

Please Join us for a
Wellness Committee Meeting

Date: Thursday August 14th, 2025

Location: Grand Rapids High School office conference room

Time: 3:30-4:30

Attendees. Wellness Committee... and as always, we welcome new committee members.

Meeting Objective: We will work to identify strategies that promote emotional wellness.

Agenda:

Information to Share

Family Fun Night Planning

Identify four items to focus on this year

- Four items of focus last year: Staff Wellness Survey, Wellness Mental Health Miniseries, Health Competition series, Family Fun Night