


# NGJA PH Compulsory Evaluation Form

**Purpose:** 2024 National Course Evaluation **Program:** USAG JDP

**EVENT:** PH **Level:** JDP Level 3 **Routine#:** 1

**Routine Link:** [https://drive.google.com/file/d/1eDjsRVTAE7Q-3GYAOkpdBqzGjNKKIKUK\\_/view?usp=drive\\_link](https://drive.google.com/file/d/1eDjsRVTAE7Q-3GYAOkpdBqzGjNKKIKUK_/view?usp=drive_link)

| Pommel Horse |  | JD 3 |  | Routine Version:<br><i>May 2024</i>                |
|--------------|--|------|--|--|
| Part         | Description  | SB   | Exec. Deduct.  | Comments   |
| 1.           | <b>Double leg circle</b>                                 |      | 0.1, 0.1, 0.1, 0.1   | Lack of extension, knee bend, feet, leg separation |
| SB1          | Following # 1, Add one double leg circle (+0.3)          | 0.3  | 0.1, 0.1, 0.1, 0.1   | Lack of extension, knee bend, feet, leg separation |
| SB2          | Following SB1, Add one double leg circle (+0.3)          | 0.3  | 0.1, 0.1, 0.1  | Lack of extension, knee bend, feet                 |
| SB3          | Following SB2, Add one double leg circle (+0.3)          | 0.3  | 0.1, 0.1, 0.1  | Lack of extension, knee bend, feet                 |
| 2.           | <b>½ double leg circle with ¼ turn to flank dismount</b> |      | 0.1  | arm swing  |
|              | <b>Stick Bonus</b>                                       | 0.1  |  |  |


| Start Value Calculation |             | Execution Scores      |            | Final Score          |            |
|-------------------------|-------------|-----------------------|------------|----------------------|------------|
| Base Score              | 9.0         | E1                    | 1.5        |                      |            |
|                         |             | E2                    | 1.5        |                      |            |
| Specified Bonus         | 0.9         | E3                    |            | Start Score:         | 10.0       |
| Stick Bonus             | 0.1         | E4                    |            | E Score:             | 1.5        |
| <b>Start Score:</b>     | <b>10.0</b> | <b>Exec. Average:</b> | <b>1.5</b> | <b>Final Score :</b> | <b>8.5</b> |

# NGJA PH Compulsory Evaluation Form

**Purpose:** 2024 National Course Evaluation **Program:** USAG JD

**EVENT:** PH **Level:** JDP Level 3 **Routine#:** 2

**Routine Link:** [https://drive.google.com/file/d/1EVnrwb6Bho1Z1chLBazWy9x2v69f-yP4/view?usp=drive\\_link](https://drive.google.com/file/d/1EVnrwb6Bho1Z1chLBazWy9x2v69f-yP4/view?usp=drive_link)

| Pommel Horse |  | JD 3 |  | Routine Version:<br><i>May 2024</i>  |
|--------------|--|------|--|--|
| Part         | Description  | SB   | Exec. Deduct.  | Comments   |
| 1.           | <b>Double leg circle</b>                                 |      | 0.1, 0.2, 0.1, 0.3   | Knee bend, lack of extension, leg separation, feet, hitting apparatus                        |
| SB1          | Following # 1, Add one double leg circle (+0.3)          |      |  |  |
| SB2          | Following SB1, Add one double leg circle (+0.3)          |      |  |  |
| SB3          | Following SB2, Add one double leg circle (+0.3)          |      |  |  |
| 2.           | <b>½ double leg circle with ¼ turn to flank dismount</b> |      | 0.2, 0.2, 0.2, 0.1, 0.3, 0.1   | Leg separation, lack of extension, medium step, small step, incomplete ½ circle, flexed feet |
|              | <b>Stick Bonus</b>                                       |      |  |  |


| Start Value Calculation |     | Execution Scores |      | Final Score   |      |
|-------------------------|-----|------------------|------|---------------|------|
| Base Score              | 9.0 | E1               | 1.7  |               |      |
|                         |     | E2               | 1.8  |               |      |
| Specified Bonus         | 0.0 | E3               |      | Start Score:  | 9.0  |
| Stick Bonus             | 0.0 | E4               |      | E Score:      | 1.75 |
| Start Score:            | 9.0 | Exec. Average:   | 1.75 | Final Score : | 7.25 |

