NGJA PH Compulsory Evaluation Form

Purpose: 2024 National Course Evaluation **Program:** USAG JDP

EVENT: PH **Level:** JDP Level 3 **Routine#: 1**

Routine Link: https://drive.google.com/file/d/1eDjsRVTAE7Q-3GYAOkpdBqzGjNKIKUK_/view?usp=drive_link

Pommel Horse		JD 3		Routine Version: *May 2024*
Part	**Description**	**SB**	**Exec. Deduct.**	**Comments**
1.	**Double leg circle**		0.1, 0.1, 0.1, 0.1	Lack of extension, knee bend, feet, leg separation
SB1	Following # 1, Add one double leg circle (+0.3)	0.3	0.1, 0.1, 0.1, 0.1	Lack of extension, knee bend, feet, leg separation
SB2	Following SB1, Add one double leg circle (+0.3)	0.3	0.1, 0.1, 0.1	Lack of extension, knee bend, feet
SB3	Following SB2, Add one double leg circle (+0.3)	0.3	0.1, 0.1, 0.1	Lack of extension, knee bend, feet
2.	**½ double leg circle with ¼ turn to flank dismount**		0.1	arm swing
	Stick Bonus	0.1		

Start Value Calculation		Execution Scores		Final Score	
Base Score	9.0	E1	1.5		
		E2	1.5		
Specified Bonus	0.9	E3		Start Score:	10.0
Stick Bonus	0.1	E4		E Score:	1.5
Start Score:	**10.0**	**Exec. Average:**	**1.5**	**Final Score** :	8.5

NGJA PH Compulsory Evaluation Form

Purpose: 2024 National Course Evaluation **Program:** USAG JD

EVENT: PH **Level:** JDP Level 3 **Routine#: 2**

Routine Link: https://drive.google.com/file/d/1EVnrwb6Bho1Z1chLBazWy9x2v69f-yP4/view?usp=drive_link

Pommel Horse		JD 3		Routine Version: *May 2024*
Part	**Description**	**SB**	**Exec. Deduct.**	**Comments**
1.	**Double leg circle**		0.1, 0.2, 0.1, 0.3	Knee bend, lack of extension, leg separation, feet, hitting apparatus
SB1	Following # 1, Add one double leg circle (+0.3)			
SB2	Following SB1, Add one double leg circle (+0.3)			
SB3	Following SB2, Add one double leg circle (+0.3)			
2.	**½ double leg circle with ¼ turn to flank dismount**		0.2, 0.2, 0.2, 0.1, 0.3, 0.1	Leg separation, lack of extension, medium step, small step, incomplete ½ circle, flexed feet
	Stick Bonus			

Start Value Calculation		Execution Scores		Final Score	
Base Score	9.0	E1	1.7		
		E2	1.8		
Specified Bonus	0.0	E3		Start Score:	9.0
Stick Bonus	**0.0**	E4		E Score:	1.75
Start Score:	**9.0**	**Exec. Average:**	**1.75**	**Final Score:**	7.25

NGJA PH Compulsory Evaluation Form

Purpose: 2024 National Course Evaluation **Program:** USAG JD

EVENT: PH **Level:** JD Level 4 **ATHLETE:** 1

Routine Link: https://drive.google.com/file/d/1gvnBwJwOyJHPkriZT2ZZEX_c6tscmXdB/view?usp=drive_link

Pommel Horse		JD 4		Routine Version: *May 2024*
Part	**Description**	**SB**	**Exec. Deduct.**	**Comments**
1.	**Double leg circle**		0.1, 0.1	Lack of extension, feet
2.	**Double leg circle**		0.1 0.1	Lack of extension, feet
SB1	Following #2, add two double leg circles (+0.3)	0.3	0.1, 0.1	Lack of extension; feet
SB2	Following #2, SB1 or SB3, add ½ spindle within one or two double leg circles (+0.3)	0.3	0.2, 0.1, 0.2	Knee bend, leg separation, lack of extension
SB3	Following #2, SB1 or SB3, add two flared double leg circles (+0.3)	0.3	0.2, 0.2, 0.2, 0.1	Lack of extension, hip angle,legs close in back, flexed feet
3	**Double leg circle**		0.1, 0.1	Lack of extension, feet
4	**½ double leg circle with ¼ turn to flank dismount**		0.1, 0.1	pike
	Stick Bonus	0.1		

Base Score Calculation		Execution Scores		Final Score	
Base Score	9.0	E1	1.8		
		E2	2.1		
Specified Bonus	0.9	E3		Start Score:	10.0
Stick Bonus	0.1	E4		E Score:	1.95
Start Score:	**10.0**	**Exec. Average:**	**1.95**	**Final Score:**	**8.05**

NGJA Compulsory Evaluation Form

Purpose: 2024 National Course Evaluation **Program:** USAG JD

EVENT: PH **Level:** JD Level 4 **ATHLETE:** 2

Routine Link: https://drive.google.com/file/d/1-yOOTQvaRC7s27coMh04_GM6DtIOe3Ld/view?usp=drive_link

