

Anthony Robbins - The Path To Permanent Weight Loss

Includes: 2 audio CDs: Two new sessions with Anthony Robbins on the psychology behind what triggers weight loss and makes it last as well as a simple tool to eliminate negative urges in minutes! 4 DVD Films: Anthony Robbins talks to four women about the inner conflicts inside them that keeps them from moving forward, that causes them to start to lose the weight and then pull back. *Success Journal*: valuable summaries and thought-provoking exercises that will help you turn your dreams into realities. Urge Buster Cards: to curb your urges on the go. Bonus DVD: Hear Tony's conversation with Lindsey, a woman overwhelmed with family and financial obligations and discover how she turned it all around. 4 Audio CDs: of the films for your convenience.

Proof Content

	Session 1 - Your Path to Progress - The Real Secret to Lasting Weight Loss	 ...	90.3 MB
	Session 2 - Beverly - The Power of You	 ...	89.3 MB
	Session 3 - The Urge Buster - How to Instantly Break Your Pattern and Take Back Control	 ...	95.6 MB
	Session 4 - Sheila - Let it Shine	 ...	77.8 MB
	Session 5 - Regina - Reclaiming Adventure	 ...	91.6 MB
	Session 6 - Gulla - The Power of Purpose	 ...	88.1 MB
	Session 7 - Lindsey - Starting Over - How to Let Go of the Past and Celebrate Your Life	 ...	89.6 MB
	Urge Buster Cards	 ...	979 KB
	Session 2 - Beverly - The Power of You.mp4	 ...	849.4 MB
	Session 4 - Sheila - Let it Shine.mp4	 ...	701.8 MB
	Session 5 - Regina - Reclaiming Adventure.mp4	 ...	955 MB
	Session 6 - Gulla - The Power of Purpose.mp4	 ...	1 GB
	Session 7 - Lindsey - Starting Over - How to Let Go of the Past and Celebrate Your Life.mp4	 ...	687.1 MB
	The Path to Permanent Weight Loss - Success Journal.pdf	 ...	5.3 MB
6 files and 8 folders			4.8 GB