# NGJA PH Compulsory Evaluation Form

**Purpose:** 2024 National Course Evaluation **Program:** USAG JD

**EVENT:** PH **Level:** JD Level 4 **ATHLETE:** 1

**Routine Link:** [https://drive.google.com/file/d/1gynBwJwOyJHPkriZT2ZZEX\\_c6tscmXdB/view?usp=drive\\_link](https://drive.google.com/file/d/1gynBwJwOyJHPkriZT2ZZEX_c6tscmXdB/view?usp=drive_link)

| Pommel Horse |   | JD 4 |  | Routine Version:<br><i>May 2024</i>                           |
|--------------|---|------|--|---|
| Part         | Description   | SB   | Exec. Deduct.  | Comments  |
| 1.           | Double leg circle   |      | 0.1, 0.1   | Lack of extension, feet                                       |
| 2.           | Double leg circle   |      | 0.1 0.1  | Lack of extension, feet                                       |
| SB1          | Following #2, add two double leg circles (+0.3)                                     | 0.3  | 0.1, 0.1   | Lack of extension; feet                                       |
| SB2          | Following #2, SB1 or SB3, add ½ spindle within one or two double leg circles (+0.3) | 0.3  | 0.2, 0.1, 0.2  | Knee bend, leg separation, lack of extension                  |
| SB3          | Following #2, SB1 or SB3, add two flared double leg circles (+0.3)                  | 0.3  | 0.2, 0.2, 0.2, 0.1   | Lack of extension, hip angle, legs close in back, flexed feet |
| 3            | Double leg circle   |      | 0.1, 0.1   | Lack of extension, feet                                       |
| 4            | ½ double leg circle with ¼ turn to flank dismount                                   |      | 0.1, 0.1   | pike  |
|              | Stick Bonus   | 0.1  |  |   |


| Base Score Calculation |      | Execution Scores |      | Final Score      |      |
|------------------------|------|------------------|------|------------------|------|
| Base Score             | 9.0  | E1               | 1.8  |                  |      |
|                        |      | E2               | 2.1  |                  |      |
| Specified Bonus        | 0.9  | E3               |      | Start Score:     | 10.0 |
| Stick Bonus            | 0.1  | E4               |      | E Score:         | 1.95 |
| Start Score:           | 10.0 | Exec. Average:   | 1.95 | Final Score<br>: | 8.05 |

# NGJA Compulsory Evaluation Form

**Purpose:** 2024 National Course Evaluation **Program:** USAG JD

**EVENT:** PH **Level:** JD Level 4 **ATHLETE:** 2

**Routine Link:** [https://drive.google.com/file/d/1-yOOTQvaRC7s27coMh04\\_GM6DtlOe3Ld/view?usp=drive\\_link](https://drive.google.com/file/d/1-yOOTQvaRC7s27coMh04_GM6DtlOe3Ld/view?usp=drive_link)

| Pommel Horse |   | JD 4 |  | Routine Version:<br><i>May 2024</i>   |
|--------------|---|------|--|---|
| Part         | Description   | SB   | Exec. Deduct.  | Comments  |
| 1.           | <b>Double leg circle</b>  |      | 0.1, 0.1   | Leg separation, knees   |
| 2.           | <b>Double leg circle</b>  |      | 0.1 0.1  | Leg separation, knees   |
| SB1          | Following #2, add two double leg circles (+0.3)                                     | 0.3  | 0.1, 0.1   | Leg separation, knees   |
| SB2          | Following #2, SB1 or SB3, add ½ spindle within one or two double leg circles (+0.3) | 0.3  | 0.2, 0.2, 0.2, 0.2, 0.1  | Knee bend, leg separation, lack of extension, incomplete turn, touch mushroom |
| SB3          | Following #2, SB1 or SB3, add two flared double leg circles (+0.3)                  | 0.3  | 0.2, 0.2, 0.2  | Knee bend, hip angle, legs close in back                                      |
| 3            | <b>Double leg circle</b>  |      | 0.2, 0.2, 0.1  | Lack of extension, leg separation, touch mushroom                             |
| 4            | <b>½ double leg circle with ¼ turn to flank dismount</b>                            |      | 0.2, 0.1, 0.1  | Knee bend, touch mushroom,, small steps (2)                                   |
|              | <b>Stick Bonus</b>  |      | 0.1  | Step (right foot)   |


| Base Score Calculation |     | Execution Scores |      | Final Score   |      |
|------------------------|-----|------------------|------|---------------|------|
| Base Score             | 9.0 | E1               | 2.8  |               |      |
|                        |     | E2               | 3.1  |               |      |
| Specified Bonus        | 0.9 | E3               |      | Start Score:  | 9.9  |
| Stick Bonus            |     | E4               |      | E Score:      | 2.95 |
| Start Score:           | 9.9 | Exec. Average:   | 2.95 | Final Score : | 6.95 |

