The episode still takes too long to address the promised topics, the hosts don't discuss the main topics in depth, and there are various pacing issues. This time, watching the video at home rather than listening while driving, I found Sapp's attention to the camera severely lacking and distracting, as noted by Jonathan Coachman of the Coach and Bro Show.

The show could improve with this structure: an intro, a quick mention of the main topics, time to discuss them, and then addressing superchats.

Sapp often doesn't look directly at the camera, but his host Jon Alba is more focused. Even when Sapp is just talking with his co-host, not reading from a script or reading chat, he's looking to the side. Sapp's drinking multiple times in the first two minutes, rather than drinking before the show.

Sapp's moving his hand on his nose, then his beard, and possibly picking his ear or scratching the side of his head. Later, he's looking down while talking. I'm at a loss as to why Sean keeps looking to the side, especially when he can drag a script or chat, if that's what he's reading from, to a main monitor where the webcam is.

The title of the show mentions John Cena, Disney, AEW and NXT head to head, but they start talking about the Chris Jericho cruise, The Hardys, then hall of fame, Saudi Arabia. This goes on until the 5min mark, then Sean addresses a super chat about NordVPN. He's talking about NordVPN until 7min, so about 2min total near the start of this show, then he's mentioning his product Fightful Select.

At 7:21, he then addresses a superchat about a wrestler - still not discussing the promised main topic and still not looking directly at the camera, even when answering a question and not reading a script.

At 8:21, Sapp then goes on a tangent about a wrestling gimmick, still not addressing the main topics in the title.

He continues another tangent around 9:20 about a pitched wrestling gimmick about how there would be a mask reveal, and it would be funny. He then asks, "What is the benefit of this?" and asks if it's a swerve. But what was the point of the story? There was no payoff.

Around 10:40, they address a viewer question about whether CM Punk will win the NXT title, again, not getting to the promised topics. We get some mention that NXT is on a different night because of election night, but not much considering this was part of the main topic.

At the 10min 50 sec mark, Sapp is drinking (again, he was earlier in the stream) and throws the bottle in the trash? making a big crashing noise while Alba is talking.

This makes no sense. Just put the bottle on your table, the floor, something, rather than throw it in the trash and have audio interference.

Sapp gives Alba time to talk, and still isn't looking at the camera, again looking to the side.

Around the 12-minute mark, Sapp talks about Chad Gable and Gable winning against CM Punk. We're still not on the main topic.

Around the 14min mark, Sapp claims his ESPN contacts were "over the moon" about the WWE and Disney announcement, finally getting to the main topic. Alba then jokes, "You don't have any ESPN contacts," and Sapp laughs.

Then he talks about me, around the 14:44 mark saying that I did an AI review of his show and that I 'acted like I sat through the whole thing and watch it.' I did mention I listened while driving, then created a transcript, and added my own thoughts to what AI said. Sapp then claims I am "upset" that he has conversations with people at ESPN about "possibly working there." Sapp says, "It's not like they were going to put me on TV here" and "they've got other jobs." Sapp then claims AI can't detect sarcasm, but then doesn't explain what he said that was sarcastic.

Alba then says he appreciates people listen and he's open to feedback about if viewers want them to spend more time on different topics, but then says people don't have to go to "the extreme length" of having AI analyze the show and laughs about it.

It's interesting that Sapp and Alba have conflicting ideas. Sapp claims I didn't listen, but then Alba laments how it's "extreme" to analyze the show.

I wouldn't consider creating a transcript (I just put the YouTube link into a program to convert) and analyzing it to be "extreme." It was easy, and sadly they didn't consider much of the feedback as we are about 16 minutes in and the show still has the same problems with pacing, not getting into the promised topics, and various tangents. At least this time, they're not talking about soda, tissues, and allergies for about eight minutes.

At 16:30, Sapp mentions "media skepticism" and how "nobody should be taking anybody as gospel" and "people tell on themselves how they spend their time." Sean then says, "I don't find me that interesting," oddly burying himself. Again, another tangent, then Alba tries to get Sapp back on-topic at the 17-minute mark, mentioning Disney.

Around 17:19, we're finally more on the Disney topic as Sapp and Alba wonder whether the venue will be indoors or outdoors, noting he doesn't know yet. Alba speculates around the 18-minute mark noting "not a report." Sapp then talks about rides or attractions at Disney, going slightly off-topic.

Around the 19-minute mark, Sapp replies to a superchat asking about the status of Bruce Pritchard and neck problems. There's then talk about WWE personalities like Michael Hayes and Shawn Michaels getting old, and individuals possibly getting promoted. Around the 21-minute mark, Sapp says he speculates that younger individuals may be promoted. Alba

notes speculation that Shane Helms would be a good choice for a promotion.

I give them credit for clearly noting distinctions between reporting and speculation. Previously, Sapp said everything is speculation unless reporting was noted, and now they are using the word speculation to keep this clear. Perhaps they took the criticism into consideration, not just dismissing it as AI and claiming I didn't 'actually listen.'

Around the 24-minute mark, Sapp and Alba very briefly discuss MVP and The Hurt Syndicate responding to a viewer question.

Around the 25-minute mark, they respond to a superchat and congratulate Darby for completing a marathon. This is even briefer than the previous superchat reply.

Around 25:30, they respond to a viewer question about why TNA doesn't have more live events. Sapp explains that shows are expensive, and Alba says, "It's purely cost" and explains that he doesn't think live events are important. This segment goes on for more than a minute, which is better than the previous ones.

Around 26:30, Sapp responds to a superchat asking about the status of Bianca Belair and her "historical ranking." Alba says she's one of the best WWE homegrown talents. Personally, I don't find these discussions about "historical rankings" and comparing wrestlers to be productive. Did the person draw attention to the product? Did they have compelling stories?

At the 29-minute mark, they discuss the John Cena Classic in response to a superchat. They talk about WWE "weakening" the product, noting wrestlers have not been on TV, but then noting various wrestlers who are top talent.

Around the 31-minute mark, Sapp promotes a partnership with MyBookie and talks about odds for Crown Jewel. This ad read and betting discussion goes on for about two and a half minutes, longer than some of the promised topics.

I'm checking out at the 33-minute mark.