



# MEMBERSHIP OPTIONS

## UNLIMITED MEMBERSHIP

Most Popular

For the mama who wants it all! This plan includes UNLIMITED access to Stroller Strides, Strides 360, Body Boost Classes, & FIT4MOM on demand (where you can workout wherever, whenever)! This membership also includes a resistance band and a welcome bag filled with partnered business goodies, weekly play dates, monthly moms night outs and access to our online village page. Enjoy Unlimited at ANY location.

\$75/ month with a one time registration fee of \$50.

## LITE MEMBERSHIP

Best for the mama who can only attend class once per week! This plan includes any 5 classes per month. Can be used for Stroller Strides, Strides 360 + Body Boost Classes This membership also includes a resistance band and a welcome bag filled with partnered business goodies, weekly play dates, monthly moms night outs and access to our online village page. Enjoy Unlimited at ANY location.

\$55/ month with a one time registration fee of \$50

## Drop In

Perfect for the mama who needs ultimate flexibility! Our Drop-In option lets you pay per class—no commitment, just show up when it works for you. Whether you're squeezing in a Stroller Strides, Strides 360, or Body Boost class, this is a great way to stay active on your own schedule. Drop-in mamas are always welcome to stay for our playgroups after class. Resistance band available for purchase.

\$20/ class