Pommel Horse		JD 4		Routine Version: *May 2024*
Part	**Description**	**SB**	**Exec. Deduct.**	**Comments**
1.	**Double leg circle**		0.1, 0.1	Leg separation, knees
2.	**Double leg circle**		0.1 0.1	Leg separation, knees
SB1	Following #2, add two double leg circles (+0.3)	0.3	0.1, 0.1	Leg separation, knees
SB2	Following #2, SB1 or SB3, add ½ spindle within one or two double leg circles (+0.3)	0.3	0.2, 0.2, 0.2, 0.2, 0.1	Knee bend, leg separation, lack of extension, incomplete turn, touch mushroom
SB3	Following #2, SB1 or SB3, add two flared double leg circles (+0.3)	0.3	0.2, 0.2, 0.2	Knee bend, hip angle, legs close in back
3	**Double leg circle**		0.2, 0.2, 0.1	Lack of extension, leg separation, touch mushroom
4	**½ double leg circle with ¼ turn to flank dismount**		0.2, 0.1, 0.1	Knee bend, touch mushroom,, small steps (2)
	Stick Bonus		0.1	Step (right foot)

Base Score Calculation		Execution Scores		Final Score	
Base Score	9.0	E1	2.8		
		E2	3.1		
Specified Bonus	0.9	E3		Start Score:	9.9
Stick Bonus		E4		E Score:	2.95
Start Score:	**9.9**	**Exec. Average:**	**2.95**	**Final Score:**	6.95

NGJA Compulsory Evaluation Form

Purpose: 2024 National Course Evaluation **Program:** USAG JD

EVENT: PH **Level:** JD Level 5 **ATHLETE:** #1

Routine Link: https://drive.google.com/file/d/1oieweClwARHruYclQ4aqnExEDP_MR24F/view?usp=drive_link

Pommel Horse		JD 5		Routine Version: *May 2024*
Part	**Description**	**SB**	**Exec. Deduct.**	**Comments**
1.	Two double leg circles		0.1	Lack of extension,
2.	Czechkhere (moore)		0.1, 0.1	Feet crossed, lack of extension
3.	One or more double leg circles			MISSING PART
SB1	Following #3, add a Direct Stockli A (DSA) (+0.3)	**0.3**	0.1, 0.1, 0.1, 0.1	Leg separation, lack of extension, bent knees
4	Two or more flared double leg circles		0.1, 0.1, 0.2, 0.1	Lack of extension (x2), legs close in back, flexed feet
SB2	Replace #4 with ½ spindle within two or more flared double leg circles (+0.3)	**0.3**	0.2, 0.1, 0.1	Leg separation, knees, incomplete turn
SB3	Following #4 or SB2, add a Russian wendeswing with 270 or 360 (+0.3)	**0.3**	0.1, 0.1, 0.1	Knees, feet, lack of extension
5	Double leg circle		0.1, 0.1, 0.1	Leg separation, knees, lack of extension
6	½ double leg circle with ¼ turn to flank dismount		0.2	Lack of extension
	Stick Bonus	**0.1**		

Base Score Calculation		Execution Scores		Final Score	
Base Score	9.0	E1	3.1		
		E2	3.4		
Specified Bonus	0.9	E3		Start Score:	10.0
Stick Bonus	**0.1**	E4		E Score:	3.25
Start Score:	**10.0**	**Exec. Average:**	**3.25**	**Final Score :**	**6.75**

NGJA Compulsory Evaluation Form

Purpose: 2024 National Course Evaluation **Program:** USAG JD

EVENT: PH **Level:** JD Level 5 **ATHLETE:** #2

Routine Link: https://drive.google.com/file/d/1TsZMLo1_P5yOVBIua9f4XQtlWER58ykL/view?usp=drive_link

Pommel Horse		JD 5		Routine Version: *May 2024*
Part	**Description**	**SB**	**Exec. Deduct.**	**Comments**
1.	Two double leg circles		0.1	Lack of extension
2.	Czechkhere (moore)		0.1, 0.2, 0.1, 0.1, 0.1	Lack of extension, pike, leg separation, incomplete turn, flexed feet
3.	One or more double leg circles		0.1, 0.2, 0.1, 0.1	Legs apart (x2), hip angle, flexed feet
SB1	Following #3, add a Direct Stockli A (DSA) (+0.3)	**0.3**	0.1, 0.1, 0.1, 0.1	Leg separation, lack of extension, bent knees
4	Two or more flared double leg circles		0.3, 0.1, 0.1, 0.2	Routine composition error (flair, circle, flair), lack of extension (x2), legs close in back
SB2	Replace #4 with ½ spindle within two or more flared double leg circles (+0.3)			
SB3	Following #4 or SB2, add a Russian wendeswing with 270 or 360 (+0.3)	**0.3**	0.1, 0.1, 0.1, 0.1	Legs apart, knees, feet, extension
5	Double leg circle		1.0, 0.2, 0.1 0.1, 0.1, 0.1	Fall, legs apart, knee bend, Extra circle - knees, feet, lack of extension
6	½ double leg circle with ¼ turn to flank dismount		0.1	Lack of extension
	Stick Bonus	**0.1**		Lack of extension

Base Score Calculation		Execution Scores		Final Score	
Base Score	9.0	E1	3.8		
		E2	4.4		
Specified Bonus	0.6	E3		Start Score:	9.7

Stick Bonus	**0.1**	E4		E Score:	4.1
Start Score:	**9.7**	**Exec. Average:**	**4.1**	**Final Score** :	**5.6**