# NGJA Compulsory Evaluation Form

**Purpose:** 2024 National Course Evaluation **Program:** USAG JD

**EVENT:** PH **Level:** JD Level 5 **ATHLETE:** #1

**Routine Link:** [https://drive.google.com/file/d/1oieweClwARHruYclQ4aqnExEDP\\_MR24F/view?usp=drive\\_link](https://drive.google.com/file/d/1oieweClwARHruYclQ4aqnExEDP_MR24F/view?usp=drive_link)

| Pommel Horse |   | JD 5 |  | Routine Version:<br><i>May 2024</i>                     |
|--------------|---|------|--|---|
| Part         | Description   | SB   | Exec. Deduct.  | Comments  |
| 1.           | Two double leg circles  |      | 0.1  | Lack of extension,                                      |
| 2.           | Czechkhere (moore)  |      | 0.1, 0.1   | Feet crossed, lack of extension                         |
| 3.           | One or more double leg circles  |      |  | MISSING PART  |
| SB1          | Following #3, add a Direct Stockli A (DSA) (+0.3)                             | 0.3  | 0.1, 0.1, 0.1, 0.1   | Leg separation, lack of extension, bent knees           |
| 4            | Two or more flared double leg circles   |      | 0.1, 0.1, 0.2, 0.1   | Lack of extension (x2), legs close in back, flexed feet |
| SB2          | Replace #4 with ½ spindle within two or more flared double leg circles (+0.3) | 0.3  | 0.2, 0.1, 0.1  | Leg separation, knees, incomplete turn                  |
| SB3          | Following #4 or SB2, add a Russian wendeswing with 270 or 360 (+0.3)          | 0.3  | 0.1, 0.1, 0.1  | Knees, feet, lack of extension                          |
| 5            | Double leg circle   |      | 0.1, 0.1, 0.1  | Leg separation, knees, lack of extension                |
| 6            | ½ double leg circle with ¼ turn to flank dismount                             |      | 0.2  | Lack of extension                                       |
|              | Stick Bonus   | 0.1  |  |   |


| Base Score Calculation |      | Execution Scores |      | Final Score   |      |
|------------------------|------|------------------|------|---------------|------|
| Base Score             | 9.0  | E1               | 3.1  |               |      |
|                        |      | E2               | 3.4  |               |      |
| Specified Bonus        | 0.9  | E3               |      | Start Score:  | 10.0 |
| Stick Bonus            | 0.1  | E4               |      | E Score:      | 3.25 |
| Start Score:           | 10.0 | Exec. Average:   | 3.25 | Final Score : | 6.75 |

# NGJA Compulsory Evaluation Form

**Purpose:** 2024 National Course Evaluation **Program:** USAG JD

**EVENT:** PH **Level:** JD Level 5 **ATHLETE:** #2

**Routine Link:** [https://drive.google.com/file/d/1TsZMLo1\\_P5yOVBIua9f4XQdWER58ykL/view?usp=drive\\_link](https://drive.google.com/file/d/1TsZMLo1_P5yOVBIua9f4XQdWER58ykL/view?usp=drive_link)

| Pommel Horse |   | JD 5 |  | Routine Version:<br><i>May 2024</i>  |
|--------------|---|------|--|--|
| Part         | Description   | SB   | Exec. Deduct.  | Comments   |
| 1.           | Two double leg circles  |      | 0.1  | Lack of extension  |
| 2.           | Czechkhere (moore)  |      | 0.1, 0.2, 0.1, 0.1, 0.1  | Lack of extension, pike, leg separation, incomplete turn, flexed feet                        |
| 3.           | One or more double leg circles  |      | 0.1, 0.2, 0.1, 0.1   | Legs apart (x2), hip angle, flexed feet  |
| SB1          | Following #3, add a Direct Stockli A (DSA) (+0.3)                             | 0.3  | 0.1, 0.1, 0.1, 0.1   | Leg separation, lack of extension, bent knees  |
| 4            | Two or more flared double leg circles   |      | 0.3, 0.1, 0.1, 0.2   | Routine composition error (flair, circle, flair), lack of extension (x2), legs close in back |
| SB2          | Replace #4 with ½ spindle within two or more flared double leg circles (+0.3) |      |  |  |
| SB3          | Following #4 or SB2, add a Russian wendeswing with 270 or 360 (+0.3)          | 0.3  | 0.1, 0.1, 0.1, 0.1   | Legs apart, knees, feet, extension   |
| 5            | Double leg circle   |      | 1.0, 0.2, 0.1<br>0.1, 0.1, 0.1   | Fall, legs apart, knee bend, Extra circle - knees, feet, lack of extension                   |
| 6            | ½ double leg circle with ¼ turn to flank dismount                             |      | 0.1  | Lack of extension  |
|              | Stick Bonus   | 0.1  |  | Lack of extension  |

| Base Score Calculation |     | Execution Scores |     | Final Score  |     |
|------------------------|-----|------------------|-----|--------------|-----|
| Base Score             | 9.0 | E1               | 3.8 |              |     |
|                        |     | E2               | 4.4 |              |     |
| Specified Bonus        | 0.6 | E3               |     | Start Score: | 9.7 |

|                     |            |                       |     |                      |            |
|---------------------|------------|-----------------------|-----|----------------------|------------|
| Stick Bonus         | <b>0.1</b> | E4                    | 4.1 | E Score:             | 4.1        |
| <b>Start Score:</b> | <b>9.7</b> | <b>Exec. Average:</b> |     | <b>Final Score :</b> | <b>5.6</b> |