP) website

What is Occupational Health Psychology (OHP)?

OHP is a subfield within I-O that focuses specifically on improving the quality of work life and protecting and promoting the safety, health, and well-being of workers.

- Check out this blog: [Stressed About Work? Occupational Health Psychology Can Help](#)
- Browse the [Society for Occupational Health Psychology](#) (SOHP) website and [SOHP Blog Series](#)

What Do Jobs in I-O Psychology Look Like?

- Check out the [How Do I Discover My Dream Job in I-O Psychology](#) blog
- Use this [interactive tool](#) to learn about the four primary I-O career areas (i.e., consulting, industry, academia, and government)
- I-O Psychology has consistently been listed in [U.S. News and World Report's Best Jobs!](#)

How Much Money Do I-O Psychologists Make?

- Of all the areas within the field of psychology, those with I-O degrees are among the highest earners.
 - The median income for I-Os with a master's degree was \$100,000 in 2021
 - The median income for I-Os with a doctoral degree was \$137,000 in 2021
 - If you're a SIOP member, check out the detailed [2022 I-O Income & Employment Report](#)
- Learn more about the specific job requirements (e.g., education, knowledge, skills) and employment trends (e.g., wages, salary medians) in [I-O on O*Net](#)

What can I do with a Bachelor's, Master's, and PhD in I-O Psychology?

- A bachelor's degree in psychology sets students up to pursue advanced I-O degrees, and some undergraduate programs offer specific concentrations in I-O
- Watch the [I/O Soapbox: Masters or PhD or Work Experience?](#) video series
- Check out the [Should I get a PhD or Master's in I-O Psychology](#) blog

How do I Apply for Graduate School?

General Grad School Resources:

- Watch [APA's videos about Becoming a Psychological Scientist!](#)
- Read the [FAQs about Graduate School](#) in Psychology
- Watch the [Surviving your Grad School Application Cycle](#) video
- Read the [Getting into Graduate School: Roadmap to Success](#) blog
- Reach out to your academic advisors, professors, and graduate teaching assistants to let them know you're interested in graduate school – they can help you with the process!

I-O Specific Resources:

- Use these search engines to explore graduate programs in [I-O](#) and [OHP](#)
- Learn about [How to Choose a Graduate Training Program](#)
- Check out the video: [Everything You Want to Know About Graduate School in I-O Psychology but Are Too Afraid to Ask](#)

How Can I Get Involved in I-O and/or OHP?

- Reach out to the I-O faculty members and graduate students at LSU!
- You can [join SIOP](#) as a student member (\$59 fee), which provides access to other I-O resources and discounted rates to [conferences](#)
- You may be interested in [The DIP](#), which is a new SIOP diversity pipeline initiative
- SIOP has a number of advocacy initiatives including the [Government Relations and Advocacy](#), [United Nations Team](#), [Pro-Social I-O](#), and [Building Bridges Campaign](#), which can provide volunteering opportunities for students.
- Follow I-O and OHP groups on social media platforms:
 - [Twitter](#): @SIOPtweets, @SocietyforOHP, @LSU_IO
 - [Instagram](#): @siopofficial, @iopsychmememes, @iocoffeehouse