

Practice Schedule

Week #2 January 22nd to January 27th

> <u>Calendar</u> Weather

Monday, January 22nd

Location - <u>Field House</u> 2:35-5:05 - Practice

Tuesday, January 23rd

Location - <u>Field House</u> 2:35 5:05 Practice E-Learning Day -- Ice

Distance - Optional Indoor Practice (2:30-4:30) Sprints - Optional Indoor Practice (2:30-4:30) Throws - Practice with the girls (2:30-4:00)

Wednesday, January 24th

Location - <u>Field House</u> 2:35-5:05 - Practice

Thursday, January 25th

Location - <u>Field House</u> 2:35-5:05 - Practice Team Meeting - 4:45

Friday, January 26th

Location - <u>Field House</u> 2:35-5:05 - Practice

Saturday, January 27th

Location - Field House

Wheaton Warrenville South High School

Tiger Boys Track & Field 1993 Tlger Trail Wheaton, Illinois 60189 630-784-7200

www.tigerxctf.org | twitter - @wwsbtf | instagram - @wwsboystf



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