



Bike Rodeo Bike Check Guide

1. **Involve the adult and child in the check!**

2. Check for wrist bands:

- ❖ Child (**BLUE**) + Adult (**BLACK**) > *redirect to Check In*

3. Quick overview

- ❖ Anything obviously **broken** or **missing**
- ❖ Ensure **Quick Releases** are tightened down
- ❖ **Axles** are seated; wheels are aligned in frame
- ❖ Bike not rideable > *redirect to Cleary Bikes booth*

4. A is for Air

- ❖ Spin **tire**, look for defects or overly worn tire
- ❖ Squeeze and feel for **low air** > fill with pump

5. B is for Brakes

- ❖ Squeeze **hand brake** or test **coaster brake**

6. C is for Crank, Chain and Cogs

- ❖ **Crank** should NOT move when pushed side to side
- ❖ Smooth **chain** movement over cogs; not rusted/gunked
- ❖ Check **shifter** works properly

7. **Celebrate success!** > *direct to start of obstacle courses*